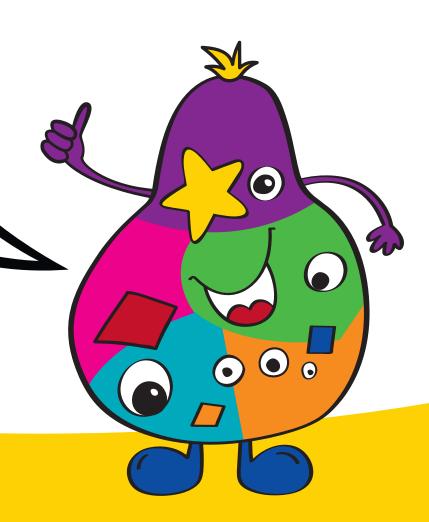


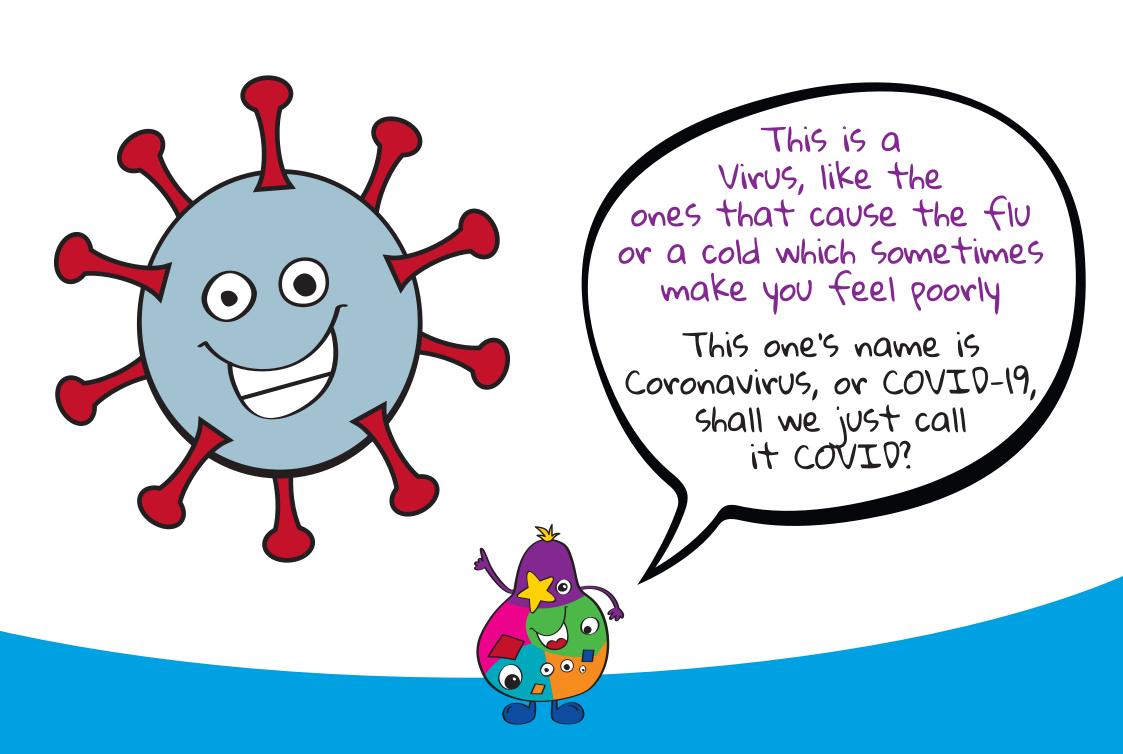
HELLO!

My name is PIP

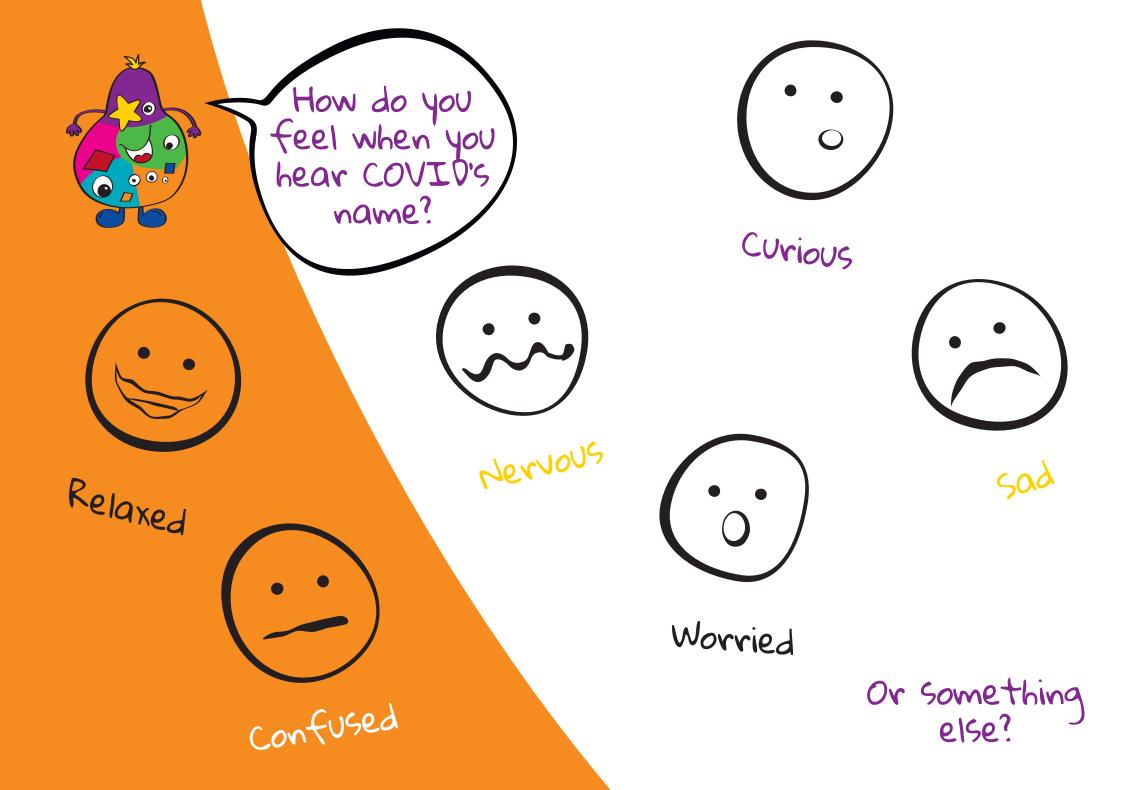
You may have seen me before out and about in town. I like to help children and their families

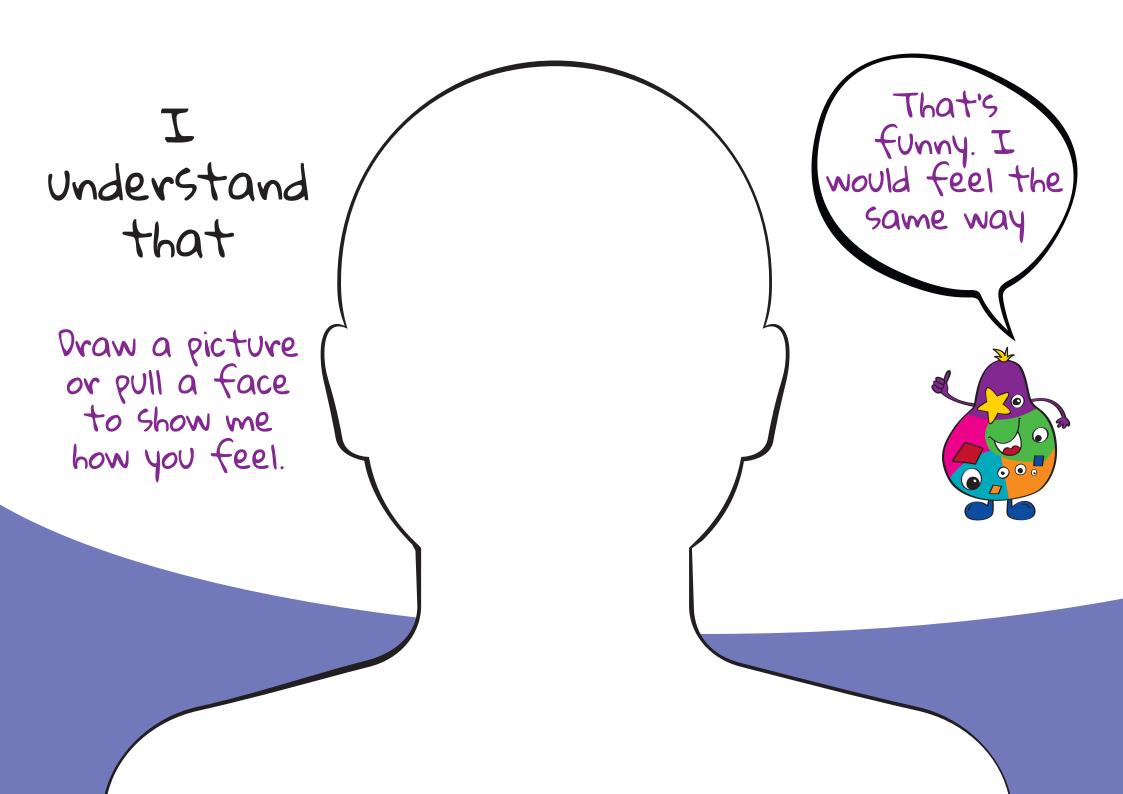
Can you say 'Hi'
to me?

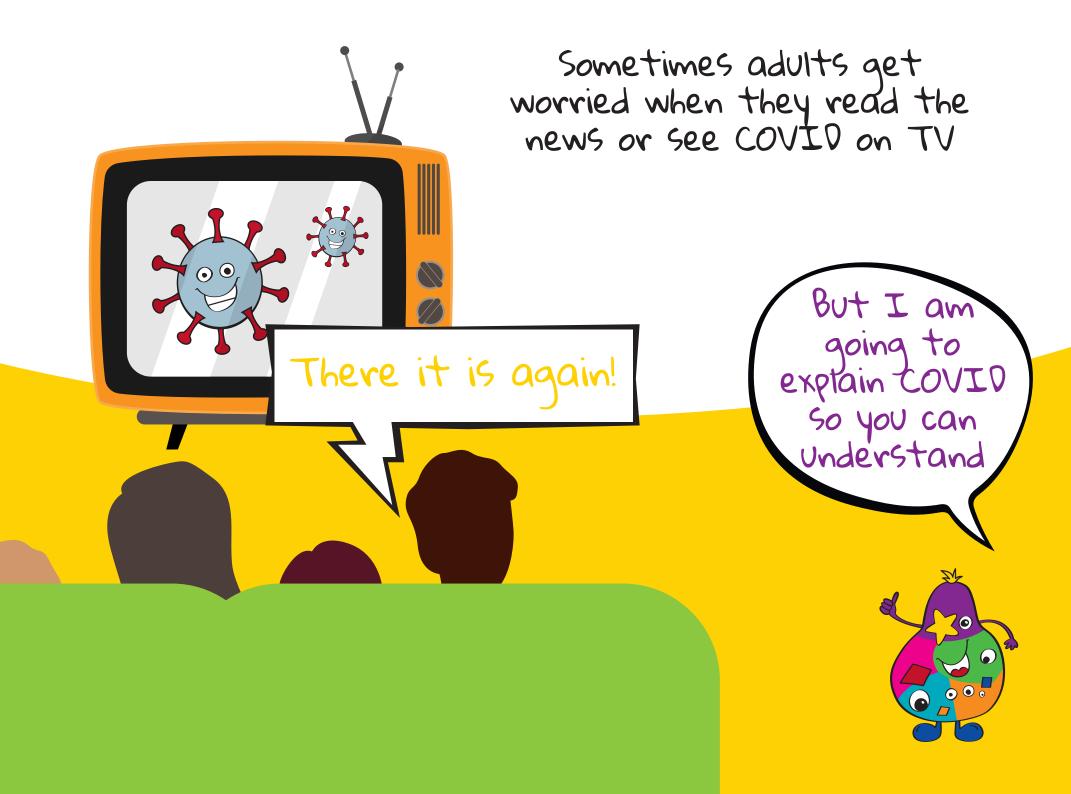




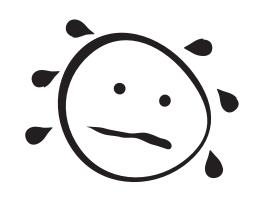








When COVID comes to visit, it sometimes brings...



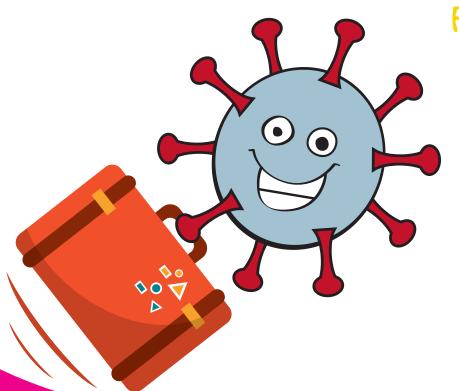




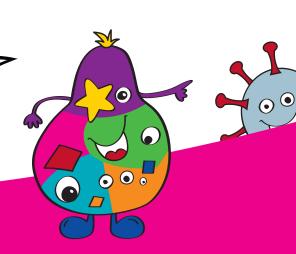
Fever





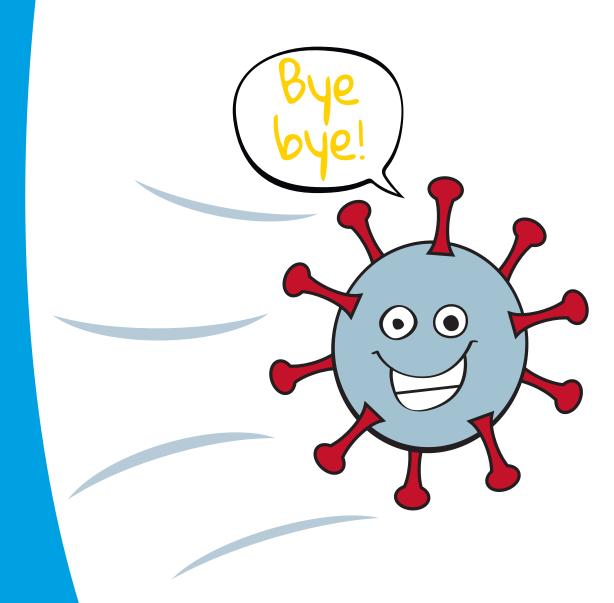








COVID doesn't stay with people for long, and almost everyone gets better





And you can help too!

By washing your hands with soap and water while singing a song

You can sing your favourite song,

the happy birthday song,

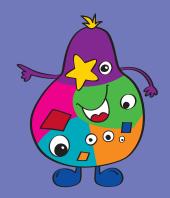
alphabet song,

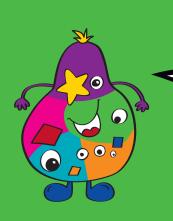
why not practice it now?

Pretend to wash your hands!

1, 2, 3, 4, 5, 6, 7, 8, 9, 10, if you can, twice.

If you do that COVID will be less likely to come to visit!





But while COVID is Still about

The grown-ups who look after you may keep you at home a bit more

And you might not be able to go to nursery or playgroup, or even school

You might not see your friends for a while

This is so COVID can't jump from person to person, making lots of people poorly







And keep talking about how you feel.



Clever doctors and scientists will be will be hard at work finding a vaccine

A special medicine that will allow COVID to say 'Hi!' but without getting you sick

Well done doctors!





Credits





Working in Partnership:



















Based on an original idea by Maneula Molina

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www.mindheart.co

www.abetterstartsouthend.co.uk







