



**INVESTING IN
COMMUNITIES**

**BIG
LOTTERY
FUND**

Becoming a Survivor guidance notes For use in Scotland only

Welcome to Becoming a Survivor

Becoming a Survivor is part of the Life Transitions investment area of Investing in Communities, through which the Big Lottery Fund invests in projects that bring real improvements to communities and the lives of people most in need. In 2012 we invested over **£6.5 million** in 19 projects supporting people affected by domestic abuse. We now have a further **£8 million** available to invest.

The extent of domestic abuse in Scotland

Domestic abuse is 'Any form of physical, non physical or sexual abuse which takes place in the context of a close relationship, committed either in the home or elsewhere'.

During 2011-12 there were 59,847 reported incidents of domestic abuse recorded by the police in Scotland. Over 80 per cent of these were incidents with a female victim and a male perpetrator. Most of the reported incidents of domestic abuse involved co-habitees, partners, spouses, ex-partners or ex-spouses and the overwhelming majority took place in the home. (Scottish Government 2012, Statistical Bulletin Crime and Justice Series: Domestic Abuse Recorded by the Police in Scotland.)

Not all incidents of domestic abuse come to the attention of the police. According to Scottish Women's Aid, one in five women in Scotland will experience domestic abuse at some stage in her life.

Domestic abuse, homelessness and well-being

Domestic abuse is a significant cause of homelessness, particularly for single women and women with children. Many who flee their home to escape abuse identify that they need help with other issues beyond housing. Single women fleeing domestic abuse were also more likely to identify a need for support for drug or alcohol dependency. (Scottish Government 2010, Domestic Abuse, Housing and Homelessness in Scotland)

In addition to physical injuries, victims of domestic abuse are more likely to suffer from emotional and psychological problems and children who witness domestic abuse have an increased risk of experiencing mental health problems, developing alcohol problems and entering abusive relationships themselves.

What are we trying to achieve through this investment?

Domestic abuse has profound immediate and long-term effects and continues to be an endemic problem in Scotland. Becoming a Survivor will support people affected by domestic abuse and survivors of domestic abuse to be in a home of their choice and help them to move on with their lives. While we acknowledge that domestic abuse consists mainly of violence by men against women, we want to provide support to men, women and children who have been affected by it. We want to help people to have a choice about their housing and to provide support to improve their emotional well-being and their sense of self worth.

What types of projects will we fund?

We will fund projects that help people who have experienced domestic abuse be in a home of their choice and provide them with the practical and emotional support necessary to make that choice successful and sustainable.

We want to fund projects that:

- keep people safe and secure in their homes
- help people to sustain an existing or a new tenancy
- provide advice and information
- provide advocacy and representation
- provide emotional support
- provide practical support.

Multi-agency partnership working is essential to provide a comprehensive response to domestic abuse. By working together, agencies and organisations can intervene effectively with the perpetrators of domestic abuse, they can safeguard and support the people affected by it and take steps to prevent it occurring again. Therefore, because we want to make the best possible use of the funding available, **we will only fund projects that adopt a multi-agency approach.**

Projects can include agencies and organisations from across the statutory, voluntary and private sectors working together or they can include several agencies or organisations from one sector working together. There is no single model of multi-agency approach that we are expecting to be replicated because we know that local circumstances differ across Scotland and will play an important part in any project.

We welcome applications that draw on proven examples of multi agency good practice and on knowledge of 'what works' to inform the work of the project they are proposing. Projects may wish to draw on research and evaluation that has produced robust evidence of the effectiveness and the impact of different approaches to tackling the consequences of domestic abuse.

Projects will have a better chance of being funded if they involve people affected by domestic abuse in the design and delivery of services. We would like to see people who will benefit from the projects we fund being consulted at the outset and their views incorporated in the design of the project. Wherever possible, we also want to see people who will benefit from the projects we fund actively participate in those projects. Examples of this might include; membership of advisory groups, steering groups, management committees and trustee boards; providing volunteering opportunities; seeking users' feedback on the support and services provided to help inform future plans and developments.

What changes would we like to see?

We want to fund projects that provide support to people affected by domestic abuse and to survivors of domestic abuse to help them to move on with their lives. We have identified an outcome, or long-term change, that we want to achieve through our Becoming a Survivor investment. Your project must provide this support and must aim to achieve the outcome associated with this investment. The relationship we see between what we want to fund and the outcome is shown in the diagram below.

What we want to fund		The outcome we want to achieve
Supporting people affected by domestic abuse and survivors of domestic abuse		More people who have experienced domestic abuse are in a home of their choice and are more emotionally and practically supported

Who can apply?

BIG can fund a wide range of organisations under Investing in Communities including: voluntary and community organisations, local authorities, community councils, social enterprises, private companies (provided our grants do not contribute to the profits they distribute). We cannot fund individuals or sole traders.

You must also meet our terms and conditions of grant if you are awarded a grant. Unless you are a statutory body your organisation must also be able to meet the following requirements.

- ▶ You must have a written governing document.
- ▶ There must be at least three unrelated people on your organisation's governing body or management committee.
- ▶ You must have a bank or building society account in the name of your group which requires two unrelated signatories to make withdrawals.
- ▶ You must be able to provide your most recent approved annual accounts, signed and dated by your chair, secretary or treasurer, and by your auditor or independent examiner where appropriate.

Considerations:

Learning and evaluation

Learning is central to Investing in Communities. All of our successful grant holders will have to carry out self evaluation of their project. It will help you find out the difference your project makes, learn about what does and does not work and provide valuable information for developing and improving your project. We will continue to offer self evaluation support for grant holders.

Equalities, environment and empowerment

In order to bring about lasting change, equalities, environment and empowerment must be at the heart of the projects we support. We believe that they are connected and that communities and organisations that take them to heart will be stronger and achieve better outcomes in the long-term.

Before you apply we want you to consider equalities, environment and empowerment in the design and delivery of your project. We will ask you about these as part of our stage two assessment, and will work with funded projects to help improve practice in these areas.

We have developed a guide called 'Equality matters' which provides practical help on how to incorporate equality into planning new projects. It explains BIG's equality principles and why it is important to pay attention to these if you are applying to BIG for a grant. You can find 'Equality matters' on our website.

How much can you apply for?

You can apply for grants between £10,000 and £1 million, and we have a total of £8 million available to support people affected by domestic abuse and survivors of domestic abuse. We can fund projects for up to five years and can meet up to 100 per cent of project costs. We cannot guarantee this level of funding, however, as our decisions on individual projects will be influenced by the number and quality of applications we receive.

What can we fund?

We can fund all eligible costs of the project you want us to fund. These can include revenue, capital (up to £50,000) and overheads. When we assess your application we may want to discuss your costs in detail, or include and exclude some items.

Revenue costs, by revenue costs we mean items such as salaries, training, monitoring and evaluation and running costs.

Capital costs, by capital costs we mean the costs of equipment and improving or altering buildings up to a maximum of £50,000. You must own, or hold a lease on any property you plan to alter or improve with this funding. We will only fund capital costs where there is a clear link to the Becoming a Survivor outcome.

Overheads are the costs which are necessary for your organisation to operate, but they do not relate specifically to one project. Typically they include overall management, administration and support and premises costs that relate to the whole organisation.

We can make a reasonable contribution towards the overheads of running your organisation as a whole. We expect our contribution towards the overheads to be calculated on a full cost recovery basis. By full cost we mean all of the costs directly relating to the project plus the project's share of the overheads. In the application form you are required to explain how you have worked this out.

We provide a detailed guide to full cost recovery, along with a spreadsheet to assist you in calculating your overheads, which is available from our website at www.biglotteryfund.org.uk/Scotland or by calling our enquiries line on 0300 123 7110.

Ineligible costs

There are some costs which we can't fund. These include:

- costs or expenditure incurred before you accept our grant offer
- any costs which are solely for the benefit of people living outside Scotland
- any costs which someone else is paying for, whether in cash or in kind

- items that only benefit an individual
- travel outside the UK (unless the activity can be shown to offer good value for money equivalent to that in the UK)
- funds to build up a reserve or surplus
- loan repayments
- contributions to general appeals
- routine repairs and maintenance
- general improvements to public areas unless they are essential to the project
- any costs not related to specific outcomes such as contribution to reserves
- notional costs and costs that will never be incurred
- costs of activities which promote religion or no belief
- costs of activities where it is clear our funding will substitute for public funding currently in place
- costs of political activity for campaigning work where this is the sole reason for the project or where this is of a party political nature.

If you are not sure whether a cost is eligible please contact us.

How to apply

The application process has two stages and the timescales and processes are laid out on page four of this document. To request an application form please email enquiries.scotland@biglotteryfund.org.uk or call us on 0300 123 7110.

Contact us

To discuss your idea or request a stage one application form, please email enquiries.scotland@biglotteryfund.org.uk or call our enquiries line on 0300 123 7110.

Please contact us if you have any specific communication needs 0845 4 10 20 30.

Timescales and process

