



Organisation	Local Authority	Award	Project summary
Networks of Wellbeing Ltd	Aberdeenshire	£149,909	This group will continue to deliver and develop a holistic programme of community-based activities supporting people with poor mental health. People living with mild, severe or enduring mental health conditions will be encouraged to take part in workshops that support relaxation, improve physical health and provide an opportunity to build social connections. Activities will include aromatherapy, yoga, mindfulness and crafts-based workshops. Activities will take place in Huntly and other nearby towns.
Hope Kitchen SCIO	Argyll & Bute	£242,199	This group will use the funding to build on their work with disadvantaged groups in Oban, Lorn and the Isles. The group will continue their recovery focused work, provision of free meals, and activities to bring isolated people together including horticulture activities to improve physical and mental health. Some activities will be available to the whole community to break down barriers and challenge the stigma that surrounds issues such as mental health, homelessness and addiction.
Sauchie Active 8 SCIO	Clackmannanshire	£91,704	This group will use the funding to provide a range of youth work, adult learning and family learning activities to local people of all ages. The activities will be delivered from the group's base in the Sauchie Hall by an existing part time Youth Development Worker and a new part time Adult/Family Development Worker.
Sauchie Community Group SCIO	Clackmannanshire	£144,343	This group will use the funding to provide a range of community activities to local people of all ages. The project will benefit approximately 1,000 people with 75 volunteers providing assistance over the next three years.
Art Angel (Scotland) Limited	Dundee	£88,552	This funding over three years will allow Art Angel to expand their work supporting people aged 16 and over who have mental health difficulties, through various art and creative groups. Art Angel will be able to offer their courses and group sessions for more weeks of the year , supporting more people across the city.
RockSolid Dundee	Dundee	£73,058	This group will deliver a programme of activities designed to promote community health and wellbeing, social inclusion and personal capacity building in the Douglas, Linlathen and Midcraigie areas of Dundee. Activities will include arts, sports and social activities for young people. A gardening group, community lunches, and social and physical activities will be provided for older people and support groups for people recovering from substance abuse and mental health issues.
Community One Stop Shop	Edinburgh	£74,000	This group will use the funding to continue their Development Worker's post for three years, enabling them to continue to provide a range of services to the community of Broomhouse in South West Edinburgh. The project provides advice, including specialised housing advice, employability services and a Credit Union.

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Fife Society for the Blind	Fife	£49,552	This group will use the funding to continue their social group and befriending service for those living with a sight impairment. The project aim to make participating individuals feel less isolated, to help them make local connections with people who have similar impairments and to give them greater self confidence.
Greener Kirkcaldy Ltd	Fife	£76,980	This group will use the funding to continue their community garden and orchard project in Kirkcaldy. They will deliver growing volunteer sessions, community workshops and events as well as training opportunities for volunteers. People will benefit from improved confidence, reduced social isolation, enhanced wellbeing from outdoor activity and gain practical and transferrable skills for employment or further training.
Kindred Advocacy	Fife	£89,131	This group will use the funding to continue the delivery of a support and advocacy service to families of children who have a disability. Over three years this service will benefit 180 families of children with complex medical needs and/or life-limiting conditions. The project will also work with families who are facing challenging situations relating to the care of their child and will help resilience in parents, giving them the confidence and resources to cope with their parenting role.
Annexe Communities	Glasgow	£336,577	This group will use the funding over three years to help isolated and marginalised people living in Partick to become pro-active in their self development so that they can participate in their communities. The project will provide people with opportunities to test out their ideas and take them forward to fruition. This may lead to the establishment of small groups or volunteering opportunities within their communities.
Castlemilk Youth Complex	Glasgow	£142,998	This group will use the funding to deliver the "At the Edge" programme, an intervention project aimed at families who have at least one child in high school who is struggling to attend due to multiple issues. It will offer an alternative to school support for identified young people and their family members.
Concrete Garden	Glasgow	£148,821	This group will use the funding to continue delivering a variety of gardening, cooking, social, therapeutic and wellbeing activities in Possilpark. The activities, delivered over two sites, will provide a safe welcoming place for people to learn, socialise, relax, celebrate and play.
Finn's Place	Glasgow	£105,000	This group will use the funding to continue to provide a safe and welcoming space for the local community to engage in a range of activities and community events, around the theme of wellbeing. Approximately 700 people will use Finn's Place with support from 20 volunteers.
Givin' It Laldie	Glasgow	£118,216	This group will use funding to bring the community together through a variety of choirs and music sessions. The organisation will continue running existing sessions and will develop further groups by working in partnership with local organisations. . Over three years the project will reach at least 300 people and 20 volunteers.
Glasgow East End Community Carers	Glasgow	£150,000	This group will use the funding to provide support to carers and the cared for so that they can access services, support and activities across Glasgow with a focus on Glasgow's East End. This three year project will benefit around 1500 people and 60 volunteers.
Linkes (SCIO)	Glasgow	£149,990	This project will use the funding to deliver a range of community activities to help reduce isolation across the community. These activities will engage with 700 people and 25 volunteers in the Knightswood area.

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The Pollokshields Trust	Glasgow	£148,087	This group will use the funding to deliver a community engagement programme to help local people's voices be heard on local issues that interest them. The project will employ 2 part-time members of staff to work with 1500 local people and 70 volunteers over the three years.
Caithness Voluntary Group	Highland	£78,527	This group will use the funding to deliver befriending services across Caithness. The project will provide one to one befriending in befriendees homes, opportunities to take part in activities such as arts & crafts and group trips. Befriendees will also be able to accompany people to the GP, hospital or dental appointments. Group befriending will be offered to those who do not require one to one support but would benefit from taking part in activities and opportunities to socialise.
Kyle and Lochalsh Community Trust	Highland	£120,000	This group will use the funding to develop the Plock of Kyle, a large area of land near Kyle of Lochalsh, to run a programme of green social prescribing activities from local health services and to engage the local community in wellbeing activities. Kyle and Lochalsh Community Trust purchased the land in 2018 to create a natural meeting space for the community. The project will connect people with nature to encourage more active lifestyles, tackle health issues, address loneliness and help to grow community spirit.
The Inverclyde Shed	Inverclyde	£77,000	This organisation will use funding to cover five years of core costs and to provide the group with new tools. This will allow the group to focus on building the membership of the shed and to build more connections both across Inverclyde and within the whole men's shed community. The funding will also allow them to extend the opening hours of the shed to six days per week.
Ayrshire Communities Education and Sport	North Ayrshire	£92,375	This group will run a range of activities for the benefit of the community in Woodwynd, Kilwinning in North Ayrshire. The project will continue to run school holiday clubs, a youth club, cooking sessions, community events, a lunch club and outreach work in schools. They will also introduce new activities such as a support group for new and young mums, and community gardening.
Orkney Disability Forum	Orkney Islands	£42,356	This group will use the funding to develop social activities for older and disabled people who cannot access public transport. Over five years, Orkney Disability Forum will co-ordinate transport and recruit volunteers to help people take part in the events already happening in Orkney. They will also create new opportunities for people to form new friendship groups and take part in activities that interest them.
Carrick Community Leisure Group	South Ayrshire	£99,750	This group will use the funding to deliver a range of activities to improve the health and wellbeing of local people, from its newly refurbished community facility "The Speakers" in Maybole and activities on offer. will include a lunch club and a youth café.
South Ayrshire Befriending Project	South Ayrshire	£66,856	This group will deliver a three-year programme of befriending activities for young people aged between eight and 18 years old who are experiencing social isolation and disadvantage. The project will encourage the young people to take part in community activities, outings and information sessions.

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Borders Additional Needs Group SCIO	The Scottish Borders	£59,296	This group will use the funding to provide a youth group for young people aged between 14 to 19 who have additional support needs; primarily autism and other neurodiverse conditions. The project will provide a range of fun activities where the young people can build confidence and social skills. The group will also support the young people with accredited youth awards and access to employability opportunities.
The Big Disability Group	West Dumbartonshire	£132,252	This group will use the funding to create two new staff posts to secure the continuation of its supported referral and signposting service. The group works with people with disabilities, long term health conditions and their carers to identify appropriate services for a range of needs. It accepts referrals from a range of public sector agencies, community-based organisations and also self-referrals.
Advocacy Western Isles	Western Isles	£100,000	This group will recruit a Learning Disabilities Advocacy Worker (LDAW) with additional administrative and managerial support, to support people with learning disabilities in Lewis and Harris. The LDAW will support The Speak Out Group (SOG), a group of 18 adults with learning disabilities based in Lewis. This group come together to work on issues that matter to them and their community and have gone from strength to strength since they formed in 2006.
Volunteering Hebrides	Western Isles	£330,000	This group will use this three year funding to continue and expand the range of befriending work they offer which has had provided an enormous benefit for the beneficiaries and the community as a whole. The group will now provide 4-types of befriending; face to face, telephone, group befriending, and "healthier lives" with a cooking chum or a gym buddy.