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| **Mudiad Organisation** | **Awdurdod Lleol****Local Authority** | **Swm y grant****Grant amount** | **Crynodeb o'r prosiect:** | **Project summary:** |
| INC Community Limited | BridgendPen-y-bont | £10,000.00 | Bydd INC Community Ltd ym Mhen-y-bont ar Ogwr yn defnyddio £10,000 i gynnig sesiynau cymorth i ddynion ifanc 15-30 oed i siarad am eu hiechyd meddwl, pryder, hunan-niweidio a hunanladdiad. | INC Community Ltd in Bridgend will use £10,000 to offer support sessions for young men aged 15-30 to talk about their mental health, anxiety, self-harm and suicide. |
| Nantymoel Boys and Girls Club and Community CentreClwb Bechgyn a Merched Nantymoel a Chanolfan Gymunedol | BridgendPen-y-bont | £9,980.00 | Bydd Clwb Bechgyn a Merched Nantymoel a Chanolfan Gymunedol Pen-y-bont ar Ogwr yn defnyddio £9,980 i gyflogi gweithiwr datblygu i sefydlu canolfan pantri a lles cymunedol ar gyfer pob oedran. | Nantymoel Boys and Girls Club and Community Centre in Bridgend will use £9,980 to employ a development worker to establish a community pantry and wellbeing hub for all ages. |
| Coychurch Lower Community CouncilCyngor Cymuned Llangrallo Isaf | BridgendPen-y-bont | £10,000.00 | Bydd Cyngor Cymuned Llangrallo Isaf ym Mhen-y-bont ar Ogwr yn defnyddio £10,000 i wella'r cyfleusterau chwarae yn eu parc lleol, a fydd yn galluogi plant i wella eu lles meddyliol a chorfforol. | Coychurch Lower Community Council in Bridgend will use £10,000 to improve the play facilities at their local park, which will enable children to improve their mental and physical wellbeing. |
| Bridgend Carers CentreCanolfan Gofalwyr Pen-y-bont ar Ogwr | BridgendPen-y-bont | £9,965.00 | Bydd Canolfan Gofalwyr Pen-y-bont ar Ogwr yn defnyddio £9,965 i ymestyn eu cefnogaeth i bobl sy'n profi straen gofalwyr o ganlyniad i bwysau a hyd cyfyngiadau pandemig Covid-19, sydd wedi rhoi eu perthnasoedd gofalu a'u lles meddyliol mewn perygl o argyfwng. | Bridgend Carers Centre will use £9,965 to extend their support to people experiencing carer strain as a result of the pressure and duration of the Covid-19 pandemic restrictions, which has placed their caring relationships and mental wellbeing at risk of crisis. |
| Sparrows | CaerphillyCaerffili | £3,648.00 | Bydd Sparrows yng Nghaerffili yn trefnu noson chwarae bob pythefnos i bobl ifanc ag anghenion dysgu ychwanegol gyda £3,648. | Sparrows in Caerphilly will arrange a fortnightly gaming night for young people with additional learning needs with £3,648. |
| Project Equal CIC | CardiffCaerdydd | £9,982.00 | Bydd Prosiect Equal CIC yng Nghaerdydd yn defnyddio £9,982 i ddarparu gweithgareddau celfyddydol a lles i bobl ifanc o'r gymuned Bwylaidd yn Ne Cymru, sydd wedi'u hynysu'n gymdeithasol neu wedi'u heithrio o wasanaethau prif ffrwd. | Project Equal CIC in Cardiff will use £9,982 to provide arts and wellbeing activities for young people from the Polish community in South Wales, who are socially isolated or excluded from mainstream services. |
| Archdiocese of Cardiff - Parish of St Philip Evans Church CardiffArchesgobaeth Caerdydd - Plwyf Eglwys St Philip Evans Caerdydd | CardiffCaerdydd | £9,650.00 | Bydd Archesgobaeth Caerdydd - Plwyf Eglwys St Philip Evans Caerdydd yn defnyddio £9,650 i uwchraddio cyfleusterau cegin i ehangu eu banc bwyd a darparu clybiau cinio ar gyfer pobl sydd wedi'u hynysu'n gymdeithasol yn y gymuned. | Archdiocese of Cardiff - Parish of St Philip Evans Church Cardiff will use £9,650 to upgrade kitchen facilities to expand their foodbank and provide lunch clubs for socially isolated people in the community. |
| Samaritans Cardiff and District BranchCangen Caerdydd a'r Cylch y Samariaid | CardiffCaerdydd | £9,924.00 | Bydd Cangen Caerdydd a'r Cylch y Samariaid yn defnyddio £9,924 i ddarparu cymorth emosiynol i bobl y mae Covid-19 wedi effeithio ar eu hiechyd meddwl ac yn cynnal allgymorth lleol gyda grwpiau cymunedol. | Samaritans Cardiff and District Branch will use £9,924 to provide emotional support for people whose mental health has been impacted by Covid-19 and conduct local outreach with community groups. |
| Striking Attitudes Limited | CardiffCaerdydd | £10,000.00 | Bydd Striking Attitudes Limited yng Nghaerdydd yn defnyddio £10,000 i gynnal gweithgareddau dawns creadigol ar-lein ac awyr agored i bobl hŷn sydd wedi'u hynysu, yn dioddef gyda thrawma, neu heb hyder yn dilyn y pandemig. | Striking Attitudes Limited in Cardiff will use £10,000 to hold online and outdoor creative dance activities for older people who are isolated, suffering with trauma, or lacking in confidence following the pandemic. |
| Adapt Gateway UK LTD | CardiffCaerdydd | £10,000.00 | Bydd Adapt Gateway UK LTD yn Rhondda Cynon Taf yn defnyddio £10,000 i ddarparu grwpiau cymorth rhwng cyfoedion i bobl ag anafiadau i'r asgwrn cefn a defnyddwyr cadair olwyn ar draws De Cymru. | Adapt Gateway UK LTD in Rhondda Cynon Taf will use £10,000 to provide peer-to-peer support groups for people with spinal cord injuries and limbless wheelchair users across South Wales. |
| The City of Cardiff Council - Cyngor Dinas Caerdydd | CardiffCaerdydd | £4,360.00 | Bydd Cyngor Dinas Caerdydd yn defnyddio £4,360 i helpu pobl ddigartref i wella eu hiechyd corfforol, eu lles meddyliol a'u problemau ariannol drwy bedair rhaglen ddeng wythnos o focsio, crefftau ymladd cymysg, a chymorth sgiliau bywyd wedi'i deilwra. | The City of Cardiff Council - Cyngor Dinas Caerdydd will use £4,360 to help homeless people improve their physical health, mental wellbeing, and financial issues through four ten-week programmes of boxing, mixed martial arts, and tailored life skills support. |
| The Mentor Ring | CardiffCaerdydd | £9,400.00 | Bydd y Mentor Ring yng Nghaerdydd yn defnyddio £9,400 i ddarparu mentora a arweinir gan wirfoddolwyr i bobl o gymunedau Du, Asiaidd a Lleiafrifoedd Ethnig sydd angen cymorth gyda materion iechyd a lles sy'n gysylltiedig â Covid-19. | The Mentor Ring in Cardiff will use £9,400 to provide volunteer-led mentoring for people from Black, Asian, Minority and Ethnic communities who need support with health and wellbeing issues related to Covid-19. |
| Innovate Trust Ltd | CardiffCaerdydd | £54,405.00 | Bydd Innovate Trust Ltd yn adeiladu ar eu llwyddiant presennol drwy ddefnyddio £54,405 i ddatblygu eu ap ymhellach. Mae’r ap yn darparu llwyfan ar-lein diogel i bobl ag anableddau dysgu gymryd rhan mewn gweithgareddau cymdeithasol a hamdden o ddiogelwch eu cartrefi eu hunain i fynd i'r afael ag unigrwydd neu unigedd. | Innovate Trust Ltd will build on their existing success by using £54,405 to further develop their app. The app provides a secure online platform for people with learning disabilities to take part in social and recreational activities from the safety of their own homes to tackle loneliness or isolation. |
| The Bike Lock Ltd | CardiffCaerdydd | £10,000.00 | Bydd The Bike Lock Ltd yng Nghaerdydd yn defnyddio £10,000 i sefydlu uned clo beiciau a chawod ddiogel yng nghanol y ddinas ar gyfer pobl sydd am fabwysiadu ffyrdd iach o fyw a theithio llesol. | The Bike Lock Ltd in Cardiff will use £10,000 to establish a secure bike lock and shower unit in the city centre for people who want to adopt healthy lifestyles and active travel. |
| Riverside Festival Association | CardiffCaerdydd | £9,525.00 | Cynhaliodd Riverside Festival Association yng Nghaerdydd gyfres o weithdai i greu offerynnau cerdd a gwisgoedd i'w defnyddio yn ystod eu gŵyl gyda £9,525. Roedd diwrnod yr ŵyl yn cynnwys gweithgareddau hwyliog a stondinau gwybodaeth i ddod â'u cymuned amrywiol at ei gilydd a chyfeirio at sefydliadau cefnogol. | Riverside Festival Association in Cardiff ran a series of workshops to create musical instruments and costumes to be used during their festival with £9,525. The day of the festival included fun activities and information stalls to bring their diverse community together and signpost to support organisations. |
| Anxiety Action Wales CIC | CardiffCaerdydd | £9,900.00 | Bydd Anxiety Action Wales CIC ym Mro Morgannwg yn defnyddio £9,900 i ddarparu sesiynau cwnsela strwythuredig i hyd at 60 o bobl y mae Covid-19 yn effeithio arnyn nhw a'r rhai sy'n gofalu amdanyn nhw. | Anxiety Action Wales CIC in the Vale of Glamorgan will use £9,900 to provide structured counselling sessions for up to 60 people affected by Covid-19 and those who care for them. |
| Carmarthenshire People FirstPeople First Sir Gaerfyrddin | CarmarthenshireSir Gaerfyrddin  | £10,000.00 | Bydd People First Sir Gaerfyrddin yn defnyddio £10,000 i ddarparu amrywiaeth o weithgareddau un i un a gweithgareddau grŵp sy'n annog pobl ag anableddau dysgu i ailymgysylltu â'r gymuned yn dilyn y cyfyngiadau. | Carmarthenshire People First will use £10,000 to provide a range of one-to-one and group activities that encourage people with learning disabilities to re-engage with the community following lockdown. |
| CYCA Connecting Youth Children and Adults | CarmarthenshireSir Gaerfyrddin | £9,000.00 | Bydd CYCA Connecting Youth Children and Adults yn Sir Gaerfyrddin yn defnyddio £9,000 i uwchsgilio pobl leol i gyflwyno gweithdai celf a chrefft i rieni eraill sy'n helpu i leihau unigedd, cynyddu cyflogadwyedd, a gwella hyder. | CYCA Connecting Youth Children and Adults in Carmarthenshire will use £9,000 to upskill local people to deliver arts and crafts workshops for other parents that help reduce isolation, increase employability, and improve confidence. |
| Wallich-Clifford CommunityCymuned Wallich-Clifford | CarmarthenshireSir Gaerfyrddin | £5,663.00 | Bydd Cymuned Wallich-Clifford yng Nghaerdydd yn defnyddio £5,663 i ddatblygu gardd gymunedol ar gyfer trigolion cynllun tai pobl ifanc yn Sir Gaerfyrddin a'u cymdogion agos. | Wallich-Clifford Community in Cardiff will use £5,663 to develop a community garden for residents of a young person's housing scheme in Carmarthenshire and their near neighbours. |
| Llety Llanelli Foyer Young Person's CommitteePwyllgor Pobl Ifanc Llety Llanelli Foyer | CarmarthenshireSir Gaerfyrddin | £3,921.00 | Bydd Pwyllgor Pobl Ifanc Llety Llanelli Foyer yn Sir Gaerfyrddin yn defnyddio £3,921 i ddarparu cymorth cwnsela parhaus i bobl ifanc sy'n cael eu heffeithio gan drawma o brofiadau niweidiol yn ystod plentyndod. | Llety Llanelli Foyer Young Person's Committee in Carmarthenshire will use £3,921 to provide ongoing counselling support for young people affected by trauma from adverse childhood experiences. |
| Pembrey Conservation Trust CIOYmddiriedolaeth Cadwraeth Pen-bre | CarmarthenshireSir Gaerfyrddin | £4,790.00 | Bydd Ymddiriedolaeth Cadwraeth Pen-bre yn Sir Gaerfyrddin yn defnyddio £4,790 i gynnal cyfres o weithgareddau plannu i helpu i wella lles meddyliol a chorfforol eu cymuned leol. | Pembrey Conservation Trust in Carmarthenshire will use £4,790 to run a series of planting activities to help improve the mental and physical wellbeing of their local community. |
| Monks Treasure Activities GroupGrŵp Gweithgareddau Trysor Monk | CarmarthenshireSir Gaerfyrddin | £9,030.00 | Bydd Grŵp Gweithgareddau Trysor Monk yn Sir Gaerfyrddin yn defnyddio £9,030 i gynnal gweithdai awyr agored amrywiol, er mwyn helpu i wella lles meddyliol a chorfforol eu cymuned. | Monk's Treasure Activities Group in Carmarthenshire will use £9,030 to hold various outdoor workshops, in order to help improve the mental and physical wellbeing of their community. |
| Therapies4services C.I.C | Ceredigion | £10,000.00 | Bydd Therapies4services C.I.C. yng Ngheredigion yn defnyddio £10,000 i barhau i ddarparu cymorth, therapïau a gweithgareddau wyneb yn wyneb ac ar-lein i bobl y mae Coivd-19 yn effeithio'n andwyol arnyn nhw. Byddan nhw’n gwasanaethu pobl, cyn-filwyr, yr heddlu a swyddogion tân, eu teuluoedd a'u gofalwyr sy'n dioddef o unigrwydd, iselder, pryder a PTSD. | Therapies4services C.I.C. in Ceredigion will use £10,000 to continue providing face-to-face and online support, therapies and activities to people adversely affected by Coivd-19. They will service people, veterans, police and fire officers, their families and carers who suffer with loneliness, depression, anxiety and PTSD. |
| The Elemental Adventures Project CIC | Ceredigion | £10,000.00 | Bydd Elemental Adventures Project CIC yng Ngheredigion yn defnyddio £10,000 i gynnig dysgu yn yr awyr agored seiliedig ar fyd natur i blant sy'n cael eu haddysgu yn y cartref, sy'n fwy ynysig na'u cyfoedion oherwydd Covid-19. | The Elemental Adventures Project CIC in Ceredigion will use £10,000 to offer outdoor nature-based learning for home educated children who are more isolated than their peers due to Covid-19. |
| CardiShed | Ceredigion | £9,900.00 | Bydd CardiShed yng Ngheredigion yn defnyddio £9,900 i gynnig sesiynau gweithgareddau cymdeithasol ac ymarferol, gan ddod â dynion sydd wedi'u hynysu ac yn unig at ei gilydd i gymdeithasu a dysgu sgiliau newydd. | CardiShed in Ceredigion will use £9,900 to offer social and practical activity sessions, bringing together men who are isolated and lonely to socialise and learn new skills. |
| Lamb's Garden Enterprise Ltd | Conwy | £9,977.00 | Bydd Lamb's Garden Enterprise Ltd yn Sir Ddinbych yn defnyddio £9,977 i ddarparu gweithgareddau astudiaethau natur ar gyfer cleifion mewnol mewn ysbytai hirdymor, i'w helpu i wella ac i wella iechyd a lles. | Lamb's Garden Enterprise Ltd in Denbighshire will use £9,977 to provide nature studies activities for long term hospital in-patients, to aid their recovery and improve health and wellbeing. |
| Ardal Gweinidogaeth Bro Celynnin Ministry Area | Conwy | £8,000.00 | Bydd Ardal Gweinidogaeth Bro Celynnin yng Nghonwy yn defnyddio £8,000 i ddarparu parseli bwyd ac eitemau bach eraill i deuluoedd sy'n profi ansicrwydd ariannol neu gyflogaeth ansicr. | Ardal Gweinidogaeth Bro Celynnin Ministry Area in Conwy will use £8,000 to provide food parcels and other small items to families experiencing financial insecurity or precarious employment. |
| Neuadd y Plwyf Llannefydd | Conwy | £10,000.00 | Bydd Neuadd y Plwyf Llannefydd yng Nghonwy yn defnyddio £10,000 i gyfrannu at foderneiddio ac adnewyddu neuadd y pentref. | Neuadd y Plwyf Llannefydd in Conwy will use £10,000 to contribute to the modernising and refurbishment of the village hall. |
| Hope House Children's HospicesHosbisau Plant Tŷ Gobaith | Conwy | £81,363.00 | Bydd Hosbisau Plant Tŷ Gobaith yn defnyddio £81,363 i gefnogi teuluoedd plant ag anghenion gofal lliniarol/cymhleth. Bydd y prosiect yn darparu cymorth emosiynol ac ymarferol i wella ansawdd bywyd y teulu cyfan. | Hope House Children's Hospices will use £81,363 to support families of children with palliative/complex care needs. The project will provide emotional and practical support to enhance the quality of life for the whole family. |
| Age Connects North Wales CentralAge Connects Canol Gogledd Cymru | Conwy | £53,480.00 | Bydd Age Connects Canol Gogledd Cymru yn defnyddio £53,480 i sefydlu gwasanaeth menter gymdeithasol i bobl hŷn yng Nghonwy, i'w galluogi i gael gafael ar gymorth a/neu weithgareddau o'u dewis a fydd yn cynnal eu hannibyniaeth a'u hymreolaeth. | Age Connects North Wales Central will use £53,480 to set up a social enterprise service to older people in Conwy, to enable them to access support and/or activities of their choice that will maintain their independence and autonomy. |
| Adran Caenog | DenbighshireSir Ddinbych | £6,400.00 | Bydd Adran Caenog yn Sir Ddinbych yn defnyddio £6,400 i ailsefydlu eu grŵp ieuenctid yr Urdd i roi cyfle i bobl ifanc o ardaloedd gwledig ryngweithio'n gymdeithasol, datblygu sgiliau cymdeithasol a chefnogi lles. | Adran Caenog in Denbighshire will use £6,400 to re-establish their Urdd youth group to provide young people from rural areas with a chance to socially interact, develop social skills and support wellbeing. |
| RareQoL Ltd | DenbighshireSir Ddinbych | £10,000.00 | Bydd RareQol Ltd yn Sir Ddinbych yn defnyddio £10,000 i ddarparu cylchlythyr cymunedol i hyrwyddo gweithgareddau lles i negyddu effeithiau Covid-19. | RareQol Ltd in Denbighshire will use £10,000 to provide a community newsletter to promote wellbeing activities to negate the effects of Covid -19. |
| Campfire Enterprise | DenbighshireSir Ddinbych | £9,790.00 | Bydd Campfire Enterprise yn Ninbych yn defnyddio £9,790 i ddarparu sesiynau ysgol goedwig i deuluoedd â phlant ag anableddau i hyrwyddo lles a rhyngweithio cymdeithasol. | Campfire Enterprise in Denbigh will use £9,790 to provide forest school sessions for families with children with disabilities to promote wellbeing and social interaction. |
| Venerable Edward Morgan RC Primary School | FlintshireSir y Fflint | £10,000.00 | Bydd Ysgol Edward Morgan yng Nglannau Dyfrdwy yn defnyddio £10,000 i ddarparu darpariaeth allgymorth lles i gefnogi myfyrwyr mewn tair ysgol. | Venerable Edward Morgan School in Deeside will use £10,000 to provide wellbeing outreach provision to support students in three schools. |
| The Counselling HubYr Hwb Cwnsela | FlintshireSir y Fflint | £10,000.00 | Bydd yr Hwb Cwnsela yn Sir y Fflint yn defnyddio £10,000 i ddarparu gwasanaethau cwnsela a chyfryngu teuluol i bobl ifanc a theuluoedd sy'n cael trafferth gyda theuluoedd yn chwalu a datrys gwrthdaro. | The Counselling Hub in Flintshire will use £10,000 to provide counselling and family mediation services to young people and families who are struggling with family breakdowns and conflict resolution. |
| Bangor Gymnastic ClubClwb Gymnasteg Bangor | Gwynedd | £10,000.00 | Bydd Clwb Gymnasteg Bangor yng Ngwynedd yn defnyddio £10,000 i greu ystafell synhwyraidd i blant ag ADHD ac Awtistiaeth, i'w galluogi i wella eu hiechyd meddwl mewn amgylchedd diogel ac ymlaciol. | Bangor Gymnastic Club in Gwynedd will use £10,000 to create a sensory room for children with ADHD and Autism, to enable them to improve their mental health in a safe and relaxing environment. |
| Aberglaslyn Mountain Rescue TeamTîm Achub Mynydd Aberglaslyn | Gwynedd | £5,100.00 | Bydd Tîm Achub Mynydd Aberglaslyn yng Ngwynedd yn defnyddio £5,100 i brynu offer TG i ganiatáu i'w gwirfoddolwyr weithio gartref yn ystod y cyfnod clo Covid-19 presennol ac unrhyw gyfnod clo yn y dyfodol. | Aberglaslyn Mountain Rescue Team in Gwynedd will use £5,100 to purchase IT equipment to allow their volunteers to work from home during the current and any future Covid-19 lockdowns. |
| Ysgol Gymuned Bryngwran | Isle of AngleseyYnys Môn | £10,000.00 | Bydd Ysgol Gymuned Bryngwran ar Ynys Môn yn defnyddio £10,000 i greu ardal gysgodol awyr agored, a fydd yn caniatáu i'r ysgol a'r gymuned ehangach gasglu a chymdeithasu gyda'i gilydd. | Ysgol Gymuned Bryngwran on Anglesey will use £10,000 to create an outdoor sheltered area, which will allow the school and the wider community to gather and socialise together. |
| Digwyddiadau Sbarc Cic | Isle of AngleseyYnys Môn | £10,000.00 | Bydd Digwyddidau Sbarc CIC ar Ynys Môn yn defnyddio £10,000 i gynnal clwb awtistiaeth wythnosol gyda gweithgareddau i blant ag awtistiaeth neu namau cudd a'u teuluoedd. | Digwyddidau Sbarc CIC on the Isle of Anglesey will use £10,000 to hold a weekly autism club with activities for children with autism or hidden impairments and their families. |
| Mirili Môn Dementia Activity and Support ServiceGwasanaeth Gweithgareddau a Chymorth Dementia Mirili Môn | Isle of AngleseyYnys Môn | £6,000.00 | Bydd Gwasanaeth Gweithgareddau a Chymorth Dementia Mirili Môn yn defnyddio £6,000 i ddarparu gweithgareddau i gefnogi pobl â dementia a'u teuluoedd, a chodi ymwybyddiaeth o ddementia ymhlith y gymuned ehangach. | Mirili Môn Dementia Activity and Support Service on the Isle of Anglesey will use £6,000 to provide activities to support people with dementia and their families, and raise awareness of dementia among the wider community. |
| Stormz Community for Musical Arts CIC | Merthyr TydfilMerthyr Tudful  | £9,850.00 | Bydd Stormz Community for Musical Arts CIC ym Merthyr Tudful yn defnyddio £9,850 i ddarparu prosiect cymunedol amlddisgyblaethol cynhwysol a fydd yn ennyn diddordeb pobl anabl drwy gerddoriaeth, y cyfryngau a gweithgareddau fforwm. | Stormz Community For Musical Arts CIC in Merthyr Tydfil will use £9,850 to provide an inclusive multi-disciplinary community project that will engage disabled people through music, media and forum activities. |
| EsportsWales CIC | Merthyr TydfilMerthyr Tudful | £10,000.00 | Bydd EsportsWales CIC ym Merthyr Tudful yn defnyddio £10,000 i gynnal digwyddiadau echwaraeon rheolaidd i greu amgylchedd diogel a chefnogol i'w cymuned gymdeithasu ac ennill sgiliau yn y diwydiant. | EsportsWales CIC in Merthyr Tydfil will use £10,000 to run regular esports events to create a safe and supportive environment for their community to socialise and gain skills in the industry. |
| St. Michael’s Centre (Abergavenny) Trust Ltd.Ymddiriedolaeth Canolfan Sant Mihangel (Y Fenni) Cyf | MonmouthshireSir Fynwy | £5,600.00 | Bydd Ymddiriedolaeth Canolfan Sant Mihangel (Y Fenni) Cyf yn Sir Fynwy yn defnyddio £5,600 i wneud eu hadeilad yn gwbl hygyrch i bobl ag anableddau a phobl â phroblemau symudedd. | St Michael’s Centre (Abergavenny) Trust Ltd in Monmouthshire will use £5,600 to make their building fully accessible to people with disabilities and people with mobility issues. |
| Port Talbot and Afan Women's AidCymorth i Fenywod Port Talbot ac Afan | Neath Port TalbotCastell-nedd Port Talbot | £9,980.00 | Bydd Cymorth i Fenywod Port Talbot ac Afan yng Nghastell-nedd Port Talbot yn defnyddio £9,980 i gefnogi menywod sy'n profi cam-driniaeth domestig ar hyn o bryd neu yn y gorffennol. | Port Talbot and Afan Women's Aid in Neath Port Talbot will use £9,980 to support women experiencing domestic abuse currently or in the past. |
| Physical Empowerment CIC | Neath Port TalbotCastell-nedd Port Talbot | £10,000.00 | Bydd Physical Empowerment CIC yn Sir Gaerfyrddin yn defnyddio £10,000 i gynnal dosbarthiadau hunanamddiffyn corfforol a meddyliol i fenywod sy'n goroesi cam-driniaeth domestig yng Nghastell-nedd, Port Talbot ac Abertawe. | Physical Empowerment CIC in Carmarthenshire will use £10,000 to run physical and mental self-defence classes for women survivors of domestic abuse in Neath, Port Talbot, and Swansea. |
| Bethel Trust Port TalbotYmddiriedolaeth Bethel Port Talbot | Neath Port TalbotCastell-nedd Port Talbot | £9,996.00 | Bydd Ymddiriedolaeth Bethel Port Talbot yn gwneud gwaith adnewyddu i'w galluogi i sefydlu canolfan cyngor ar ddyledion yn eu hadeilad cymunedol gyda £9,996. | Bethel Trust Port Talbot will carry out refurbishments to enable them to establish a debt advice centre in their community building with £9,996. |
| The Pontardawe Arena | Neath Port TalbotCastell-nedd Port Talbot | £9,600.00 | Bydd Arena Pontardawe yng Nghastell-nedd Port Talbot yn defnyddio £9,600 i sefydlu gardd gymunedol ar gyfer pobl leol o bob oed a hoffai ddysgu am dyfu eu bwyd eu hunain, i gymdeithasu yn yr awyr agored, neu i leihau tlodi bwyd. | The Pontardawe Arena in Neath-Port Talbot will use £9,600 to establish a community garden for local people of all ages who would like to learn about growing their own food, to socialise outdoors, or to reduce food poverty. |
| Cwm Brombil Ladies WI | Neath Port TalbotCastell-nedd Port Talbot | £9,990.00 | Bydd Cwm Brombil Ladies WI yng Nghastell-nedd Port Talbot yn defnyddio £9,990 i adnewyddu tri chynwysydd llongau ar ardal pum erw o goetir i'w defnyddio gan grwpiau cymunedol ar gyfer eu cyfarfodydd a gweithgareddau cymunedol dan do ac awyr agored eraill. | Cwm Brombil Ladies WI in Neath Port Talbot will use £9,990 to refurbish three shipping containers on a five acre area of woodland to be used by community groups for their meetings and other indoor and outdoor community activities. |
| Ysgol Cwm Brombil | Neath Port TalbotCastell-nedd Port Talbot | £9,950.00 | Bydd Ysgol Cwm Brombil yng Nghastell-nedd Port Talbot yn defnyddio £9,950 i ddarparu banc bwyd cymunedol lle gall y rhai yn y gymuned y mae pandemig Covid-19 yn effeithio fwyaf arnyn nhw gael gafael ar eitemau a chymorth hanfodol. | Ysgol Cwm Brombil in Neath Port Talbot will use £9,950 to provide a community foodbank whereby those in the community most affected by the Covid-19 pandemic can access essential items and support. |
| Rewild Play | NewportCasnewydd | £10,000.00 | Bydd Rewild Play yng Nghasnewydd yn defnyddio £10,000 i ddarparu mynediad i sesiynau gweithgarwch corfforol i blant ag anghenion dysgu ychwanegol, anableddau, neu iechyd meddwl gwael. | Rewild Play in Newport will use £10,000 to provide access to physical activity sessions for children with additional learning needs, disabilities, or poor mental health. |
| Kidcare4u | NewportCasnewydd | £9,091.00 | Bydd Kidcare4U yng Nghasnewydd yn datblygu grŵp rhieni ar gyfer rhieni a'u plant o leiafrifoedd ethnig i gymdeithasu a datblygu rhwydweithiau cymdeithasol gyda £9,091. | Kidcare4U in Newport will develop a parent group for parents and their children from ethnic minorities to socialise and develop social networks with £9,091. |
| New Life Trust | NewportCasnewydd | £62,223.00 | Bydd New Life Trust yn defnyddio £62,223 i wneud addasiadau i'w hadeilad drwy droi eu toiled anabl presennol yn ystafell newid a fydd yn cynnwys toiled ymolchi/sychu, teclyn codi a bwrdd newid maint llawn. | New Life Trust will use £62,223 to make adaptations to their building by converting their existing disabled toilet into a changing places suite that will include a wash/dry toilet, a hoist and a full-size changing table. |
| Templeton Community CouncilCyngor Cymuned Tredeml | PembrokeshireSir Benfro | £9,981.00 | Bydd Cyngor Cymuned Tredeml yn Sir Benfro yn defnyddio £9,981 i ddarparu trefn lanhau well a chyflogi Rheolwr Eiddo rhan-amser i reoli defnydd Neuadd Gymunedol Tredeml, yn dilyn pandemig Covid-19. | Templeton Community Council in Pembrokeshire will use £9,981 to provide an enhanced cleaning regime and employ a part-time Premises Manager to manage Templeton Community Hall's usage, following the Covid-19 pandemic. |
| Grwp Resilience CBC | PembrokeshireSir Benfro | £7,880.00 | Bydd Grwp Resilience CBC yn Sir Benfro yn defnyddio £7,880 i gefnogi pobl ag anghenion iechyd meddwl i gymryd rhan mewn gweithgarwch cymdeithasol gwyrdd a gwerthusiad. | Grwp Resilience CBC in Pembrokeshire will use £7,880 to support people with mental health needs to take part in green social activity and evaluation. |
| Bluegreencymru CIC | PembrokeshireSir Benfro | £9,700.00 | Bydd CIC Bluegreencymru yn Sir Benfro yn defnyddio £9,700 i gynnig gweithgareddau ymwybyddiaeth gofalgar, addysg a hamdden sy'n seiliedig ar natur i bobl sy'n profi iechyd meddwl gwael. | Bluegreencymru CIC in Pembrokeshire will use £9,700 to offer nature-based mindfulness, education, and recreation activities for people experiencing poor mental health. |
| Canolfan Owain Glyndwr Cyf | Powys | £8,520.00 | Bydd Canolfan Owain Glyndwr ym Mhowys yn defnyddio £8,520 i gyflogi trefnydd cymunedol rhan-amser pwrpasol i gefnogi gwirfoddolwyr i drefnu, hyrwyddo a cynnal digwyddiadau cyhoeddus yn ddiogel. | Canolfan Owain Glyndwr in Powys will use £8,520 to employ a dedicated, part time community organiser to support volunteers in organising, promoting and putting on public events safely. |
| Berriew C.P SchoolYsgol Gynradd Aberriw | Powys | £9,890.00 | Bydd Ysgol Gynradd Aberriw ym Mhowys yn defnyddio £9,890 i osod lle cysgodi ar le a rennir gan yr ysgol a chanolfan gymunedol, fel y gall pobl o bob oed yn eu cymuned fwynhau gweithgareddau awyr agored. | Berriew C.P. School in Powys will use £9,890 to install a shelter on a space shared by the school and a community centre, so that people of all ages in their community can enjoy outdoor activities. |
| Muddy Care CIC | Powys | £10,000.00 | Bydd Muddy Care CIC ym Mhowys yn defnyddio £10,000 i ddarparu gwasanaeth iechyd a lles ar-lein newydd a gweithdy addysgol cerdded gwyllt ar gyfer y gymuned cyflyrau cronig ledled Cymru. | Muddy Care CIC in Powys will use £10,000 to provide a new online health and wellness service and a wild walking educational workshop for the chronic condition community across Wales. |
| Flora Cultura | Powys | £9,994.00 | Bydd Flora Cultura ym Mhowys yn defnyddio £9,994 i gynnig sesiynau therapi garddwriaethol i bobl â phroblemau iechyd corfforol a meddyliol megis awtistiaeth, strôc, dementia, anabledd, neu golled synhwyraidd. | Flora Cultura in Powys will use £9,994 to offer horticultural therapy sessions for people with physical and mental health issues such as autism, strokes, dementia, disability, or sensory loss. |
| Hay & District Dial-a-Ride | Powys | £10,000.00 | Bydd Hay & District Dial-a-Ride ym Mhowys yn defnyddio £10,000 i barhau i ddarparu gwasanaeth cludiant cymunedol dan arweiniad gwirfoddolwyr, yn dilyn pandemig Covid-19. | Hay & District Dial-a-Ride in Powys will use £10,000 to continue providing a volunteer-led community transport service, following the Covid-19 pandemic. |
| Llanfair Caereinion Town CouncilCyngor Tref Llanfair Caereinion | Powys | £10,000.00 | Bydd Cyngor Tref Llanfair Caereinion ym Mhowys yn defnyddio £10,000 i greu maes chwarae newydd i blant o bob gallu. | Llanfair Caereinion Town Council in Powys will use £10,000 to create a new playground for children of all abilities. |
| Men Shed NewtownMen Shed y Drenewydd | Powys | £6,500.00 | Bydd Men Shed y Drenewydd ym Mhowys yn creu rhandir awyr agored i bobl hŷn wella eu hiechyd corfforol a meddyliol gyda £6,500. | Men Shed Newton in Powys will create an outdoor allotment for older people to improve their physical and mental health with £6,500. |
| The Clarence Hall Crickhowell | Powys | £100,000.00 | Bydd Clarence Hall Crickhowell, Powys yn defnyddio £100,000 i adnewyddu'r lleoliad i ddarparu mynediad a thoiledau i'r anabl, ardal newid babanod a chegin fodern. Bydd y prosiect yn cynyddu'r defnydd ac yn darparu ystod ehangach o weithgareddau cymdeithasol i'r gymuned. | The Clarence Hall Crickhowell, Powys will use £100,000 to refurbish the venue to provide disabled access and toilets, a baby changing area and modern kitchen. The project will increase use and provide a broader range of social activities for the community. |
| Hay-on-Wye CP SchoolYsgol Gynradd y Gelli Gandryll | Powys | £9,930.00 | Bydd Ysgol Gynradd y Gelli Gandryll ym Mhowys yn defnyddio £9,930 i greu gardd synhwyraidd i alluogi aelodau o'r gymuned o bob oed i gymdeithasu neu ymlacio yn yr awyr agored. | Hay-on-Wye CP School in Powys will use £9,930 to create a sensory garden to enable community members of all ages to socialise or relax outdoors. |
| Rhayader & District Community SupportCymorth Cymunedol Rhaeadr a'r Cylch | Powys | £10,000.00 | Bydd Cymorth Cymunedol Rhaeadr a'r Cylch ym Mhowys yn defnyddio £10,000 i ddechrau cynllun beicio ar gyfer pobl hŷn a'r rhai sydd â phroblemau symudedd i fynd i'r afael ag unigedd cymdeithasol yn dilyn pandemig Covid-19. | Rhayader & District Community Support in Powys will use £10,000 to start a cycling scheme for older people and those with mobility problems to address social isolation following the Covid-19 pandemic. |
| Pontypridd Town CouncilCyngor Tref Pontypridd | Rhondda Cynon Taf (RCT) | £8,861.00 | Bydd Cyngor Tref Pontypridd yn Rhondda Cynon Taf yn defnyddio £8,861 i sicrhau bod eu safleoedd rhandiroedd yn hygyrch i bawb drwy osod toiledau y gellir eu compostio a chreu llain ar gyfer defnyddwyr cadeiriau olwyn. | Pontypridd Town Council in Rhondda Cynon Taf will use £8,861 to ensure that their allotment sites are accessible to everyone by installing compostable toilets and creating a plot for wheelchair users. |
| Llwydcoed Primary PTA | Rhondda Cynon Taf (RCT) | £23,732.00 | Bydd Llwydcoed Primary PTA yn defnyddio £23,732 i ailddatblygu tir yn Llwydcoed, i greu cyfleuster cymunedol awyr agored i wella iechyd a lles, datblygu a rhannu gwybodaeth a sgiliau yn y gymuned. Yn ogystal â gwella amgylchedd naturiol a bioamrywiaeth yr ardal, bydd hyn yn eu galluogi i ddarparu amrywiaeth o weithgareddau awyr agored ar gyfer y gymuned gyfan gan weithio mewn partneriaeth â'r ysgol a sefydliadau lleol eraill i gyflawni'r prosiect. | Llwydcoed Primary PTA will use £23,732 to redevelop land in Llwydcoed, to create an outdoor community facility to improve health and wellbeing, develop and share knowledge and skills within the community. As well as improving the natural environment and biodiversity of the area, this will allow them to deliver a variety of outdoor activities for the whole community working in partnership with the school and other local organisations to deliver the project. |
| Cwmaman Music FestivalGŵyl Gerddoriaeth Cwmaman | Rhondda Cynon Taf (RCT) | £6,650.00 | Bydd Gŵyl Gerddoriaeth Cwmaman yn Rhondda Cynon Taf yn defnyddio £6,650 i ariannu eu digwyddiad blynyddol, sy'n darparu cyfleoedd gwirfoddoli ac yn dod â phobl leol at ei gilydd. | Cwmaman Music Festival in Rhondda Cynon Taf will use £6,650 to fund their annual event, which provides volunteering opportunities and brings local people together. |
| Skills & Volunteering Cymru (SVC)Sgiliau a Gwirfoddoli Cymru | Rhondda Cynon Taf (RCT) | £9,975.00 | Bydd Sgiliau a Gwirfoddoli Cymru yng Nghaerdydd yn defnyddio £9,975 i ddatblygu grŵp cymdeithasol wyneb yn wyneb ar gyfer oedolion ag anableddau dysgu a/neu gorfforol, sy'n byw yn Ne-ddwyrain Cymru, yn dilyn pandemig Covid-19. | Skills & Volunteering Cymru (SVC) in Cardiff will use £9,975 to develop an in-person social group for adults with learning and/or physical disabilities, living in South East Wales, following the Covid-19 pandemic. |
| Taking Flight Theatre Company | Rhondda Cynon Taf (RCT) | £9,900.00 | Bydd Taking Flight Theatre Company yng Nghaerdydd yn defnyddio £9,900 i gefnogi pobl ynysig, pobl fyddar, dall, anabl a hŷn yn Rhondda Cynon Taf i gymryd rhan mewn gweithgareddau celfyddydol cynhwysol sy'n canolbwyntio ar y gymuned. | Taking Flight Theatre Company in Cardiff will use £9,900 to support isolated, deaf, blind, disabled and older people in Rhondda Cynon Taf to participate in community-focused inclusive arts activity. |
| Treherbert and District Old Age Pensioners ClubClwb Old Age Pensioners Treherbert a'r Cylch | Rhondda Cynon Taf (RCT) | £9,823.00 | Bydd Clwb Old Age Pensioners Treherbert a'r Cylch yn Rhondda Cynon Taf yn defnyddio £9,823 i ddarparu cyfleuster gwell i ddefnyddwyr drwy adeiladu estyniad i'w neuadd i gartrefu toiled i'r anabl a chyfleusterau newid babanod. | Treherbert and District Old Age Pensioners Club in Rhondda Cynon Taf will use £9,823 to provide an improved facility for users by building an extension to their hall to house a disabled toilet and baby changing facilities. |
| The Gathering Place | SwanseaAbertawe | £8,429.00 | Bydd The Gathering Place yn Abertawe yn cefnogi pobl sy'n ddigartref, gweithwyr rhyw ac unigolion eraill sy'n agored i niwed drwy gynnig pecynnau cymorth brys a chwnsela gyda £8,429. | The Gathering Place in Swansea will support people who are homeless, sex workers, and other vulnerable individuals by offering emergency aid packages and counselling with £8,429. |
| Steps Charity Worldwide | SwanseaAbertawe | £10,000.00 | Bydd Steps Charity Worldwide yn defnyddio £10,000 i greu a hyfforddi rhwydwaith o wirfoddolwyr o bob cwr o Gymru, i roi cyngor, arweiniad a chefnogaeth i blant sydd â chyflyrau ar eu coes isaf a'u teuluoedd. | Steps Charity Worldwide will use £10,000 to create and train a network of volunteers from across Wales, to provide advice, guidance and support to children with lower limb conditions and their families. |
| Garnswllt Welfare AssociationCymdeithas Les Garnswllt | SwanseaAbertawe | £6,665.00 | Bydd Cymdeithas Les Garnswllt yn Sir Gaerfyrddin yn trwsio ac yn disodli tair set o ddrysau anniogel yn neuadd eu pentref gyda £6,665. | Garnswllt Welfare Association in Carmarthenshire will repair and replace three sets of unsafe doors at their village hall with £6,665. |
| Parish of Killay St. Hilary's Church Parish CentreCanolfan Blwyf Eglwys Cilâ Sant Hilary | SwanseaAbertawe | £3,400.00 | Bydd Canolfan Blwyf Eglwys Cilâ Sant Hilary yn Abertawe yn defnyddio £3,400 i uwchraddio eu cyfleusterau coginio, a fydd yn galluogi aelodau hŷn o'u cymuned i gyfarfod yn ddwyieithog am brydau iach ac i gymdeithasu. | Parish of Killay St. Hilary's Church Parish Centre in Swansea will use £3,400 to upgrade their cooking facilities, which will enable older members of their community to meet biweekly for healthy meals and to socalise. |
| Pontarddulais Cricket ClubClwb Criced Pontarddulais | SwanseaAbertawe | £10,000.00 | Bydd Clwb Criced Pontarddulais yn Abertawe yn defnyddio £10,000 i wella eu pafiliwn fel y gall grwpiau cymunedol lleol barhau i'w defnyddio. | Pontarddulais Cricket Club in Swansea will use £10,000 to improve their pavilion so that it can continue to be used by local community groups. |
| Dyfatty Bowls ClubClwb Bowlio Dyfatty | SwanseaAbertawe | £2,400.00 | Bydd Clwb Bowlio Dyfatty yn Abertawe yn defnyddio £2,400 i gael eu pafiliwn yn barod i ailagor pan fydd y cyfyngiadau'n caniatáu yn dilyn argyfwng Covid-19. | Dyfatty Bowls Club in Swansea will use £2,400 to get their pavilion ready to re-open when restrictions allow following the Covid-19 outbreak. |
| Challenge WalesHer Cymru | The Vale of GlamorganBro Morgannwg | £9,307.00 | Bydd Her Cymru ym Mro Morgannwg yn helpu pobl ifanc i ddysgu sgiliau newydd a magu hyder drwy wirfoddoli ar gychod hwylio gyda £9,307. | Challenge Wales in the Vale of Glamorgan will help young people learn new skills and gain confidence through volunteering on sail boats with £9,307. |
| Vale of Glamorgan Broadcasting Community Interest CompanyCwmni Buddiannau Cymunedol Darlledu Bro Morgannwg | The Vale of GlamorganBro Morgannwg | £9,985.00 | Bydd Cwmni Buddiannau Cymunedol Darlledu Bro Morgannwg yn defnyddio £9,985 i ymestyn eu darllediadau radio i gymunedau lleol ym Mhenarth a Sain Tathan, gan helpu i gysylltu pobl a grwpiau cymunedol â gwybodaeth, cyngor a newyddion yn eu hardal. | Vale of Glamorgan Broadcasting Community Interest Company will use £9,985 to extend their radio broadcasts to local communities in Penarth and St Athan, helping connect people and community groups to information, advice, and news in their area. |
| Garnsychan PartnershipPartneriaeth Garnsychan | Torfaen | £9,830.00 | Bydd Partneriaeth Garnsychan yn Nhorfaen yn darparu clybiau cinio i bobl hŷn a fydd yn eu galluogi i ailgysylltu â ffrindiau a lleihau unigrwydd gyda £9,830. | Garnsychan Partnership in Torfaen will deliver lunch clubs for older people which will enable them to reconnect with friends and reduce loneliness with £9,830. |
| Maes y Pant/Hollowfield Action Group Limited | WrexhamWrecsam | £9,738.00 | Bydd Maes y Pant/Hollowfield Action Group Limited yn Wrecsam yn defnyddio £9,738 i greu Llwybr Antur Coedwig i ddenu mwy o deuluoedd i'r safle i gysylltu â natur. | Maes y Pant/Hollowfield Action Group Limited in Wrexham will use £9,738 to create a Forest Adventure Trail to attract more families to the site to connect with nature. |
| The Venture (Wrexham) LtdY Fenter Cyf (Wrecsam) | WrexhamWrecsam | £9,990.00 | Bydd y Fenter yn Wrecsam yn defnyddio £9,900 i ddarparu sesiynau chwarae arbenigol i blant a phobl ifanc sydd â chyflyrau niwroddatblygiadol i fynd i'r afael ag unigedd oherwydd Covid-19. | The Venture Wrexham Ltd will use £9,900 to provide specialist play sessions for children and young people with neurodevelopmental conditions to combat isolation due to Covid-19. |
| Emerge Community ArtsCelfyddydau Cymunedol Emerge | WrexhamWrecsam | £10,000.00 | Bydd Celfyddydau Cymunedol Emerge yn Sir y Fflint yn defnyddio £10,000 i redeg prosiect Dawns a Drama yn y Stiwt yn Wrecsam ar gyfer pobl sydd â gwahaniaethau ac anableddau dysgu a chorfforol lluosog a dwys, i gefnogi lles meddyliol a chorfforol ar ôl Covid-19. | Emerge Community Arts in Flintshire will use £10,000 to run Dance and Drama project at The Stiwt in Wrexham for people who have multiple and profound learning and physical differences and disabilities, to support mental and physical wellbeing after Covid-19. |
| Father's Place | WrexhamWrecsam | £9,960.00 | Bydd Fathers Place yn Wrecsam yn defnyddio £9,960 i ddarparu sesiynau ymgysylltu lles cymunedol i wella iechyd meddwl a chyffredinol, lles a hyrwyddo ymdeimlad o berthyn i gefnogi cydnerthedd cymunedol ar ôl Covid-19. | Fathers Place in Wrexham will use £9,960 to provide community wellbeing engagement sessions to improve mental and general health, wellbeing, and promote a sense of belonging to support community resilience after Covid-19. |
| National Dance Company WalesCwmni Dawns Cenedlaethol Cymru | WrexhamWrecsam | £10,000.00 | Bydd Cwmni Dawns Cenedlaethol Cymru yn defnyddio £10,000 i sefydlu dosbarthiadau dawns i bobl â Parkinson's yn Wrecsam a Gwynedd i wella eu hiechyd a'u lles corfforol. | National Dance Company Wales will use £10,000 to set up dance classes for people with Parkinson's in Wrexham and Gwynedd to improve their physical health and wellbeing. |
| YaB group limited | WrexhamWrecsam | £10,000.00 | Bydd YaB Group Limited yn Wrecsam yn defnyddio £10,000 i ehangu'r Hwb YaB drwy ddatblygu partneriaethau pellach ac ymestyn gwasanaethau cymunedol, yn enwedig ym maes iechyd meddwl a lles oherwydd Covid-19. | YaB Group Limited in Wrexham will use £10,000 to expand the YaB Hub by developing further partnerships and extending community services particularly in mental health and wellbeing due to Covid-19. |
| Vision Enhancement ServicesGwasanaethau Gwella'r Golwg | WrexhamWrecsam | £9,393.00 | Bydd Gwasanaethau Gwella'r Golwg yng ngogledd Cymru yn defnyddio £9,393 i gefnogi iechyd meddwl a lles pobl â nam ar eu golwg sydd wedi’u heffeithio gan Covid-19. | Vision Enhancement Services in north Wales will use £9,393 to support the mental health and wellbeing of vision impaired people affected by Covid-19. |