



**Time to Talk**  
**BEFRIENDING**

**COVID 19**

**Door Step 'Pop Rounds'**

Honouring • Connecting • Engaging

## Door Step 'Pop Rounds'

Although the Government has started to relax some of the lockdown restrictions, as a charity we are keen to still maintain a level of safety in relation to the continued threat of COVID19. Face to face visiting and group events are therefore still on hold. But we have trialled something we are calling 'door step pop rounds' for those who are able to take part in a safe way and/or would like to take part (this is very much optional).

We have therefore produced the following guidance which we hope will be helpful as some of you have already asked whether you can meet together during the summer months (from a distance). There are however very specific safety protocols to follow so please do take careful notice of our guidance and suggestions.



## Things to be mindful of:

Not everyone will feel comfortable taking part in 'door step pop rounds' even if it is from a distance. So please be respectful if the other person's views differ from your own.

Not everyone (especially volunteers who are juggling a busy work/childcare/life workload) will be able to commit to undertaking 'door step pop rounds' in addition to telephone befriending.

Allow time to have a think about whether this is a mutually agreeable option for your befriending match (rather than being put under pressure to make a decision on the spot about 'popping round').

Travelling to and from the scheme members house might not be possible for volunteers if they are not local/close by.

This kind of connection might not be suitable for everyone. For example; if a scheme member does not have their own front door step, if you cannot maintain the minimum 2m requirement distance (from our scheme member and the general public) due to the location of the door step, or if a garden cannot be accessed without having to go inside the scheme member's home/building.

**If you cannot visit face to face from a safe distance and in line with our guidelines listed below, please remember that telephone befriending is hugely rewarding so please do continue with this positive connectivity.**



## The important things we ask you to adhere to:

Volunteers must only visit scheme members on their doorstep or in their garden if both parties feel comfortable doing so.

We do not recommend meeting up in a public place or communal areas.

**You must stay at least 2m distance apart. This must be upheld at all times (this is of extreme importance).**

Garden catch ups are fine as long as the volunteer does not have to enter the scheme member's home to access the garden. The garden must have its own entrance for this to work.

If pop rounds to the garden take place please bring your own chair to sit on and use hand sanitiser or gloves if you touch any doors/gates to gain access.

Please ask the scheme member you are matched with if they would like you to wear a mask when you 'pop round'.

Do not touch or make physical contact with each other.

Do not use the scheme member's toilet or facilities. Entering the home is not permitted at all times.

Please do not share food or drink. If volunteers would like a refreshment we ask that you bring your own.

**Door step pop rounds can only be undertaken if volunteers and scheme members display no symptoms of COVID19 or have not been in contact with anyone who has had or displays symptoms of COVID19. Please do not 'pop round' if you are feeling unwell.**

The decision to undertake a 'door step pop round' is a collective decision made by the volunteer and scheme member. This needs to be mutually agreeable and is undertaken at your own risk.

## THE POSITIVES:

Seeing a friendly familiar face brightens up the day!

Connecting face to face can be hugely beneficial even from a distance.

This doesn't replace telephone befriending. The regular calls will remain but this could be an additional extra.

We hope that this guidance is helpful. Please do remember that this option is not possible for everyone and it must be mutually agreeable between the volunteer and scheme member.

If you would like to ask further questions regarding this arrangement or if you have any queries or concerns, please don't hesitate to contact the team on 01273 737710 or email [info@tttb.org.uk](mailto:info@tttb.org.uk) and we will be happy to help.



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