PIP’s guide to COVID-19 for early years children
HELLO!

My name is PIP

You may have seen me before out and about in town. I like to help children and their families

Can you say 'Hi' to me?
This is a Virus, like the ones that cause the flu or a cold which sometimes make you feel poorly.

This one's name is Coronavirus, or COVID-19, shall we just call it COVID?
Have you heard about COVID?

COVID loves to travel and to jump from hand to hand.

Hi-five!

Have you heard about COVID?
How do you feel when you hear COVID's name?

- Relaxed
- Curious
- Nervous
- Worried
- Sad
- Or something else?
I understand that

Draw a picture or pull a face to show me how you feel.

That's funny. I would feel the same way...
Sometimes adults get worried when they read the news or see COVID on TV.

But I am going to explain COVID so you can understand.

There it is again!
When COVID comes to visit, it sometimes brings...

Fever

Cough

Difficulty breathing

And sometimes it visits but people don't even know!

COVID is a bit of a trickster...
COVID doesn't stay with people for long, and almost everyone gets better.

Don't you worry!

Bye bye!
The grown-ups who take care of you will keep you safe.
And you can help too!

By washing your hands with soap and water while singing a song, or by counting 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, if you can, twice.

You can sing your favourite song, the happy birthday song, or the alphabet song.

If you do that COVID will be less likely to come to visit!

Why not practice it now?

Pretend to wash your hands!
The grown-ups who look after you may keep you at home a bit more.
And you might not be able to go to nursery or playgroup, or even school.
You might not see your friends for a while.
This is so COVID can’t jump from person to person, making lots of people poorly.
But don't be sad, you can have lots of fun at home!

Reading stories

Playing games

Singing songs

Making things

And keep talking about how you feel.
And while you are doing all that
Clever doctors and scientists will be hard at work finding a vaccine
A special medicine that will allow COVID to say 'Hi!' but without getting you sick

Well done doctors!
Bye Bye for now
PIP will see you very soon!
Based on an original idea by Maneula Molina
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