

National Lottery funded grants £846 593

Local Authority	Organisation	Summary of what the grant will be used for:
Blaenau Gwent	Mens' Den	Mens' Den in Blaenau Gwent will create a peer support network, and offer weekly activities, an allotment project, and social events for older men living in their local community. £5,412 will fund event associated costs, volunteer expenses, and insurance.
Cardiff	Cardiff Bangladeshi Society	Cardiff Bangladeshi Society will provide a homework club for primary and secondary school children who face multiple barriers to academic inclusion. £10,000 will fund tutor, sport activities, and room hire.
Cardiff	Cardiff Pottery Workshops Foundation CIC	Cardiff Pottery Workshops Foundation CIC will offer therapeutic pottery classes for people experiencing mental ill health, which will help them learn new skills, improve self-esteem and socialise with others experiencing similar issues. £10,000 will fund workshop costs, clay and firing, and advertising.
Cardiff	Cardiff Transition	Cardiff Transition will create a network of organisations and individuals with an interest in sustainability and community action, and help them share ideas and opportunities. £10,000 will fund staff, events and materials, IT equipment, insurance, and marketing.
Cardiff	Community Care And Wellbeing Service (CCAWS)	Community Care And Wellbeing Service (CCAWS) in Cardiff will provide counselling sessions and specialist help for 20 people from BAME communities with mental health issues. £6,170 will fund counselling sessions, supervision costs, development costs, continual personal development training, admin support, leaflets, client resources, and an awareness raising event.
Cardiff	Creative Village Cardiff CIC	Creative Village Cardiff CIC will develop a support network for young entrepreneurs and small business owners, and a co-working space located in the centre of Cardiff. £9,332 will fund refurbishment works, furniture, fixtures and fittings, equipment, and marketing.

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Cardiff	Fresh Ideals CIC	Fresh Ideals CIC in Cardiff will pilot alternative therapy sessions as an intervention to minimise and address people's mental ill health. £9,688 will fund training costs, sessional worker costs, volunteer expenses, and childcare.
Cardiff	Llamau Limited	Llamau Limited in Cardiff will purchase a pool vehicle to help ensure the safety of women and families fleeing domestic abuse in South Wales. £10,000 will buy a 7-seater vehicle.
Cardiff	No Name Amateur Dramatics Association	No Name Amateur Dramatics Association in Cardiff will use the grant to provide the homeless with an opportunity to attend amateur dramatic workshops, to help build confidence and make friendships. £8,100 will fund stationery, storage, technology, make-up, costumes, microphones, and lighting.
Cardiff	Sikh Council of Wales	The Sikh Council of Wales in Wales will organise visits and workshops at significant places of worship to promote tolerance, respect and understanding of all religions. £10,000 will fund venue, staff and volunteers, transport and travel, IT equipment, utilities, launch event.
Cardiff	South Riverside Community Development Centre Ltd	South Riverside Community Development Centre in Cardiff will establish a social and educational group for BAME women with young children. £2,860 will fund crèche services, heating and lighting, and activity costs.
Cardiff	Stafell Fyw Caerdydd / Living Room Cardiff	Stafell Fyw Caerdydd / Living Room Cardiff will setup a telephone recovery project for service users struggling with addiction, which will provide peer support and help clients address issues before they experience full relapses. £10,000 will fund a telephone

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		recovery worker, data gathering and evaluation,, management and utilities.
Cardiff	Steps4 Change Ltd	Steps4 Change Ltd in Cardiff will provide careers advice and mentoring for black, Asian and minority ethnic young people from low income families. £10,000 will fund admin and publicity, staff and volunteer expenses, room hire and activity costs, travel, refreshments, and insurance
Cardiff	The British Youth Council	The British Youth Council will bring together youth representatives from the four UK nations to develop skills, knowledge and expertise, to identify issues affecting young people and to build relationships between youth council members UK-wide. This project will allow up to 70 young people from Wales to take part in the programme. £10,000 will fund event delivery, travel, staffing costs, and accommodation.
Cardiff	Vision 21 (Cyfle Cymru)	Vision 21 (Cyfle Cymru) in Cardiff will provide school holiday clubs for young people with learning disabilities aged 14 -18. £9,858 will fund co-ordinator and support staff costs, room hire, freelance tutors, volunteer expenses, art materials, and translation.
Cardiff (project is based in Swansea)	Welsh National Opera	Welsh National Opera will deliver an intergenerational singing project in Swansea, with older people experiencing dementia and children from local schools. £8,500 will fund choir leader, pianist, writer and composer costs, and school workshop.
Cardiff	Women Connect First	Women Connect First in Cardiff will support women aged 50 plus from BAME communities to learn new skills and overcome socio-cultural barriers that cause isolation and loneliness. £10,000 will fund basic life skills and English classes, a digital inclusion course, trips, volunteer expenses, and office administration costs.
Carmarthenshire	Capel Hendre O.A.P. Club	Capel Hendre O.A.P. Club in Carmarthenshire will use the grant to

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		purchase equipment to hold exercise classes for the local community, and tools that will enable them to overcome issues that their members face. £4,400 will fund chairs, transport, office equipment, guest speaker fees, and mats.
Carmarthenshire	Chooselife Cymru	With a grant of £99,001, the project will support those suffering from substance misuse, ex-offenders, the homeless and those experiencing adverse childhood experiences to access Universal Credit, addressing barriers such as a lack of basic understanding, literacy and numeracy skills, communication and IT. Service users will benefit from advice, support and information to increase confidence and skills, leading to reduced feelings of isolation, poverty and homelessness and an improvement in their health and psychological wellbeing.
Carmarthenshire	Friends of Rhydygors	Friends of Rhydygors in Carmarthenshire will use the grant to provide 1:1 mentoring sessions for young people who have left care, which will offer them support, reduce anxiety and help build their confidence. £9,800 will fund sessional worker costs, digital tablets, insurance, transport costs, and venue hire.
Carmarthenshire	Glynhir Golf Club	Glynhir Golf Club in Ammanford will improve the physical and mental wellbeing of individuals, by creating a space for the whole community to use. £10,000 will fund tables and chairs, air conditioning system, blinds, and solar control film.
Carmarthenshire	Women's Group Only	Women's Group Only in Llanelli will provide social and educational activities for women from BAME backgrounds. £8,500 will fund workshop costs, physical activity session costs, a breakfast club, three trips, and a healthy living event.

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Ceredigion	Ffrindiau Ffostrasol	Ffrindiau Ffostrasol in Ceredigion will use the grant to hold a festival in their village hall, bringing two generations closer together through singing and acting. £4,315 will fund an artist, hire of equipment, venue and costume, marketing, and transport.
Ceredigion	Llanfair Clydogau Village Hall	Llanfair Clydogau Village Hall in Ceredigion will refurbish their community building, for use by groups from all sections of their rural community. £9,949 will fund car park improvements, floor repairs, a new front door, electrical work, and a new boiler.
Denbighshire	Myaware North Wales	Myaware North Wales in Rhyl will support people living with the muscle condition myasthenia, and their families. £9,975 will fund counselling courses, benefits advice, outreach support groups, transport, clinical packs, and events.
Denbighshire	Ysgol Bryn Collen Llangollen	Ysgol Bryn Collen Llangollen will deliver a digital community project deepening the children's engagement and appreciation of their local heritage, environment and community, while building and maintaining relationships with the local community. £8,480 will fund IT and filming equipment a professional artist, transport, and catering for showcase event.
Flintshire	Same But Different CIC	Same but Different CIC in Flintshire will create a unique and innovative exhibition, to highlight the incredible journeys families go on when their child is diagnosed with a terminal disease. £9,800 will fund photography and processing costs, video and production costs, brochures, printing, and design costs.
Flintshire (and Wrexham)	1125 CIC	The project will spend £97,530 to provide disadvantaged and vulnerable young people aged 11-25 years old in Flintshire and Wrexham with a weekly programme of engagement activities that will enable them to develop their skills to help raise self-confidence, improve aspirations, increase

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		social skills and offer an opportunity to use their life experiences to help others via mentoring.
Isle of Anglesey	Cyngor Tref Amlwch Town Council	With a grant of £100,000, the project will provide play equipment on two sites in Amlwch, Anglesey. Town Park, Lon Goch will have equipment suitable for ages 8-18 and Port Park will have equipment for children up to 8 years.
Isle of Anglesey	Ysgol Gynradd Llandegfan	Ysgol Gynradd Llandegfan on Anglesey will provide outdoor activities outside school hours for English and Welsh speaking, young children in the community. This will combat isolation and provide a relaxed atmosphere to practice the Welsh language. £10,000 will fund a sand box, rope and pulley mover, playhouse, blocks, water wall and damming station.
Neath Port Talbot	Rhos Primary School	Rhos Primary School in Neath Port Talbot will install open access play equipment to increase health and wellbeing. They will also establish a garden which the pupils of the school and the people of the local community will maintain together. £8,500 will fund playground markings, railing paint, a fence, play equipment, and plants.
Neath Port Talbot	Tawe Guild of Weavers, Spinners and Dyers	Tawe Guild of Weavers, Spinners and Dyers in Neath Port Talbot and Swansea will use the grant to bring the valleys community together for craft workshops. £8,760 will fund workshop tutors, venue hire, educational resources, computer and textile equipment, beginners' looms, and publicity.
Newport	Cruse Bereavement Care Gwent	Cruse Bereavement Care Gwent will assist bereaved people by training volunteer counsellors to offer one-to-one, telephone, and group support across five local authority areas. £9,460 will fund trainer fees and materials, venue, support groups costs, publicity, volunteers, and IT.

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Newport	Duffryn Community Link	Duffryn Community Link in Newport will use the grant to expand the work of their community café by creating volunteer training opportunities and encouraging people to network and form relationships. £9,832 will fund staff and volunteers, certification support, marketing costs, and refreshments for monthly Big Lunches.
Pembrokeshire	Yr Hen Ysgol Dinas	Yr Hen Ysgol Dinas in Pembrokeshire will use their building, allowing for the implementation of a drop-in centre and gardening wellbeing club. £8,817 will fund upgraded kitchen and garden equipment, tableware and furniture,
Powys	Cylch Meithrin Corris	Cylch Meithrin Corris in Machynlleth will host an intergenerational project to build relationships across age groups, to share local history, and create new connections between residents of the village. £5,450 will fund workshop and event resources, printing, venue hire, workshop tutor costs, project management and evaluation costs, marketing, translation, and a photographer.
Powys	Friends of Penmaes	Friends of Penmaes in Brecon will engage children with complex learning needs in extra-curricular dance, fitness, and exercise activities. £8,695 will fund specialist physical equipment, music and movement kit, and session costs and resources.
Powys	Mid and North Wales Training Group Ltd	Mid and North Wales Training Group Ltd in Powys will carry out improvement works to their building, to allow them to better meet the needs of their rural community. £9,696 will fund fire alarm installation costs, and double-glazed windows and doors.
Powys	Wales Federation of Young Farmers Clubs	Wales Federation of Young Farmers Clubs in Powys will create a bilingual podcast, which will enable members to learn new digital skills while also strengthening the group's relationship with the wider community. £10,000 will fund equipment, marketing, training costs, and staff support.

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Rhondda Cynon Taf	Llwydcoed Primary School	Llwydcoed Primary School in Aberdare will build a conservatory extension on their hall, enabling wider usage by the local community. £10,000 will fund an all-weather conservatory.
Swansea	Chinese In Wales Association	Chinese in Wales Association in Swansea will work with the parents and families of children with Autism providing advocacy and translation support. This project will also raise awareness of autism and related conditions within the Chinese community. £10,000 will fund multilingual autism specialist and transport costs.
Swansea	Cwmtwrch RFC	Cwmtwrch RFC in Swansea will improve their community hub, making it more sustainable and allowing for wider usage by local people. £10,000 will fund a solar thermal hot water system.
Swansea	Families & Friends of Prisoners Group	Families and Friends of Prisoners in Swansea will establish a meet and greet centre, where loved ones of prisoners can seek advice about the education, health, welfare and housing systems. £6,000 will fund a volunteer co-ordinator and volunteer expenses.
Swansea	Ospreys in the Community	With a grant of £98,900 Ospreys in the Community will employ staff and volunteers to deliver their TACKLE project to various schools across Swansea, Neath Port Talbot and Bridgend. The project is aimed to benefit young people aged 12 - 16 who have been identified by schools as NEET or at risk of becoming NEET. Each person will participate in a 2-year programme that will use rugby as a tool to improve confidence, interpersonal skills, self-esteem, life skills and educational/employment opportunities.
The Vale of Glamorgan	Glamorgan Voluntary Services	With a grant of £99,821, the organisation will deliver a mental health volunteering project across the western part of the Vale of Glamorgan. With a focus on peer support and meaningful interaction the project will

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		introduce people into volunteering and provide them with the support needed to succeed and improve their physical and mental health.
Wrexham	Bellevue Playgroup Limited	Bellevue Playgroup Limited in Wrexham will provide an after school club, football, dance classes, a Morris dancing group and breakfast club to encourage and strengthen multicultural relationships in the community. £9,000 will fund staff, hall hire, tutors, group provision, resources and equipment.
Wrexham	Book at Bedtime	Book at Bedtime in Wrexham will use the grant to provide therapeutic books and toys for children living in domestic abuse refuge centres throughout Wales. £1,922 will fund thirty two sets of Monkey Bob, Not Now Bernard and Worry Monsters books and toys, and postage and packaging.