

## Background

Over the last six years, the Young Start programme has created opportunities for children and young people between eight and 24 years old to help realise their potential. This annual report provides a summary of the impact of this funding between 1 April 2017 and 31 March 2018, as well as sharing some of the remarkable stories of those young people who have benefitted along the way.

## Young Start funding supports projects that meet one or more of the following outcomes:



Children and young people have more confidence and skills



#### CONNECTED

Younger and older generations are better connected and have more understanding and respect for each other



Children and young people have better physical, mental and emotional health



#### **ENTERPRISING**

Young people are better prepared for getting a job or starting a business

## Policy Context

Under the Dormant Bank and Building Society Accounts Act 2008, the Reclaim Fund releases funds from dormant bank accounts to the Big Lottery Fund for distribution to good causes across the UK. At the direction of the Scottish Government, the Big Lottery Fund established the Young Start programme to distribute Scotland's share of this money. The Scottish Government chose to concentrate dormant account funding on children and young people.

This focus aligns with the Scottish

Government's approach towards early
intervention and preventative action to
overcome the diverse range of challenges
and issues that affect Scottish communities.

## There are two core principles at the heart of Young Start:

#### Young people in the lead

Getting it Right For Every Child (GIRFEC) is the national approach in Scotland to ensuring that the rights, needs and wellbeing of children and young people are at the heart of those services that support them. Young Start requires that children and young people have been actively involved in the design, development and delivery of all funded projects.

#### Asset based

Young Start encourages projects to harness the strengths and assets of the children, young people and wider community they support. Rather than focusing on deficits and needs, Young Start helps children and young people to make the most of their skills and experiences.

## Young Start Refresh

**TIMELINE** 

In November 2017, after five years of awarding funding, Young Start was paused to applications to allow the programme to be refreshed and brought up to date.

During the programme pause, a Young Start project team came together to consult with a wide range of grantholders, applicants, the wider youth sector and young people themselves.

From July 2017 to March 2018 the team engaged with young people and key stakeholders through online surveys, workshops, large engagement events and one on one interviews in order to capture a range of views about young people and their participation in activities.

The findings from this engagement work helped to shape the newly refreshed Young Start programme, which reopened in August 2018.

#### **13 MARCH 2012**

Young Start launches

#### 7 NOVEMBER 2017

Paused to new applications

#### **19 JANUARY 2018**

Final awards announced

#### 31 AUGUST 2018

Young Start reopens

## Budget

Based on forecasts provided by the Reclaim Fund, the 2017/18 budget was set at £2,920,000. However, the timing, value and releases of funds by the Reclaim Fund are not controlled by Big Lottery Fund. As a result, this impacts the value and number of grants that can be awarded within the year.

In 2017/18, the net income available from the Reclaim Fund for distribution across the UK was £152,554,000.

Scotland received 8.4% of this total, equating to an available budget of £12,815,000 in 2017/18.

Amount available from Reclaim Fund for apportionment to Scotland	£12,815,000
Balance of funds brought forward from 2016/17	£3,231,000
Grant awards made 1 April 2017 to 31 March 2018	-£3,110,000
Balance of funds carried forward at 31 March 2018	£12,936,000

These figures are from the annual accounts which round figures up/down to the nearest £000



## For the first time ever, I feel like I'm going places

**READ RYAN'S STORY ON PAGE 7** 

## Applications at a glance...



Despite the programme being open for just seven months of the year, there was a high volume of applications in comparison to the full twelve months of the previous year. Unsurprisingly there was a spike in applications in early November as the Young Start pause point approached.

As with previous years, the two most common reasons recorded for applications being unsuccessful were:

- Project outcomes being a less strong fit with Young Start outcomes than other applications considered (17%)
- Young people's involvement being less strong than other applications considered (13%)





#### Options in Life - Ryan's Story

Until last year Ryan from Methill was unemployed and anxious about what the future held for him. Today he is a peer leader who is inspiring other young people with autism and learning difficulties to achieve their ambitions.

Ryan, 24, was diagnosed with ADHD and epilepsy at the age of four and has struggled with a number of learning and emotional difficulties throughout his young adult life. As a result, Ryan found school to be a very difficult time. He said, "School was really tough - I had additional needs that weren't supported and I was also bullied. I was eventually taken out of school and went to a centre that provided support for my additional needs."

Despite these challenges, Ryan has always had hopes of pursuing further education and a career. He said, "My three loves are computing, cooking and art. I'm really good with computers but I didn't have the grades to do computing at college – so I ended up doing a general skills course.

"I really wanted to work but I wasn't getting anywhere. I did some volunteering, which I enjoyed, but when that came to an end I had nothing to do and got quite depressed."

The turning point came when Ryan was signposted to Options in Life's employability programme where he enjoyed a wide range of volunteer employment opportunities. Courses include cooking and baking, digital printing and ceramics. During Ryan's time with the

project his confidence has blossomed and he has accepted a role as a peer mentor/buddy for other young people joining the project.

Ryan said, "Since joining Options in Life I'm not so depressed anymore, I have friends and a structure to my life. I even met my girlfriend here. When I first joined I was too nervous and shy to work in groups, but this year I'll be re-joining the programme as a buddy, which is great!"

Rob Burns, Project Co-ordinator at Options in Life said, "Ryan has always shown an interest in finding employment so the project was perfect for him to build new skills to add to his CV. One of Ryan's greatest strengths is his ability to help others feel included, he motivates his peers to participate and supports newer people with activities that he has had experience doing, which makes everyone feel welcome."

Options in Life have also helped him identify a potential opportunity with a local business who has offered to provide additional support for his needs and to help him towards a role in computing.

Now his future feels brighter, "For the first time ever, I feel like I'm going places," he said.

#### → Grant amount: £50,000

Options in Life received £50,000 to extend its successful volunteer project for another two years. The project aims to give 70 vulnerable young people more opportunities to gain confidence, get fit and learn new work and life skills. The project consists of varied work placements, challenging outdoor experiences and participation in mentoring roles for young people aged 18 to 25.

#### Themes and Trends

#### Breakdown of successful awards by Young Start outcome

(Between 1 April 2017 and 31 March 2018)



CONFIDENT





CONNECTED 18%



All Young Start projects are required to meet at least one programme outcome, with a significant number of projects meeting two or more. As with previous years, the majority of projects met the 'Confident' outcome. Fewer

projects met the 'Connected' outcome. This was despite tailored outreach work and promotion of Young Start through our stakeholder, Generations Working Together, aimed at projects connecting younger and older generations.



Right from the start I felt that I could really achieve somethics are in achieve something speaking for other young people who didn't have a voice

**READ HANNAH'S STORY ON PAGE 15** 

#### Breakdown of Awards by Project Type

(Between 1 April 2017 and 31 March 2018)

**76** 

Total number of awards

£3,123,319

Grand total spend

Here's how they break down by project type...



Advice and Information £26.143



Advocacy campaigning & awareness-raising £45,939



Arts £550,679



Community relations & cohesion £46,591



Community services & facilities £236,102



Counselling & self-help £99,868



Education training & development £523,717



Health care £68,684



Sport £604,399



Other £921.197

#### **Grant Management**

In total across 2017/18, 100 projects have completed their work and their grants have been closed. Variations to grant amounts have been minimal, with just two grants being reduced post-award. A total of £14,140 was returned to the funding pot and made available to award.

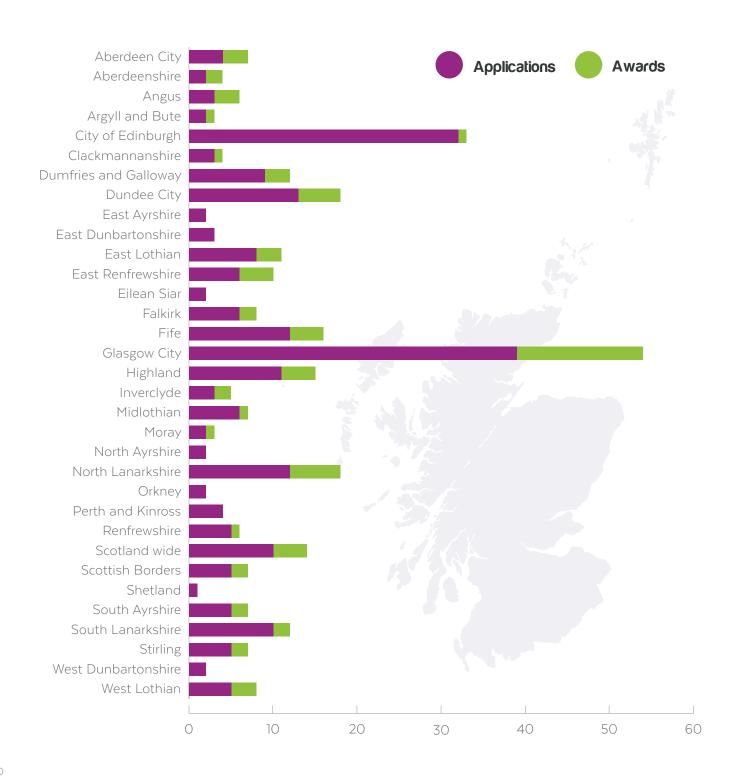
#### Breakdown of awards by Local Authority

#### (Between 1 April 2017 and 31 March 2018)

During this reporting period, Young Start was only open to applications for seven months. Applications were received from all 32 Local Authority areas, with awards made to projects supporting young people in 24 of those areas. This year, no awards were made in East Ayrshire, East Dunbartonshire, Eilean Siar, North Ayrshire, Perth and Kinross, West Dunbartonshire, Shetland and Orkney.

While the majority of awards focused on projects delivering to young people in a single local authority area, nine awards were made to projects delivering across multiple areas.

\*figures based on the 'young person location listed by applicant' - a few of these awards will support young people in more than one area, therefore application numbers will be more than total applications received.





#### African Challenge Scotland - Yvan's story

When he was just 13 years old Yvan Mbadjou left Cameroon to come and live with his mum and sister here in Scotland. Four years on, he tells us how one Young Start funded project has helped him to find his voice.

Yvan, now 17, moved to Cadder, North Glasgow in 2014 where he was met with several challenges including adjusting to a new language, joining a new school system and settling into life in a new country.

He said, "I joined school mid-way through S1 and I was so frightened, it was all such a new experience. I was shy and didn't know how best to socialise."

As a result Yvan became isolated and lacked confidence. But today, Yvan is full of enthusiasm and credits his strong sense of purpose to African Challenge Scotland's (ACS) youth programme, which has enabled him to make friends, become a youth leader and gain invaluable work experience.

Yvan joined ACS after a family friend recommended the project to his mum. He said, "For the first couple of sessions I just stood beside my mum. There were quite a lot of young people there, but I was too shy to interact with them."

Through various activities including parliamentary visits and a recently completed work placement with MSP Bob Doris,

Yvan feels the project has changed his life for the better. He said, "I loved working in Bob Doris's office, it really opened my eyes to the kinds of things that are happening within the community. My confidence really grew and I learned so much, for example moving my first motion in Parliament! It helped me realise that I want my future career to make a difference!"

At the project Yvan met Ronier, ACS project manager. He said, "Ronier helped me realise that I have to reach out and grab opportunities with both hands and that I shouldn't be afraid to try new things or to fail, as that is how you learn! He encouraged me to think about what kind of future I want and to research career paths. Being with the project has helped me focus on my studies and it's also helped me outside of school."

When asked what he wants to do in the future Yvan, who is now in his final year of high school, said, "My family has a history of illness so I've always wanted to have a job that could help people who are unwell. I feel medicine is where I can make the most difference, so I'm applying to study Radiology at University – I've already written my personal statement!"

#### → Grant amount: £50,000

African Challenge Scotland received £50,000 to provide young BME people in North Glasgow with opportunities through mentorship, activities and work placements.

## Outreach and Engagement

Young Start was promoted through 36 events as part of the Big Lottery Fund's outreach work. Most of these events were funding fairs or constituency events with elected members.

Young Start was also promoted at eight events specifically targeting minority ethnic led organisations, as part of a push to attract more applications from these groups. Funding officers also shared information about young Start at events focusing on social enterprise, community sport and new organisations.

Total customer enquiries during 2017/18 were 4,650 and out of these, 188 specifically concerned Young Start. This represents a slight fall from the previous year total, due to the pause of the programme in November 2017.

#### **Public Affairs**

There were 31 motions laid in Scottish Parliament, by 18 different MSPs, welcoming Young Start funding into their constituency. Young Start and the opportunities for young people were used in an answer on Dormant Bank accounts in the Scottish Parliament.

#### Outreach events occurred in the following 12 Local Authority areas:

Aberdeen
Aberdeenshire
Argyll and Bute
Clackmannanshire
Dundee
East Ayrshire
East Renfrewshire
City of Edinburgh
Glasgow City
Highland
Midlothian

West Dunbartonshire



#### Speech Learning Communication Company -Callum's story

In an increasingly interconnected world it can be easy to take for granted the many communication channels available to us. But for people with speech and communication difficulties, even basic forms of communication can be incredibly challenging.

One inspiring project in Dundee is helping 14 year old Callum Watson, who has Developmental Language Disorder (DLD) to connect with the world around him.

Thanks to Young Start funding, the Speech Learning Communication Company (SLCo) has set up a weekly youth club for excluded and isolated young people like Callum who have speech, language and communication needs (SLCN). Some of the young people who attend may not have had independent social activities away from their parents and so the sessions aim to support greater independence over time.

Arianna Patterson, Executive Director of SLCo has witnessed the journey that Callum and his family have been on since he began attending the club in 2018. She said, "DLD is a language difficulty that affects a child's ability to understand spoken words or makes it difficult for them to speak for themselves. Callum looks like any other 14 year old but he can't understand spoken language very well."

Callum attends a mainstream school, which can be a challenging environment for children with DLD. Arianna said, "School is fast paced, so Callum can get overwhelmed

with instructions that are too difficult or too fast to process. Noisy environments also interfere with his ability to focus which can be easily misunderstood by those unaware of his disorder. At SLCo we are well aware of these challenges, so we aim to provide a safe, slower and quieter space for children to engage with each other. For Callum, attending our sessions has meant that he is now comfortable socialising within a group setting, something he found extremely difficult to begin with."

The positive changes in Callum have also been noticed by his family at home. Attending for just two hours a week has had a huge impact on both the lives of Callum and his mum Tracey. Reflecting on their journey, Tracey said: "Through SLCo, Callum has been given a chance to meet others and build confidence socially. Since joining his confidence has grown within the group and I enjoy seeing him excited to go. I'm hopeful that with more time his confidence will extend to socialising out with the group."

#### → Grant amount: £21,971

SLCo was awarded £21,971 to establish a weekly youth club in Dundee for 11 to 18 year olds with severe speech, language and communication needs. These sessions are designed to help the young people with speech difficulties to build confidence and social skills, improving their emotional wellbeing.



#### Falkirk & Clackmannanshire Young Carers Project - Olivia's story

Olivia Georgeson, 17, from Falkirk is the main carer for her mum. Here she tells us how she is drawing on her own experiences to help shape a better future for the next generation of Scotland's young carers.

Olivia and her mum, Samantha, are extremely close. "It's always just been the two of us and we face everything together", says Olivia. "My mum is bipolar and has a personality disorder. She also suffers from fibromyalgia and has arthritis. It's a lot and has meant that I've missed a huge chunk of my childhood but to me she is still an amazing mum."

Whether she's in school or at young carers group, Oliva's mind is always on her mum. She says, "I worry a lot. A couple of years ago there was a bit of a scare and my mum ended up in hospital. Even now I still kick myself about it and for not double checking she was OK before I left the house."

It's estimated that there around 44,000 young carers like Olivia in Scotland who are aged 18 years and under. Many often struggle with their caring role which can have a knock on effect on their health and schoolwork.

Olivia says, "I get severe migraines and also have IBS and some other health issues. I always put pressure on myself to be fighting fit at all times and my grades have suffered. Things came to a head at the start of this year when I had a breakdown as I didn't want to be unwell or off of school."

Falkirk & Clackmannanshire Young Carers Project provides a safe haven for young people in Falkirk and Clackmannanshire to go for emotional and practical support, as well as a place to meet others in a similar situation.

Olivia says, "I'm really involved in the focus group and the young carers forum and it's something I am really passionate about so I make sure I get to as many meetings as possible. Emergency planning is the thing driving me forward at the moment as I don't want other young people being in the same situation as me when my mum ended up in hospital. Having a plan in place means that they know they will always have a family member or friend to go to if something bad happens.

"Over the last four years the young carers have been a fantastic addition to my life. They've provided the support I was desperately looking for and given me lots of opportunities that have boosted my confidence and strengthened my CV.

"The next stage is to expand the conversation across Scotland and I would also love to apply to the Scottish Youth Parliament next year to represent young carers and make a real difference going forward. This is a chance for me to be part of something bigger and it's given me a real purpose."

#### → Grant amount: £49,852

Central Carers Association (Falkirk and Clackmannan) received £49,852 to deliver activities and social opportunities, as well as emotional and practical support for 300 young carers.

# D&G Youth Project Team, Dumfries and Galloway Council - Hannah's story



The Year of Young People 2018 has given thousands of young Scots a platform to shine. One of those inspirational young people is 17 year old Hannah Birse, a key member of a unique Young Start project inspiring young people across Dumfries and Galloway to make their voices heard.

Hannah from Creetown is a member of a group of young volunteers who were brought together by the Year of Young People D&G Project team to deliver an exciting initiative challenging young people to try new things, learn new skills and meet new people. They were also responsible for putting together a programme of activities for the year.

Hannah, said, "This has been a brilliant, life changing experience for me. Growing up I lacked confidence in my abilities and worried too much about what people thought. I'm quite a shy person and socialising wasn't really my thing. The thought of standing out from the crowd or speaking to a room full of people filled me with terror.

"I strongly feel that there's a lack of opportunity for young people in Dumfries and Galloway and particularly those who live in the more rural areas, which is one of the many reasons why I wanted to get involved in the project.

"One of the first things we did was to plan a massive consultation exercise, speaking to a total of 700 young people in schools and youth clubs right across the region.

"Right from the start I felt that I could really achieve something speaking for other young people who didn't have a voice or opportunity to speak for themselves. As time went by I developed the confidence to stand up and get involved in presentations, speaking directly to other young people to get their views. Finally I was developing my social skills and slowly losing the fear of being judged anymore. To help publicise what we were doing I did a few radio interviews and appeared on ITV Border, something that I would never dreamed of being able to do before."

The team gathered together all the views and used them to create 'The Bucket List' app, which launched in January 2018. Young people are challenged with creating their new personalised list of things to try and, to date, over 470 have taken up the challenge.

Hannah and the team know that there's still more work to be done. She said, "Now it's time to evaluate everything we have achieved. We also plan to do some legacy work for future generations.

"The next step for me is to hopefully put my name forward to be a MSYP in the Scottish Youth Parliament and I really want to make a career out of youth work and community development. Being part of this very special Year of Young People project has both changed and inspired me."

#### → Grant amount: £30,000

Dumfries and Galloway Council received £30,000 to enable young people to try new things, learn new skills and meet new people. The project is running as part of the Scottish Government's 'Year of Young People 2018'. The group will create an app to be downloaded and the project will challenge 500 young people aged eight to 22 from across Dumfries and Galloway to complete 48 activities throughout the year.



A list of all awards made in in 2017/18, including name of organisation, amount awarded, duration of project, LA area and Constituency details, project summary and which outcome(s) the project aimed to deliver.

Organisation	Project Name	Length of award (months)	Award	Local Authority - project location
The Clyde FC Community Foundation	Start Young, Grow Young	24	£48,000	North Lanarkshire
DD8 Music	DD8 Music Development Worker Stage 2	24	£50,000	Angus
Project 31 SCIO	The Play Peers Project	24	£49,800	South Lanarkshire
Central Carers Association Falkirk And Clackmannan	Young Carers/ Young Adult Carers Project	24	£49,852	Falkirk
Paisley YMCA	iEnterprise	24	£49,538	Renfrewshire
Renfrewshire Leisure Ltd	Renfrewshire CSH Young Leaders	24	£13,724	Renfrewshire
Country Holidays for Inner City Kids	Respite breaks for children from Scotland	24	£15,954	Perth and Kinross
Kids In the Street	City Sports	24	£40,580	City of Edinburgh



Project description	Project Outcome	Scottish Parliament Constituency Name
This project will focus on young children aged eight years and over using a range of sport and exercise to encourage them to have a more healthy and active lifestyle. The group will work with young people in the Kildrum and Carbrain areas of Cumbernauld.	Confident - Children and young people have more confidence and skills	Cumbernauld and Kilsyth
This project, based in Kirriemuir, will provide a range of music based activities for local young people from their studio in the town.	Confident - Children and young people have more confidence and skills	Angus South
This project will offer 50 young people, aged between 10 and 16, support and and guidance from play mentors who will teach them new skills around training, team building and personal development activities. These young people will then use their newfound knowledge and skills to support other children to play in their local areas.	Confident - Children and young people will have more confidence and skills  Enterprising - Young people are better prepared for getting a job or starting a business  Healthy - Children and young people have better physical, mental and emotional health	Rutherglen
This project will deliver a variety of activities aimed at young carers, and will provide a range of emotional and practical support. The group will work with up to 300 local young people.	Confident - Children and young people have more confidence and skills	Falkirk West
This project will support young people aged between 11 and 18 to formulate, develop and implement business ideas based on a need that they have identified within their community. The project aims to address digital literacy issues within Renfrewshire.	Enterprising - Young people are better prepared for getting a job or starting a business	Paisley
The group will identify and engage with 20 young people aged between 14 and 25 years helping them develop a personal development plan and take part in mentoring and training opportunities to become Young Leaders at five Community Sports Hubs.	Healthy - children and young people have better physical, mental and emotional health	Paisley
The project will allow young carers from Perth and Kinross to benefit from a week of dedicated, respite care at one of the group's countryside retreats in Derbyshire.	Healthy - Children and young people have better physical, mental and emotional health	Perthshire South and Kinrosshire
This group will continue and develop its 'City Sports' programme over two years to provide more young people with the opportunity to participate in free sports where they live, learn and play.	Healthy - Children and young people have better physical, mental and emotional health	Edinburgh Eastern

Organisation	Project Name	Length of award (months)	Award	Local Authority - project location
The National Deaf Children's Society	Deaf-Friendly Swimming in Scotland	24	£49,946	Glasgow City
Community Renewal Trust	Young Community Leaders Torry	24	£46,591	Aberdeen City
Ashfield Football and Athletic Club	Ashfield 'ExCEL' Programme	24	£30,500	Glasgow City
The Healthy Active Promotion of Positive Youngsters (The Happy Club)	Happy Club - Bridging the Gap	24	£49,770	Glasgow City
African Lanarkshire for Mental Health	Youth Focus	24	£49,956	North Lanarkshire
Falkirk Community Trust Limited	Falkirk Active Schools Coach Academy	24	£33,900	Falkirk
The Safety Zone Community Project	My Generation	23	£49,294	North Lanarkshire
Scottish Book Trust	What's Your Story?	12	£50,000	City of Edinburgh
Youth Bus Group	The Buz	24	£46,015	City of Edinburgh

Project description	Project Outcome	Scottish Parliament Constituency Name
This group will continue and extend its 'Deaf Friendly Swimming in Scotland' project by providing young people will local Learn to Swim courses and targeted swimming sessions in clubs. The group will also make aquatic activities like diving and water polo more accessible.	Healthy - Children and young people have better physical, mental and emotional health	Glasgow Kelvin
This project will develop a local network of new Young Community Leaders in Torry, Aberdeen who will be supported to learn new skills and engage with older people. The young people will identify small scale wellbeing projects which would benefit the local community and be supported to develop, manage and deliver them.	Enterprising - Young people are better prepared for getting a job or starting a business  Confident - Children and young people have more confidence and skills	Aberdeen South and North Kincardine
This group will develop its 'ExCEL' community programme to get more children and young people into football and wider sporting activity out of school hours. It will use existing coaches, as well as recruiting and developing coaches/volunteers.	Healthy - Children and young people have better physical, mental and emotional health	Glasgow Maryhill and Springburn
This group will use the funding to devise a programme of sports, healthy eating, cooking and personal care activities that will benefit 150 young people with disabilities and/or autism.	Healthy - Children and young people have better physical, mental and emotional health	Glasgow Provan
This project will give young people the skills to be able to express themselves through music and creativity. Young people will be from African communities in Lanarkshire who are experiencing issues with mental health, particularly around low self-confidence.	Confident - Children and young people have more confidence and skills	Motherwell and Wishaw
This project will set up a pupil led 'Coach Academy' across the whole of Falkirk Council, providing a pathway for 296 pupils aged between 14 and 24 to develop key skills, experiences and qualifications to enable them to lead and deliver quality physical activity opportunities in their schools and in the wider community.	Confident - Children and young people have more confidence and skills	Falkirk East
This group will provide a range of activities for young people living in Bargeddie. Around 150 young people aged between 12 and 20 will benefit from the activities, which will help them develop confidence and improve wellbeing.	Confident - Children and young people have more confidence and skills	Coatbridge and Chryston
This group will use its grant to fund a development programme for young writers and illustrators in Scotland in 2017/18. The programme has three key strands and will benefit up to 450 young people from across Scotland.	Confident - Children and young people have more confidence and skills	Edinburgh Central
The group will continue to run their drop-in youth programme 'The Buz', in North East Edinburgh. Based in a converted single decker bus, the project is a mobile youth club providing a varied programme of recreational and educational activities.	Confident - Children and young people have more confidence and skills	Edinburgh Eastern

Organisation	Project Name	Length	Award	Local Authority
<b>0.3</b> 22	,	of award (months)		- project location
Aberdeen FC Community Trust	AFCCT Youth Ambassadors	24	£37,828	Aberdeen City
Pennypit Community Development Trust	Community Sports Volunteering	24	£30,000	East Lothian
Brechin Youth Project	Brechin Youth Project	24	£23,335	Angus
Drake Music Scotland	Pathways	22	£28,775	City of Edinburgh
Dunfermline Advocacy (SCIO)	Citizen Advocacy & Young People	22	£45,939	Fife
Glasgow Girls FC	Young Persons Coaching Staff.	24	£48,370	Glasgow City
Leadership, Equality and Active Participation (LEAP) in Sports Scotland	LEAP into Action	23	£50,000	Glasgow City
YouthBorders	Sexual Health & Relationships	24	£21,210	Scottish Borders

Project description	Project Outcome	Scottish Parliament Constituency Name
This project will support 50 young people to gain essential skills, qualifications and experiences to enable them to become role models and sports coaches in their local community. The young people will get the chance to take part in a range of educational workshops and topics including Cultural Awareness and	Enterprising - Young people are better prepared for getting a job or starting a business	Aberdeen Central
Mental Health First Aid sessions.	Healthy - Children and young people have better physical, mental and emotional health	
This group will give young people the opportunity to volunteer at community clubs in roles such as coaching, catering, marketing and social media. These activities will help boost young people's self-confidence and self-esteem.	Enterprising - Young people are better prepared for getting a job or starting a business	East Lothian
	Confident - Children and young people have more confidence and skills	
This group will continue to run their drop-in youth club facility which is open four nights per week for young people aged 12 years and over. Entrance and membership are free and the project offers local young people a range of activities including pool, table tennis, quizzes and party nights. Specialist workshops will also be delivered in-house by partners including Police Scotland, Scottish Fire and Rescue and CAIR Scotland.	Healthy - Children and young people have better physical, mental and emotional health	Angus North and Mearns
This project will help young people who have learning difficulties to pursue a future in music and music technology. It will provide a range of tuition and support to help develop skills in music mixing and sampling, which in turn will increase the potential to get a job in the music industry or progress to full time	Enterprising - Young people are better prepared for getting a job or starting a business	Edinburgh Southern
further education.	Confident - Children and young people have more confidence and skills	
This project will match vulnerable young people with learning disabilities to other young 'volunteer advocates' to improve social networks, increase self-esteem and develop confidence. Vulnerable young people are referred by additional need departments within local secondary schools.	Healthy - Children and young people have better physical, mental and emotional health	Dunfermline
This project will allow more young women to develop confidence and improved health and wellbeing by playing football and taking part in matches delivered by the group's community development programme.	Confident - Children and young people have more confidence and skills	Glasgow Provan
This group will continue their personal development programme for LGBTI young people through a series of workshops of sporting activities to help them challenge themselves in areas such as personal confidence, building self-worth, esteem and resilience.	Healthy - Children and young people have better physical, mental and emotional health	Glasgow Kelvin
This group will give local young people the skills to make videos and radio blogs and hold talks around their sexual health and relationships. The project will make them aware of their sexual, mental and physical health and help them to gain confidence in their skills and abilities, which will prepare them for further education or employment.	Connected - Younger and older generations are better connected and have more understanding and respect for each other	Midlothian South, Tweeddale and Lauderdale
	Enterprising - Young people are better prepared for getting a job or starting a business	
	Healthy - Children and young people have better physical, mental and emotional health	

Organisation	Project Name	Length of award (months)	Award	Local Authority - project location
ake and Create Arts	Forward through the Arts!	21	£48,560	North Lanarkshire
orth East Sensory Services	Young Peoples' Sensory Service	12	£26,143	Aberdeen City
pERkids	Super clubs for SupERkids	24	£49,456	East Renfrewshire
ndMosaic Counselling and erapy	Highways to Hero	12	£42,644	Inverclyde
uth Ayrshire Befriending Project	Buddies	23	£44,319	South Ayrshire
ittish Sports Futures	SSF Community Health and Wellbeing	12	£45,876	Glasgow City
ildren in Scotland Ltd	Children and Young People's Media Takeover	24	£50,000	Scotland
e Lord's Taverners Limited	North Glasgow Wicketz Project	24	£33,880	Glasgow City
milies First - St Andrews	Children's Group Work	12	£19,342	Fife

Project description	Project Outcome	Scottish Parliament Constituency Name
This group will run filmmaking & photography, drawing and youth theatre classes in Airdrie for children and young people. Around 70 young people will benefit from the classes, which will improve their skills and confidence.	Confident - Children and young people have more confidence and skills	Airdrie and Shotts
This project will run a year long programme of activities and social contact groups to children and young people who are visually and/or hearing impaired. The project will also provide practical and emotional support on an individual basis to help young people manage the life challenges they face.	Healthy - Children and young people have better physical, mental and emotional health	Aberdeen Central
This group will run weekly clubs for over 200 young people aged five to 24 with additional support needs in East Renfrewshire. They will take part in a range of activities including cooking, a pony club, a film club, swimming, lego, soft play and trampolining.	Healthy - Children and young people have better physical, mental and emotional health	Glasgow Shettleston
This group will strengthen and expand their existing play therapy services for 150 vulnerable children and young people up to the age of 19. It will incorporate superhero groups using creative activities such as role play, superhero comic books and storyboarding sessions with a play therapist and family worker.	Healthy - Children and young people have better physical, mental and emotional health	Greenock and Inverclyde
This group will continue their Buddies project for two more years. This project provides befriending support and group opportunities for young people aged 11 to 18 who are experiencing extreme social isolation as a direct result of having an additional support need or medical condition.	Healthy - Children and young people have better physical, mental and emotional health	Ayr
This project will up-skill and empower local youth leaders from north east Glasgow so that they can engage with 75 children and their families with the aim of increasing their understanding of what a healthy lifestyle can be for them. The training will be based on the MEND (Mind, Exercise, Nutrition, Do it!) programme which is aimed at tackling childhood obesity.	Healthy - Children and young people have better physical, mental and emotional health  Enterprising - Young people are better prepared for getting a job or starting a business	Glasgow Shettleston
This group will work in partnership with BBC Scotland to create a programme of broadcasts designed, produced and presented by children and young people. The project will culminate in a 'take-over' of BBC Radio Scotland in Summer 2018, where young people will have editorial decision making responsibility for a day.	Confident - Children and young people have more confidence and skills	Edinburgh Central
This project, which has been piloted in a number of areas throughout the UK, will deliver cricket activities, sports leader qualifications and interactive health workshops to disadvantaged young people across North Glasgow, in particular Springburn and Possilpark. The sessions will take place weekly over a two year period at local leisure centres and open spaces.	Healthy - Children and young people have better physical, mental and emotional health	Glasgow Maryhill and Springburn
This group will offer support and social activities to children and young people living in north east Fife who have additional support needs. This includes activities such as baking, arts and crafts, physical games and outings to local attractions. Work will focus on children's social interactions and establishing positive relationships, as well as improving team building skills, respect for others and attainment at school.	Healthy - Children and young people have better physical, mental and emotional health	North East Fife

Organisation	Project Name	Length of award (months)	Award	Local Authority - project location
Saheliya	Youth Ambassadors - Change Makers	24	£49,344	City of Edinburgh
Scottish Disability Sport	Inclusive Apprenticeship Programme	24	£49,585	City of Edinburgh
The Speech Language Communication Company	SLCo Youth Club	24	£21,971	Dundee City
Out of the Blue Arts and Education Trust	Out of the Blue Print - Youth Creative Training Initiative	24	£48,222	City of Edinburgh
Kustom Kruizers CIC	Kustom Kruizers	12	£45,000	Renfrewshire
Shaper Caper Limited	CTRL SHIFT: Empowering Young People	24	£46,736	Dundee City
Oasis Events Team	Peer Education & Leadership Project	11	£49,960	Dumfries and Galloway

Project description	n	Project Outcome	Scottish Parliament Constituency Name
women from black minor gain confidence and self-	pportunities to isolated and marginalized young ity ethnic communities aged between 12 and 25, to esteem by building their trust, developing their life skills, ng them to become active citizens and change makers.	Enterprising - Young people are better prepared for getting a job or starting a business  Healthy - Children and young people have better physical, mental and emotional health	Edinburgh Northern and Leith
Apprenticeship and Youn sensory disabilities throug	42 young people from both the Young Leaders (YL) g Persons' Sport Panel with physical, learning and ghout Scotland to develop their confidence and skill nunication, interpersonal skills, problem solving, n.	Healthy - Children and young people have better physical, mental and emotional health  Enterprising - Young people are better prepared for getting a job or starting a business	Edinburgh Western
with severe speech, langu	a weekly youth club in Dundee for 11 to 18 year olds lage and communication needs. Sessions will include nd floor games, art, music, craft and sports.	Confident - Children and young people have more confidence and skills	Dundee City East
for young people for a fur	existing café and creative-based training programmes ther two years, benefiting up to 260 young people. This ops, classes and other opportunities for young people.	Confident - Children and young people have more confidence and skills	Edinburgh Northern and Leith
teach young adults between bicycles, as well as giving	heir community bicycle building project. The project will een the age of 13 and 21 how to strip, build and restore them the opportunity to take charge of their own ey will build, advertise and then sell a bike.	Confident - Children and young people have more confidence and skills	Renfrewshire North and West
and creative skills whilst e	roject where young people can explore dance, digital engaging in physical theatre, film, photography and ect is based in Dundee, Angus and Aberdeenshire and ople.	Healthy - Children and young people have better physical, mental and emotional health  Connected - Younger and older generations are better connected and have more understanding and respect for each other	Dundee City East
festival in Dumfries and (	rama production called The Toon at the Youth Beatz Galloway. The performance will be designed and written I look at the issues faced by young people today GBTI, drugs and alcohol.	Confident - Children and young people have more confidence and skills  Enterprising - Young people are better prepared for getting a job or starting a business	Galloway and West Dumfries

Organisation	Project Name	Length of award (months)	Award	Local Authority - project location
Caithness Voluntary Group	Intergenerational Befriending	24	£29,700	Highland
Grantown-on-Spey YMCA	Y-Engage	24	£48,624	Highland
Articulate Cultural Trust	Turn the Page	24	£38,850	East Renfrewshire
Bright Light	Selfie	24	£47,400	City of Edinburgh
Midlothian Young People's Advice Service	Midyouth LGBTQ Project	24	£49,932	Midlothian
Discover Dunblane Ltd	Skills 4 Life	24	£39,600	Stirling
ban Addictions Support and Information Service	'Gain & Sustain' Programme	24	£50,000	Argyll and Bute

Project description	Project Outcome	Scottish Parliament Constituency Name
This group will continue their project which provides a befriending service where young people will visit two hospitals and four care homes. Young people attending the current befriending groups will take part in activities such as playing games, teaching the use of iPads and a knitting circle.	Confident - Children and young people have more confidence and skills	Caithness, Sutherland and Ross
This group will employ additional youth workers and a youth development worker to provide leadership and direction to their youth clubs. This will increase the resource of the clubs and enable young people to contribute to the running of their own activities, which will in turn improve the confidence and employability of the young people involved.	Enterprising - Young people are better prepared for getting a job or startinga business  Confident - Children and young people have more confidence and skills  Connected - Younger and older generations are better connected and have more understanding and respect for each other	Inverness and Nairn
This group will produce a quarterly digital magazine targeted at care experienced young people (CEYP) across Scotland. The 'e-zine' will be arts-based and will feature the talents of young people from all over the country. It will be produced by a young advisory group of CEYP aged 16 to 24.	Confident - Children and young people have more confidence and skills.	Renfrewshire South
This group will employ a Young People's Coach to work with vulnerable young people both individually and in groups to develop a 'tool kit' that will help the young people develop life skills, cope with stress and anxiety, and promote good mental and emotional health.	Confident - Children and young people have more confidence and skills	Edinburgh Central
This group will continue and develop its youth group for lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people aged 12 to 21 from Midlothian. With increasing membership and increased requests for emotional support, the group will use the funding to provide a service dynamic enough to meet this demand.	Confident - Children and young people have more confidence and skills	Midlothian North and Musselburgh
This group will establish a 'Skills 4 Life' programme, which will be an employability service aimed at 16 year olds intending to leave school without moving on to higher education. They will establish a community base within Dunblane Burgh Halls from which young people will run and benefit from focus groups, workshops and training events.	Enterprising - Young people are better prepared for getting a job or starting a business	Clackmannanshire and Dunblane
This group will run a programme for young people aged between 12 and 25 years of age who have been affected by substance misuse and mental health issues. They will work alongside community education suppliers to ensure that the young people taking part can achieve SQA qualifications by undertaking youth achievement awards.	Children and young people have better physical, mental and emotional health  Younger and older generations are better connected and have more understanding and respect for each other  Young people are better prepared for getting a job or starting a business	Argyll and Bute

Organisation	Project Name	Length of award (months)	Award	Local Authority - project location
D&G Youth Project Team	Dumfries and Galloway's Year of Young People 2018	12	£30,000	Dumfries and Galloway
Ormlie Community Association Ltd	Young Mums Family Support Project	12	£27,325	Highland
Enterprise Childcare	Play & Activity Clubs for Children and Young People with ASD	4	£10,504	Inverclyde
The Citizens Theatre Ltd	Scratched Love: Tackling Abusive Teenage Relationships Through Drama	24	£27,960	Glasgow City
Wiston Lodge	Path of the Little People	23	£49,350	South Lanarkshire
Samba Ya Bamba	SambaYaBamba Youth Street Band	14	£47,330	Glasgow City
Windmills Lanarkshire Ltd	Windmills - Modern Apprenticeship in Hospitality	24	£49,960	North Lanarkshire
The Jeely Piece Club	Play in Govanhill	24	£49,999	Glasgow City
Eastriggs and Gretna Heritage Group	Putting Young People at the Heart of our Museum	24	£44,700	Dumfries and Galloway

Project description	Project Outcome	Scottish Parliament Constituency Name
The project will challenge young people to try new things, learn new skills and meet new people and is running as part of the Scottish Government's 'Year of Young People' 2018 . The group will create an app to be downloaded and the project will challenge 500 young people aged eight to 22 from across Dumfries and Galloway to complete activities throughout the year.	Children and young people have more confidence and skills	Dumfriesshire
This project for local young mums aged between 16 and 25 will help people to develop new skills, identify what they would like to do in the future and build a support network. Sessions will include healthy eating, child development, first aid and knowing your rights. When the mums attend the group, their children will be provided with a crèche.	Confident - Children and young people have more confidence and skills	Caithness, Sutherland and Ross
This project will support up to 30 children and young people aged eight to 16 years of age with autism by providing play and activity clubs for four weeks during the summer holidays and one week in October 2017. The group will run three clubs to meet the different needs of the children and young people they work with.	Healthy - Children and young people have better physical, mental and emotional health	Greenock and Inverclyde
The group will create and develop a theatre project called Scratched Love which will explore the themes of tackling abusive and potentially damaging behaviour within teenage relationships. The group will work with 600 pupils across the city over a two year period.	Healthy - Children and young people have better physical, mental and emotional health	Glasgow Southside
This group will continue and develop their 'Path of the little people' which has been designed and created by young people. Around 1600 young people aged between eight and 24 will be involved in completing the construction of the path, which will include a miniature fairy village and tree-houses, and will help build young peoples' confidence.	Healthy - Children and young people have better physical, mental and emotional health	Clydesdale
This group will develop their existing city wide programme of street music taster sessions and will form a new youth street band. Sessions will be targeted at young people aged 11 and over who have not previously been involved in arts and will culminate in a street band festival featuring youth street band musicians from all over Scotland.	Confident - Children and young people have more confidence and skills	Glasgow Kelvin
This group will provide training and work experience opportunities for young people with moderate to severe learning disabilities through their community cafe. This includes providing a SVQ2 Modern Apprenticeship programme in Hospitality for young people with learning disabilities.	Enterprising - Young people are better prepared for getting a job or starting a business  Confident - Children and young people have more confidence and skills	Motherwell and Wishaw
This group will continue to provide play sessions for children aged five to 13 from a range of nationalities in Govanhill. The organisation currently provides two play sessions per week but will use the funding to increase this to three per week. The children involved will benefit from playing in a safe and secure environment.	Healthy - Children and young people have better physical, mental and emotional health	Glasgow Southside
This project will allow up to 100 young people to use the Devil's Porridge Museum collection to learn about their family history and heritage, and be trained to deliver art and drama activities. Through this they will be able to connect with history and culture by handling exhibits at the museum.	Confident - Children and young people have more confidence and skills  Enterprising - Young people are better prepared for getting a job or starting a business	Dumfriesshire

Organisation	Project Name	Length of award (months)	Award	Local Authority - project location
African Challenge Scotland	Ethnic Minorities Youth Innovation Programme	24	£50,000	Glasgow City
Burnfoot Community Futures	FashionABLE	24	£44,748	Scottish Borders
J-Praise International	BME Music Development Project	24	£48,355	Glasgow City
Anne Frank Trust UK	Scottish Schools and Communities Programme	24	£50,000	Dundee City
Greener Kirkcaldy	Greener Kids	24	£47,515	Fife
Passion4Fusion	Strengthening Passion 4 Excellence	12	£45,225	City of Edinburgh
Team United (SCIO)	Class A Team	24	£27,940	West Lothian
Ayr United Football Academy Ltd	Kick on to Work	24	£49,010	South Ayrshire
Action for Children	Empowering & including young women from migrant and ethnic minorities	24	£49,936	City of Edinburgh

Project description	Project Outcome	Scottish Parliament Constituency Name
This group will continue a programme of learning workshop activities and work placements for young people aged 12 to 25 from the African community within north Glasgow. The young people involved will be mentored, receive training, attend parliamentary visits and carry out work placements.	Enterprising - Young people are better prepared for getting a job or starting a business	Glasgow Maryhill and Springburn
This group will run an employability project based on fashion and textile technology, culminating in a community showcase event of designs produced. The course will be aimed at young parents and young people from the Hawick area who have been unable to sustain engagement in school or college, and will help to improve their skills, confidence and self-belief.	Confident - Children and young people have more confidence and skills	Ettrick, Roxburgh and Berwickshire
This group will continue providing music classes for young people from BME communities (including refugees and asylum seekers) who reside mainly in deprived areas of Glasgow. This includes organising celebratory events to showcase what the young people have learnt to the wider community.	Healthy - Children and young people have better physical, mental and emotional health	Glasgow Southside
The group will deliver a schools and communities programme in 19 schools in Glasgow and Dundee reaching a total of 8,700 pupils in both cities. Using a mixture of workshops, exhibitions and training, the programme will help to spread the message of respect for others from different backgrounds and is designed to reduce prejudice and discrimination.	Confident - Children and young people have more confidence and skills	Dundee City West
This group will provide an after-school club and outdoor holiday club for children aged eight to 12 from the Hayfield and Templehall neighbourhoods in Kirkcaldy. Activities will include den-building, pond dipping, art with natural materials, growing food, indoor campfire cooking, games and stories.	Confident - Children and young people have more confidence and skills	Kirkcaldy
This group will continue to build on the success of its football, basketball, running and arts programme that creates opportunities targeting ethnic minority young people from deprived areas of Edinburgh and the Lothians aged between eight and 18 years. The project will increase the number of hours from two to four a week in three locations where young people can engage in sport and arts to develop communication and teamwork skills.	Healthy - Children and young people have better physical, mental and emotional health	Edinburgh Western
This group will work with young people in East and West Lothian with Autism Spectrum Disorders to allow them to participate in team sports. Up to 72 young people aged ten to 16 will take party in weekly sessions with coaches and support staff, focusing on dance, football and outdoor pursuits.	Healthy - Children and young people have better physical, mental and emotional health	Linlithgow
This group will provide young people aged 16 to 24 with volunteering and training opportunities. Activities will include improving employability skills such as cover letter and CV creation, mock interviews and career planning, as well as working towards a Scottish FA Coaching Qualification.	Confident - Children and young people have more confidence and skills	Ayr
This group will continue its existing 'Empowering and including young women from migrant and ethnic minorities' project. Working with 50 young women from across Edinburgh, activities will explore cultural heritage and identity, including recording oral histories from extended family members to be shared with others.	Confident - Children and young people have more confidence and skills  Healthy - Children and young people have better physical, mental and emotional health	Edinburgh Northern and Leith

Organisation	Project Name	Length of award (months)	Award	Local Authority - project location
Dean and Cauvin Trust	Next Generation	24	£46,911	City of Edinburgh
eneration Arts Association	A Fizzy Vintage	8	£11,298	West Lothian
unteer Centre Dundee	Flashback	24	£46,209	Dundee City
hil Youths Community provement CIC	OYCI Friday Night Drama	24	£44,964	Clackmannanshire
daction	Recovery Pursuits	12	£49,349	South Lanarkshire
U	Student Mental Health Programme	24	£26,040	East Lothian
khead Citizens' Advice Bureau	CASH - Citizens Advice Spells Help	12	£24,424	Glasgow City
ethilhill Community Children's tiative Ltd	MCCI Young People	24	£40,508	Fife

Project description	Project Outcome	Scottish Parliament Constituency Name
This group will continue its work with young parents who have experience of being in care, focussing on positive parenting, providing one to one and group sessions for expectant parents, as well as support for young people who already have children.	Healthy - Children and young people have better physical, mental and emotional health	Edinburgh Western
This organisation will bring together two dance groups in Livingston to work on an intergenerational dance project. Fizzy, a group of 12 dancers from ages 12 to 17, will join forces with Vintage, a group of ten dancers aged 60 to 77, to rehearse a routine which will culminate in a performance at the Luminate arts festival.	Connected - Younger and older generations are better connected and have more understanding and respect for each other	Almond Valley
This group will offer the opportunity for up to 30 young people aged 16 to 25 to volunteer in care homes in Dundee. This intergenerational project will allow the young people to develop employability skills and build confidence, whilst providing the care home residents with an opportunity to connect to their local community.	Confident - Children and young people have more confidence and skills  Enterprising - Young people are better prepared for getting a job or starting a business	Dundee City West
This group will establish a young person led Friday night drama club for people aged 11 to 18 in Hillfoots, Clackmannanshire. The club will use professional drama artists from the Macroberts Arts Centre to introduce young people to drama, and then over the course of the project develop their confidence and abilities. It will culminate in an annual performance.	Confident - Children and young people have more confidence and skills	Clackmannanshire and Dunblane
This group will help young people in South Lanarkshire to plan and develop a range of activities to support their recovery from drug and alcohol problems. This could include involvement in sports clubs, outdoor pursuits, work experience, IT classes or theatre trips.	Healthy - Children and young people have better physical, mental and emotional health	Hamilton, Larkhall and Stonehouse
This university will use Scottish Mental Health First Aid Instructor Training (SMHFA) to increase awareness of mental health issues and provide simple steps to deliver help when it is needed. Training students in MHFA will create a network within the university community with the skills to spot signs of mental health amongst the students.	Confident - Children and young people have more confidence and skills	Midlothian North and Musselburgh
This group will train and support a team of young volunteers who will provide information and support on key issues (such as benefits, housing and debt) and basic life skills (including how to avoid debt and manage a tenancy) to their peers. The young people involved will benefit by gaining transferable skills, including team working, IT, communication and researching, as well as workplace experience, which in turn will enhance their employability.	Confident - Children and young people have more confidence and skills	Glasgow Shettleston
This group will continue to deliver a range of recreational and educational activities for young people aged ten to 18 in Methilhill and the surrounding area. This will include running a local press publication, outdoor skills and activities, skills building courses and a volunteer programme. The young people involved will benefit by leading healthier lives and boosting their mental health.	Healthy - Children and young people have better physical, mental and emotional health	Kirkcaldy

Organisation	Project Name	Length of award (months)	Award	Local Authority - project location
Pilton Youth & Children's Project	FACE NORTH (Focusing on Alternatives to Crime Edinburgh North)	24	£49,908	City of Edinburgh
Glasgow Connected Arts Network CIC	GCAN Youth Arts	24	£49,830	Glasgow City











#### **Project description**

#### **Project Outcome**

#### Scottish **Parliament Constituency Name**

This organisation will support a previously identified group of young people aged 14 to 18 who have been involved in a crime, anti-social behaviour or are at risk of social exclusion and alienation. The young people will be engaged through regular recreational activities and offered accredited training, as well as one-toone support to divert them from anti-social behaviour.

Confident - Children and young people have more confidence and skills

Edinburgh Northern and

Healthy - Children and young people have better physical, mental and emotional health

This group will continue the work of its established Youth Committee, promoting Confident - Children and young people have more confidence and skills

Glasgow Kelvin

signpost more young people to free art opportunities in Glasgow to gain skills, showcase their work and be inspired by other young artists.

and broadening access to high quality arts provision to a greater number of

young people across Glasgow. The members of the Youth Committee will

#### Citizens Theatre Young Co - Scratched Love



Out of the Blue Arts and Education Trust - Youth Creative Training Initiative







Samba Ya Bamba - Youth Street Band





NE Sensory Services - Young People's Sensory Service







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