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| **MudiadOrganisation** | **Awdurdod Lleol****Local Authority** | **Swm y grant****Grant amount** | **Crynodeb o'r prosiect:** | **Project summary:** |
| Splice Child and Family Project Limited | Bridgend | £9,957 | Bydd Splice Child and Family Project Ltd ym Mhen-y-bont ar Ogwr yn gwario £9,957 i gynnig gweithgareddau sy'n addas i blant a theuluoedd, bedair gwaith yr wythnos am 12 mis. Bydd y grŵp yn cefnogi teuluoedd sydd dan anfantais ariannol sy'n ei chael hi'n anoddach fforddio gweithgareddau'r blynyddoedd cynnar, oherwydd yr argyfwng costau byw. | Splice Child and Family Project Ltd in Bridgend will spend £9,957 offering child and family friendly activity sessions, four times a week for 12 months. The group will support financially disadvantaged families, finding it increasingly difficult to afford early years activities, due to the cost of living crisis. |
| Bridgend Carers Centre | Bridgend | £10,000 | Bydd Bridgend Carers Centre yn defnyddio grant £10,000 i dalu am gostau staffio a chyfleustodau fel y gall y gwasanaeth barhau i gynnig cymorth yn ystod yr argyfwng costau byw presennol. | Bridgend Carers Centre will use a £10,000 grant to cover its staffing and utility costs so that the service can continue to offer support during the current cost of living crisis.  |
| The Community Impact Initiative C.I.C. | Bridgend | £393,932 | Bydd The Community Impact Initiative CIC yn defnyddio ei grant £393,932 i gefnogi amrywiaeth o fenywod o gefndiroedd bregus ac ymylol i ddatblygu sgiliau newydd, gwella eu hiechyd a'u lles, a magu eu hyder trwy ennill cymwysterau achrededig. Bydd hyn yn cael ei gyflawni drwy adfywio eiddo gwag ym Mhen-y-bont ar Ogwr, a fydd wedyn yn cael eu defnyddio fel llety i fenywod bregus a'u teuluoedd. Bydd y grant, dros 3 blynedd, yn talu cyflogau, costau hyfforddi, trafnidiaeth, marchnata a chyfathrebu, ffioedd cyfreithiol, cyfieithu a ffioedd yswiriant. | The Community Impact Initiative CIC will use its £393,932 grant to support a range of women from vulnerable and marginalised backgrounds to develop new skills, improve their health and wellbeing, and build their confidence by gaining accredited qualifications. This will be achieved through the regeneration of empty properties within Bridgend, which will then be used as accommodation for vulnerable women and their families. The grant, over 3 years, will cover salaries, training costs, transport, marketing and communications, legal fees, translation, and insurance fees. |
| Friends of St Johns | Caerphilly | £4,653 | Bydd Friends of St Johns yng Nghaerffili yn darparu rhaglen o deithiau i'w haelodau gyda grant £4,653. Bydd hyn yn lleihau unigrwydd ac yn gwella iechyd meddwl. | Friends of St Johns in Caerphilly will provide a programme of excursions for its members with its grant of £4,653. This will reduce isolation and improve mental health. |
| Rhymney Ladies Flower Guild | Caerphilly | £2,844 | Bydd Rhymney Ladies Flower Guild yng Nghaerffili yn defnyddio £2,844 i ddarparu dosbarthiadau newydd ar gyfer aelodau presennol, tiwtorialau allgymorth i grwpiau lleol ac i drefnu dwy daith. | Rhymney Ladies Flower Guild in Caerphilly will use £2,844 to provide new classes for existing members, outreach tutorials for local groups and to organise two excursions. |
| Autistic Minds Ltd | Caerphilly | £9,994 | Bydd Autistic Minds Ltd, sydd wedi'i leoli yng Nghaerffili a Rhondda Cynon Taf, yn darparu rhaglen sgiliau byw'n annibynnol 12 wythnos gyda'i grant £9,994. Bydd y rhaglen yn rhoi’r sgiliau a'r wybodaeth sydd eu hangen ar bobl i ffynnu yn eu hamgylchedd cartref, yn y gwaith, mewn sefyllfaoedd cymdeithasol ac i ddatblygu rhwydweithiau cymdeithasol cryfach. | Autistic Minds Ltd, based in Caerphilly and Rhondda Cynon Taf, will deliver a 12 week independent living skills programme with its £9,994 grant. The programme will equip people with the skills and knowledge needed to thrive within their home environment, at work, in social situations and to develop stronger social networks. |
| Spina Bifida - Hydrocephalus - Information - Networking - Equality - SHINE | Cardiff | £350,000 | Drwy eu prosiect ‘Ages and Stages', bydd Shine Cymru yn darparu eu cefnogaeth barhaus sy'n benodol o ran oedran i 1,336 o unigolion yng Nghymru y mae Spina Bifida a Hydrocephalus yn effeithio arnynt dros bedair blynedd. Bydd ei grant £350,000 yn ariannu cyflogau er mwyn gallu cynnig cefnogaeth, cyngor a gwybodaeth un wrth un i wella ansawdd eu bywydau.  | Through their ‘Ages and Stages' project, Shine Cymru will provide their age specific sustained support for 1,336 individuals affected by Spina Bifida and Hydrocephalus in Wales over four years. Its £350,000 grant will fund salaries to be able to offer one-to-one support, advice and information to improve the quality of their lives.  |
| Race Equality First Limited | Cardiff | £499,816 | Bydd Race Equality First Limited yn defnyddio ei grant £499,816 i barhau â gwaith y prosiect 'Eiriolaeth Casineb a Gwahaniaethu'. Bydd hyn yn cynnwys eiriolaeth a chynrychiolaeth un-wrth-un, digwyddiadau cymunedol dan arweiniad gwirfoddolwyr, sesiynau addysg ac ymwybyddiaeth, gweithdai amrywiaeth ddiwylliannol, hyfforddiant achrededig i wirfoddolwyr a hyfforddiant ar gyfer sefydliadau cyhoeddus a gwasanaethau sifil.  | Race Equality First Limited will use its £499,816 grant to continue the work of the 'Hate and Discrimination Advocacy' project. This will include one-to-one advocacy support and representation, community events led by volunteers, education and awareness sessions, cultural diversity workshops, accredited volunteer training and training for both public and civil service organisations.  |
| Ardour Academy LTD | Cardiff | £9,900 | Bydd Ardour Academy LTD yng Nghaerdydd yn darparu ioga, dawns a gweithgareddau celf, yn Saesneg a BSL, gyda'i grant £9,900. Y nod yw dod â chymunedau b/Byddar a phobl sy’n clywed ynghyd i wella eu hiechyd a'u lles. | Ardour Academy LTD in Cardiff will provide yoga, dance, and arts activities, delivered in English and BSL, with its £9,900 grant. The aim is to bring together d/Deaf and hearing communities to improve their health and wellbeing.  |
| The FAN Charity | Cardiff | £29,270 | Bydd The Fan Charity yn gallu parhau i ddarparu ei gwasanaethau dros y ddwy flynedd nesaf gyda chymorth grant £29,270. Mae The Fan Charity yn galluogi pobl i gael ymdeimlad mwy o gymuned, integreiddiad a gwell lles.  | The Fan Charity will be able to continue delivering its services over the next two years with the help of a £29,270 grant. The Fan Charity enables people to feel an increased sense of community, integration and improved wellbeing.  |
| Cardiff City FC Community Foundation | Cardiff | £10,000 | Bydd Cardiff City FC Community Foundation yn defnyddio £10,000 i ddarparu cyfleoedd i geiswyr lloches a ffoaduriaid gymryd rhan mewn gweithgareddau sy'n gwella eu hiechyd corfforol a meddyliol, gan fynd i'r afael ag ynysrwydd cymdeithasol, ymarfer Saesneg, a dysgu sgiliau newydd. | **Cardiff City FC Community Foundation** will use £10,000 to provide opportunities for asylum seekers and refugees to take part in activities that improve their physical and mental health, whilst addressing social isolation, practicing English, and learning new skills. Football for All (previously Football Welcomes) |
| Ministry Of life Education C.I.C. | Cardiff | £9,990 | Bydd Ministry of Life Education CIC yng Nghaerdydd yn cynnal sesiynau datblygu artistiaid a lles wythnosol i bobl ifanc rhwng 16 a 25 oed gyda'i grant £9,990. Bydd y grant yn ariannu cyflogau, rhent a gweithgareddau staff i sicrhau bod y prosiect yn cefnogi materion iechyd meddwl a chymdeithasol. | Ministry of Life Education CIC in Cardiff will run weekly artist development and wellbeing sessions for young people between the age of 16 to 25 with its grant of £9,990. The grant will fund staff wages, rent and activities to ensure the project supports mental health and social issues. |
| Fair Trade Wales | Cardiff | £10,000 | Bydd Masnach Deg Cymru yng Nghaerdydd yn trefnu rhaglen ymgysylltu cymunedol blwyddyn o hyd gyda grant £10,000. Bydd hyn yn codi ymwybyddiaeth o Fasnach Deg ledled Cymru ac yn hyrwyddo gweithgareddau lleol. | Fair Trade Wales in Cardiff will organise a year long community engagement programme with £10,000. This will raise awareness of Fair Trade across Wales and promote locally based activities. |
| Gwaelod-y-Garth Womens Inspirational Life Skills | Cardiff | £1,340 | Bydd Gwaelod-y-Garth Women's Inspirational Life Skills yng Nghaerdydd yn defnyddio grant £1,340 i gynnal sesiynau coginio, crefftio a gwnïo wythnosol gyda disgyblion ysgolion cynradd. | Gwaelod-y-Garth Women's Inspirational Life Skills in Cardiff will use a £1,340 grant to hold weekly cooking, crafting, and sewing sessions with primary school pupils. |
| Women's Equality Network Wales | Cardiff | £9,972 | Derbyniodd Rhwydwaith Cydraddoldeb Menywod Cymru £9,972 i ddod â menywod o bob rhan o Gymru ynghyd i gysylltu, symud a hyrwyddo cydraddoldeb mewn bywyd cyhoeddus. Bydd gweithgareddau'r prosiect yn dod i ben gyda digwyddiad ymgysylltu mawr yn y Senedd ac ar-lein. | Women’s Equality Network Wales in Cardiff received £9,972 to bring together women from across Wales to connect, mobilise, and champion equality in public life. The project's activities will culminate in a large scale engagement event at the Senedd and online. |
| Rareminds CIC | Cardiff | £9,647 | Bydd Rareminds CIC yn defnyddio £9,647 i gynnal gweithdai lles ar-lein i bobl yng Nghymru sydd wedi'u heffeithio gan glefydau prin, a chreu cronfa o adnoddau dwyieithog ar eu gwefan sy'n hygyrch i bawb. | Rareminds CIC will use £9,647 to hold online wellbeing workshops for people in Wales affected by rare diseases, and create a bank of bilingual resources on their website which are accessible to all. |
| Elderfit Community Interest Company | Cardiff | £9,200 | Bydd Cwmni Buddiannau Cymunedol Elderfit yng Nghaerdydd yn defnyddio grant £9,200 i gynnig dosbarthiadau ymarfer corff a gweithgareddau cymdeithasol ychwanegol i bobl 60 oed ac yn hŷn. Nod y dosbarthiadau yw lleihau unigrwydd ac ynysrwydd, gan wella iechyd meddwl a chorfforol ar yr un pryd. | Elderfit Community Interest Company in Cardiff will use a £9,200 grant to offer additional exercise classes and social activities for people aged 60 and over. The classes aim to reduce loneliness and isolation, whilst improving mental and physical health. |
| Multiple Sclerosis Society | Cardiff | £10,000 | Bydd y Gymdeithas Sglerosis Ymledol yng Nghaerdydd yn defnyddio £10,000 i ddarparu sesiynau cwnsela i gefnogi iechyd meddwl a lles pobl sy'n byw gydag MS ledled Cymru. | The Multiple Sclerosis Society in Cardiff will use £10,000 to provide counselling sessions to support the mental health and wellbeing of people living with MS across Wales. |
| Family Pathway Limited | Cardiff | £9,960 | Derbyniodd Family Pathway Limited yng Nghaerdydd £9,960 i ddarparu rhaglen wedi'i theilwra o hyfforddiant sgiliau bywyd a hyfforddiant un-wrth-un, ar gyfer pobl ifanc ag anghenion dysgu ychwanegol. | Family Pathway Limited in Cardiff received £9,960 to provide an individually tailored programme of life skills training and one-to-one coaching, for young people with additional learning needs. |
| Exiles Together | Cardiff | £10,000 | Bydd Exiles Together yng Nghasnewydd yn defnyddio £10,000 i gynnal tri digwyddiad gan ddod â Chymuned De Asia ynghyd yn Ne Cymru, i feithrin cydlyniant cymdeithasol a hyrwyddo dealltwriaeth o'u diwylliannau ymhlith y boblogaeth ehangach. | Exiles Together in Newport will use £10,000 to hold three events bringing together the South Asian Community in South Wales, to build social cohesion and promote understanding of their cultures among the wider population. |
| The City of Cardiff Council - Cyngor Dinas Caerdydd | Cardiff | £4,000 | Bydd Cyngor Dinas Caerdydd yn defnyddio £4,000 i ddarparu gweithgareddau cymdeithasol ac addysgol i deuluoedd pobl sy'n dioddef o salwch meddwl. Bydd cyfranogwyr yn gwella eu hyder a'u lles gan leihau gorbryder ac unigrwydd cymdeithasol. | The City of Cardiff Council - Cyngor Dinas Caerdydd will use £4,000 to provide social and educational activities for families of people who are experiencing mental ill health. Participants will improve their confidence and wellbeing whilst reducing anxiety and social isolation. |
| Asylum Justice | Cardiff | £9,975 | Bydd Asylum Justice yng Nghaerdydd yn defnyddio grant £9,975 i gynnig cyfieithu ar y pryd am ddim i dua 180 o gleientiaid, gan alluogi ffoaduriaid a cheiswyr lloches i gyfathrebu yn eu hiaith eu hunain ar faterion cyfreithiol cymhleth a sensitif. | Asylum Justice in Cardiff will use a £9,975 grant to offer free interpretation to approximately 180 clients, enabling refugees and asylum seekers to communicate in their own language on complex and sensitive legal issues. |
| CREW Cymru | Cardiff | £4,960 | Derbyniodd CREW Cymru £9,960 i greu cyfleoedd i wirfoddolwyr sydd â phrofiad bywyd o adferiad iechyd meddwl i gefnogi pobl eraill, sy'n cael mynediad at wasanaethau am y tro cyntaf. Bydd y grant yn ariannu sesiynau cwnsela a Therapi Gwybyddol Ymddygiadol a gweithgareddau lles i wirfoddolwyr. | CREW Cymru in Cardiff received £9,960 to create opportunities for volunteers with lived experience of mental health recovery to support other people, who are accessing services for the first time. The grant will fund counselling and Cognitive Behaviour Therapy sessions and wellbeing activities for volunteers. |
| Grange Pavilion Youth Forum CIC | Cardiff | £10,000 | Bydd Grange Pavilion Youth Forum CIC yng Nghaerdydd yn defnyddio £10,000 i gynnig rhaglen reolaidd o weithgareddau addysgol, ymarferol a chymdeithasol sy'n cefnogi iechyd, lles a dyheadau pobl ifanc. | Grange Pavilion Youth Forum CIC in Cardiff will use £10,000 to offer a regular programme of educational, practical, and social activities that support young people’s health, wellbeing, and aspirations. |
| Cardiff Hongkongers CIC | Cardiff | £10,000 | Derbyniodd Cardiff Hongkongers CIC £10,000 i weithio gyda phobl o Hong Kong sy'n byw yn ne Cymru. Nod y prosiect yw lleihau unigrwydd cymdeithasol, gwella eu lles, a'u helpu i integreiddio i’r gymdeithas ehangach. | Cardiff Hongkongers CIC received £10,000 to work with people from Hong Kong who live in south Wales. The project aims to reduce social isolation, improve their wellbeing, and help them integrate into wider society. |
| The Dusty Shed | Cardiff | £6,940 | Bydd The Dusty Shed yng Nghaerdydd yn defnyddio £6,940 i ddarparu gweithgareddau parhaus i leihau unigrwydd ac ynysrwydd ymhlith pobl hŷn. | The Dusty Shed in Cardiff will use £6,940 to provide ongoing activities to reduce loneliness and isolation among older people. |
| Blind in Business Trust | Cardiff | £9,980 | Bydd Blind in Business Trust yn defnyddio grant £9,980 i gynnig cyfleoedd lleoliad gwaith dan oruchwyliaeth i bobl ifanc ddall a phobl ifanc â nam ar eu golwg rhwng 13 ac 16 oed yng Nghaerdydd. | Blind in Business Trust will use a £9,980 grant to offer supervised work placement opportunities for blind and visually impaired young people aged 13 to 16 in Cardiff. |
| Wear it Share it | Cardiff | £5,730 | Bydd Wear It Share It yng Nghaerdydd yn defnyddio £5,730 i ehangu ei ddillad i blant, er mwyn cefnogi teuluoedd sy'n ei chael hi'n anodd yn ariannol oherwydd yr argyfwng costau byw. | Wear It Share It in Cardiff will use £5,730 to expand its children’s clothing exchange, to support families who are struggling financially due to the cost of living crisis. |
| South Cefncaeau Family Centre (Ty Enfys) | Carmarthenshire | £10,000 | Derbyniodd South Cefncaeau (Ty Enfys) Family Centre yn Sir Gaerfyrddin £10,000 i ddarparu pecynnau i deuluoedd i'w helpu i oresgyn heriau y maent yn eu hwynebu oherwydd yr argyfwng costau byw presennol. Bydd y grant yn talu am gostau staff a gwirfoddoli, ac adnoddau’r pecyn. | South Cefncaeau (Ty Enfys) Family Centre in Carmarthenshire received £10,000 to provide packs to families to help them overcome challenges they're facing due to the current cost of living crisis. The grant will pay for staff and volunteer costs, and pack resources. |
| Lighthouse Library Bookswaps | Carmarthenshire | £9,430 | Bydd Lighthouse Library Bookswaps yn Sir Gaerfyrddin yn sefydlu clwb llyfrau Cymraeg gyda £9,430. Bydd y clwb i blant rhwng tair a saith oed yn datblygu eu dysgu ac yn cefnogi eu lles a'u dyfodol. | Lighthouse Library Bookswaps in Carmarthenshire will set up a Welsh language book club with £9,430. The club for children age three to seven will develop their learning and support their wellbeing and future. |
| Joseph's Smile | Carmarthenshire | £9,237 | Derbyniodd Joseph's Smile yn Sir Gaerfyrddin £9,237 i gefnogi teuluoedd sy'n wynebu caledi ariannol, a theuluoedd â phlant sydd â salwch cronig neu salwch sy'n cyfyngu ar fywyd. Bydd y grŵp yn darparu profiadau Nadolig dwyieithog, am ddim i blant ym Mhentref Nadolig Brynaman, drwy gydol mis Rhagfyr 2023. | Joseph's Smile in Carmarthenshire receivedre £9,237 to support families facing financial hardships, and families with children who have chronic or life limiting illnesses. The group will provide bilingual, free, Christmas experiences for children at the Brynamman Christmas Village, throughout December 2023. |
| CETMA Ltd | Carmarthenshire | £10,000 | Bydd CETMA yn Sir Gaerfyrddin yn defnyddio grant £10,000 i ddarparu cymorth i'r gymuned LHDTCRhA+ leol. Byddant yn trefnu cyrsiau hyfforddi, digwyddiadau Pride, a chylchlythyr. Nod y gweithgareddau yw helpu gwella hyder, hunan-barch a lles pobl. | CETMA in Carmarthenshire will use a £10,000 grant to provide support to the local LGBTQIA+ community. They will arrange training courses, pop-up pride events, and a newsletter. The activities aim to help improve people's confidence, self-esteem, and well-being. |
| Carmarthen Breakthro' (Breakthro' Caerfyrddin) Project | Carmarthenshire | £10,000 | Bydd Prosiect Breakthro' Caerfyrddin yn gwario £10,000 i wella a diweddaru eu hardaloedd chwarae awyr agored, er budd plant ag amrywiaeth o anableddau a'u teuluoedd. | Carmarthen Breakthro' (Breakthro' Caerfyrddin) Project will spend £10,000 to improve and update their outdoor play areas, for the benefit of children with a range of disabilities and their families. |
| The Hangout | Carmarthenshire | £10,000 | Derbyniodd The Hangout yn Sir Gaerfyrddin £10,000 i ddarparu gweithgareddau awyr agored i unigolion ag iechyd meddwl gwael. Bydd cymryd rhan mewn sesiynau byw yn y gwyllt yn helpu cyfranogwyr i brofi gwell lles meddyliol a chorfforol. | The Hangout in Carmarthenshire received £10,000 to provide outdoor activities for individuals with poor mental health. Engaging in bushcraft sessions will help participants experience improved mental and physical well-being. |
| Bluegreencymru CIC | Carmarthenshire | £10,000 | Bydd Bluegreencymru CIC yn Sir Gaerfyrddin yn defnyddio £10,000 i gynnal eu gardd gymunedol, sy'n cynnig cyfle i drigolion fwynhau byd natur. Bydd y cynnyrch a dyfir yn cael ei ddosbarthu i unigolion sy'n ei chael hi'n anodd yn ariannol oherwydd yr argyfwng costau byw. | Bluegreencymru CIC in Carmarthenshire will use £10,000 to maintain their community garden, which offers residents an opportunity to enjoy nature. The produce grown will be distributed to individuals who are struggling financially due to the cost of living crisis. |
| Llanelli After School Time | Carmarthenshire | £9,967 | Derbyniodd Llanelli After School Time grant £9,967 i ddarparu cyfres o sesiynau am ddim blwyddyn o hyd ar ôl ysgol i blant 8 i 15 oed. Bydd y sesiynau wythnosol yn helpu mynd i'r afael ag effeithiau costau byw. Gwahoddir rhieni a gofalwyr i eistedd i mewn. | Llanelli After School Time received a £9,967 grant to provide a year long series of free after school sessions for children aged 8 to 15. The weekly sessions will help tackle the effects of the cost of living. Parents and carers are invited to sit in. |
| Ysgol Gymraeg Parc Y Tywyn | Carmarthenshire | £9,590 | Derbyniodd Ysgol Gymraeg Parc Y Tywyn yn Sir Gaerfyrddin £9,590 i gyflwyno sesiynau pontio'r cenedlaethau i oedolion a phlant yn y gymuned. Bydd y sesiynau'n mynd i'r afael â materion iechyd a lles, tra'n cynnig cyfleoedd i ddysgu sgiliau amgylcheddol newydd ac ennill cymwysterau. | Ysgol Gymraeg Parc Y Tywyn in Carmarthenshire received £9,590 to deliver intergenerational sessions for adults and children in the community. The sessions will address health and well-being issues, while offering opportunities to learn new environmental skills and gain qualifications. |
| Menter Cwm Gwendraeth Elli Cyfyngedig | Carmarthenshire | £10,000 | Bydd Menter Cwm Gwendraeth Elli yn Sir Gaerfyrddin yn defnyddio £10,000 i gynnal fersiwn Gymraeg o'r sioe gerdd Annie. Bydd disgyblion ysgolion cynradd ac uwchradd yn dysgu sgiliau trosglwyddadwy, gan gynyddu eu hyder a'u lles. Byddant yn perfformio'r cynhyrchiad i'w cymuned.  | Menter Cwm Gwendraeth Elli in Carmarthenshire will use £10,000 to hold a Welsh language version of the musical Annie. Primary and secondary school pupils will learn transferable skills, increasing their confidence and wellbeing. They will perform the production to their community.  |
| Ein Cegin CIC | Ceredigion | £10,000 | Ymgeisiodd Ein Cegin CIC yng Ngheredigion am grant £10,000 i gynnal gweithdai coginio ar gyfer eu cymuned. Bydd cyfranogwyr yn dysgu sgiliau coginio a gwybodaeth am faeth. Bydd y sesiynau yn helpu pobl i deimlo'n llai ynysig. | Ein Cegin CIC in Ceredigion applied for £10,000 to run cooking workshops for their community. Participants will learn cooking skills and knowledge about nutrition. The sessions will help people feel less isolated. |
| RAY Men's Shed Aberaeron | Ceredigion | £9,980 | Derbyniodd RAY Men's Shed Aberaeron yng Ngheredigion £9,980 i ddatblygu menter newydd lle bydd y gymuned yn dod ynghyd i gwblhau prosiectau DIY drostynt eu hunain, ac er budd ehangach y gymuned. Bydd y prosiect o fudd i iechyd meddyliol ac emosiynol pobl sy'n cymryd rhan, ac yn darparu man diogel a chroesawgar.  | RAY Men's Shed Aberaeron in Ceredigion received £9,980 to develop a new initiative where the community will come together to complete DIY projects both for themselves, and for wider community benefit. The project will benefit the mental and emotional health of people taking part, and provide a safe and welcoming space.  |
| Conwy Mind | Conwy | £9,700 | Bydd Mind Conwy yn defnyddio'r grant £9,700 i ddarparu cyfres o gyrsiau ymwybyddiaeth ofalgar i bobl â chyflyrau iechyd meddwl, gyda phobl ar incwm isel yn cael eu blaenoriaethu. | Conwy Mind will use the £9,700 grant to deliver a series of mindfulness courses for people with mild to moderate mental health conditions, with priority places given to people on low incomes. |
| Everyone Can | Conwy | £10,000 | Bydd Everyone Can yng Ngogledd Cymru yn defnyddio grant £10,000 i sefydlu sesiynau gemau hygyrch i blant ac oedolion anabl ryngweithio, lleihau unigrwydd, a chael hwyl. Bydd y grant yn ariannu cyflogau, teithio, cyfieithu Cymraeg, a thechnolegau cynorthwyol. | Everyone Can in North Wales will use a £10,000 grant to set up accessible gaming sessions for disabled children and adults to interact, reduce isolation, and have fun. The grant will fund wages, travel, Welsh translation, and assistive technologies. |
| Capel PENIEL Chapel Deganwy | Conwy | £8,000 | Bydd Capel Peniel Deganwy yng Nghonwy yn defnyddio grant £8,000 i ddisodli ffenestri presennol a fframiau ffenestri coll ar ochr y capel gyda fframiau 'upvc' a ffenestri gwydr dwbl er budd y gymuned gyfan. | Capel Peniel Chapel Deganwy in Conwy will use a £8,000 grant to replace existing windows and perished window frames on the side elevations of the chapel with ‘upvc’ frames and double-glazed windows for the benefit of the whole community. |
| The Osborne Trust | Denbighshire | £10,000 | Bydd The Osborne Trust yn Sir Ddinbych yn defnyddio grant £10,000 i ddod â phlant rhieni sydd wedi'u heffeithio gan ganser ynghyd drwy Together Time neu'r rhaglen cymorth cymheiriaid i ddarparu seibiant a lleihau cyfyngiadau ariannol a achosir gan yr argyfwng costau byw. | The Osborne Trust in Denbighshire will use a £10,000 grant to bring children of parents affected by cancer together through Together Time or the peer to peer support programme to provide respite and ease financial constraints caused by the cost of living crisis. |
| Llanfair Dyffryn Clwyd Community Council | Denbighshire | £8,500 | Bydd Cyngor Cymuned Llanfair Dyffryn Clwyd yn Sir Ddinbych yn defnyddio grant £10,000 i adnewyddu man werdd ar gyfer y gymuned ei mwynhau. | Llanfair Dyffryn Clwyd Community Council in Denbighshire will use a £10,000 grant to renovate a green space for the community to enjoy.  |
| Resource Denbighshire CIC | Denbighshire | £10,000 | Bydd Resource Denbighshire CIC yn defnyddio'r grant £10,000 i gefnogi pobl mewn ardaloedd gwledig yn Sir Ddinbych a Sir y Fflint i ddatblygu sgiliau economi gylchol fel tyfu ac atgyweirio. Byddant hefyd yn cynnal gweithgareddau newydd a fydd yn ymgysylltu mwy o bobl, yn enwedig pobl ifanc, yn y prosiect Bws Benthyg a fydd yn helpu lleihau costau cartrefi, cynhyrchu diangen ac eitemau’n mynd i safleoedd tirlenwi. | Resource Denbighshire CIC will use the £10,000 grant to support people in rural areas of Denbighshire and Flintshire to develop circular economy skills such as growing and repairing. They will also host new activities that will engage more people, particularly young people to the Bws Benthyg project that will help reduce household costs, unnecessary production and items ending up in landfill. |
| Corwen Parochial Church Council | Denbighshire | £10,000 | Bydd Cyngor Plwyf Corwen yn defnyddio £10,000 i osod system clyweledol yn Eglwys Sant Mael a Sant Sulien yng Nghorwen. Bydd hyn yn galluogi mwy o weithgareddau a digwyddiadau i ddod â'r gymuned ynghyd er mwyn gwella iechyd a lles. | Corwen Parochial Church Council will use its £10,000 to install an AudioVisual system in the St Mael and St Sulien Church in Corwen. This will enable more activities and events to bring the community together for improved health and wellbeing. |
| Volunteering Matters | Flintshire | £88,778 | Bydd Volunteering Matters yn defnyddio £88,778 i ddatblygu gweithgareddau yn y gymuned i fynd i'r afael ag unigrwydd ac ynysrwydd cymdeithasol ymhlith pobl hŷn yn Nhreffynnon, ynghyd ag ymyriadau cyfeillio traddodiadol.  | Volunteering Matters will use £88,778 to develop community-based activities to tackle loneliness and social isolation amongst older people in Holywell, alongside traditional befriending interventions.  |
| Cae Rhug Holistic Farm Limited | Flintshire | £79,750 | Bydd Cae Rhug Holistic Farm Limited yn defnyddio £79,750 i ddarparu rhaglen therapi garddwriaethol bwrpasol, ynghyd â hyfforddiant lles a gwytnwch, i bobl sy'n wynebu heriau iechyd meddwl yn Sir y Fflint.  | Cae Rhug Holistic Farm Limited will use £79,750 to provide a bespoke horticultural therapy programme, alongside wellbeing and resilience coaching, for people facing mental health challenges in Flintshire.  |
| Lamb's Garden Enterprise Ltd | Flintshire | £9,993 | Gyda'i grant £9,993, bydd Lamb's Garden Enterprise Ltd yn Sir y Fflint yn cefnogi Ysbyty Cymunedol Treffynnon i ddatblygu'r gerddi y mae cleifion yn eu cyrchu. Bydd y sefydliad hefyd yn parhau i gynnal sesiynau byd natur rhwng cenedlaethau, ac yn datblygu banc bwyd ar gyfer cleifion pan fyddant yn cael eu rhyddhau. | With its £9,993 grant, Lamb's Garden Enterprise Ltd in Flintshire will support Holywell Community Hospital to develop the gardens accessed by patients. The organisation will also continue to deliver intergenerational nature sessions, and develop a food bank for patients on discharge. |
| Y Ffrindiau Dysynni Dogs The Friends | Gwynedd | £3,451 | Bydd Y Ffrindiau Dysynni Dogs The Friends yng Ngwynedd yn dod â phobl ynghyd i gynnal y cae cymunedol ym Mryncrug gyda'i grant £3,451. Mae'r cae yn cael ei ddefnyddio'n dda gan grwpiau cymunedol i ddarparu gweithgareddau cymdeithasol i'r gymuned gyfan. | Y Ffrindiau Dysynni Dogs The Friends in Gwynedd will bring people together to maintain the community field in Bryncrug with its £3,451 grant. The field is well used by community groups to provide social activities for the whole community. |
| Dolgellau Hearing Impaired Club | Gwynedd | £8,919 | Bydd Dolgellau Hearing Impaired Club yng Ngwynedd yn defnyddio ei grant £8,919 i drefnu rhaglen o weithgareddau ar gyfer aelodau sy'n byw gyda cholled clyw ac i brynu 20 o ddyfeisiau gwrando. Bydd y gweithgareddau a drefnir yn darparu ar gyfer anghenion penodol yr aelodau, yn gwella eu bywydau ac yn helpu lleihau unigrwydd. | Dolgellau Hearing Impaired Club in Gwynedd will use its grant of £8,919 to organise a programme of activities for members who are living with hearing loss and to buy 20 listening devices. The activities organised will cater for the members' particular needs, will enhance their lives and help reduce isolation.  |
| Tafarn yr Heliwr Cyf | Gwynedd | £9,900 | Bydd Tafarn yr Heliwr Cyf yng Ngwynedd yn cynnal rhaglen o ddigwyddiadau a gweithgareddau dros y flwyddyn gyda'i grant £9,900. Bydd y digwyddiadau hyn yn dod â'r gymuned gyfan ynghyd ac yn creu cyfleoedd gwirfoddoli newydd. | Tafarn yr Heliwr Cyf in Gwynedd will host a programme of events and activities over the year with its £9,900 grant. These events will bring the whole community together and create new volunteering opportunities. |
| Partneriaeth Ogwen | Gwynedd | £327,411 | Bydd Partneriaeth Ogwen yn datblygu'r cynllun trafnidiaeth gymunedol werdd yn Nyffryn Ogwen, Gwynedd gyda grant £327,411. Bydd llu o gerbydau a beiciau trydan yn cael eu defnyddio i hwyluso mynediad i apwyntiadau, gwasanaethau cymorth a chyfleoedd cymdeithasol. Bydd hyn yn mynd i'r afael ag unigrwydd gwledig, allyriadau ac effaith ar yr amgylchedd, yn ogystal â hyrwyddo manteision iechyd a lles.  | Partneriaeth Ogwen will develop the green community transport scheme in Dyffryn Ogwen, Gwynedd with a grant of £327,411. A fleet of electric vehicles and bicycles will be used to ease access to appointments, support services and social opportunities. This will address rural isolation, emissions and impact on the environment, as well as promoting health and wellbeing benefits.  |
| Girlguiding Caernarfonshire | Gwynedd | £10,000 | Bydd Girlguiding Caernarfonshire yng Ngwynedd yn defnyddio ei grant £10,000 i gynnal rhaglen o weithgareddau antur. Bydd y gweithgareddau hyn yn dod â merched ifanc o bob rhan o'r sir ynghyd, gan roi profiadau a chyfleoedd newydd iddynt a fydd yn helpu datblygu hyder. | Girlguiding Caernarfonshire in Gwynedd will use its grant of £10,000 to host a programme of adventure activities. These activities will bring young girls from across the county together, providing them with new experiences and opportunities that will help develop confidence. |
| Seren Ffestiniog Cyf | Gwynedd | £10,000 | Bydd Seren Ffestiniog Cyf yn rhedeg y caffi yng Nghanolfan Hamdden Glaslyn ym Mhorthmadog, Gwynedd gyda'i grant £10,000. Bydd yn darparu cyfleoedd profiad gwaith i oedolion lleol ag anableddau corfforol a dysgu ac yn datblygu sgiliau mewn sefyllfa bywyd go iawn.  | Seren Ffestiniog Cyf will run the café at Glaslyn Leisure Centre in Porthmadog, Gwynedd with its grant of £10,000. It will provide work experience opportunities for local adults with physical and learning disabilities and develop skills within a real-life setting.  |
| Llangoed Village Hall | Isle of Anglesey | £10,000 | Bydd Cyngor Cymuned Llangoed a Phenmon ar Ynys Môn yn gwneud gwelliannau i Neuadd Bentref Llangoed gyda'i grant £10,000. Bydd y gwelliannau hyn, gan gynnwys tŷ bach i bobl anabl, offer clyweledol ac atgyweiriadau to, yn galluogi gweithgareddau newydd yn y neuadd ar gyfer gwahanol grwpiau yn y gymuned i helpu hyrwyddo iechyd a lles. | Llangoed and Penmon Community Council on Anglesey will make improvements to Llangoed Village Hall with its grant of £10,000. These improvements, including a disabled toilet, AudioVisual equipment and roof repairs, will enable new activities to be held at the hall for various groups in the community to help promote health and wellbeing. |
| Menter Mon Cyf | Isle of Anglesey | £250,000 | Bydd Menter Mon Cyf yn defnyddio ei £250,000 i ymgysylltu a gweithio gyda 240 o oedolion a 720 o blant a phobl ifanc ar draws 24 cymuned yng Ngwynedd ac Ynys Môn. Bydd y prosiect 'Ein Hanes Ni’ yn rhannu, trosglwyddo a dogfennu hanes a threftadaeth leol ar draws y cenedlaethau drwy ffilmiau byrion a chylchlythyrau. | Menter Mon Cyf will use its £250,000 to engage and work with 240 adults and 720 children and young people across 24 communities in Gwynedd and Ynys Mon. The 'Ein Hanes Ni (Our History) project will share, transfer and document local history and heritage across the generations through short films and newsletters. |
| Troed Y Bwyd | Merthyr Tydfil | £2,300 | Bydd Troed y Bwyd ym Merthyr Tudful yn defnyddio £2,300 i ehangu eu siop ddillad ail-law a'u pantri bwyd, i'w galluogi i barhau i gefnogi disgyblion yr ysgol a'u teuluoedd yn ystod yr argyfwng costau byw. | Troed Y Bwyd in Merthyr Tydfil will use £2,300 to expand their second-hand clothes shop and food pantry, to allow them to continue supporting the school’s pupils and their families during the cost-of-living crisis. |
| Rogiet Community Junction | Monmouthshire | £465,450 | Derbyniodd Rogiet Community Junction yn Sir Fynwy £465,450 i adeiladu siop gymunedol a chaffi newydd a fydd yn hygyrch, fforddiadwy a chynhwysol. Bydd hefyd yn gweithredu fel canolfan gymunedol sy'n darparu gweithgareddau cymunedol hygyrch ar gyfer pob oedran, gan gynnwys garddio, coginio a gweithgareddau cymdeithasol.  | Rogiet Community Junction in Monmouthshire received £465,450 to build a new community shop and café that will be accessible, affordable and inclusive. It will also function as a community centre providing accessible community activities for all ages, including gardening, cookery and social activities.  |
| The Inside E-commerce Academy CIC | Monmouthshire | £9,852 | Bydd Inside E Academy CIC yn Sir Fynwy yn defnyddio £9,852 i ddarparu cymorth a darparu Cymhwyster E-fasnach achrededig, sy'n cynnwys modiwlau sy'n canolbwyntio ar yr argyfwng costau byw, i garcharorion fel y gallant gynhyrchu a chynnal hunangyflogaeth gynaliadwy. | The Inside E Academy CIC in Monmouthshire will use £9,852 to provide support and deliver accredited E-commerce Qualification, which includes cost of living crisis focused modules, to prisoners so that they can generate and maintain sustainable self-employment. |
| equine therapy center CIC | Monmouthshire | £10,000 | Derbyniodd The Equine Therapy Center CIC yn Sir Fynwy £10,000 i ddarparu rhaglen o 12 sesiwn Therapi Ceffylau ar gyfer wyth plentyn sydd â symptomau trawma. | The Equine Therapy Center CIC in Monmouthshire received £10,000 to provide a programme of 12 Equine Facilitated Therapy sessions for eight children with trauma symptoms. |
| Wyesham warren | Monmouthshire | £8,000 | Bydd Wyesham Warren yn Sir Fynwy yn defnyddio grant £8,000 i gynyddu capasiti eu Clwb Bwyd Dydd Gwener i gefnogi teuluoedd lleol sy'n dioddef tlodi bwyd. | Wyesham Warren in Monmouthshire will use a £8,000 grant to increase the capacity of their Friday Food Club to support local families experiencing food poverty. |
| Physical Empowerment CIC | Neath Port Talbot | £9,850 | Ymgeisiodd Physical Empowerment CIC yng Nghastell-nedd Port Talbot am £9,850 i helpu pobl i wella ar ôl trawma corfforol, meddyliol ac emosiynol a cham-drin domestig. Mae'r gweithgaredd yn canolbwyntio ar weithio drwy drawma drwy gynnig hyfforddiant sy'n cwmpasu agweddau emosiynol, corfforol a meddyliol, hunan-amddiffyn a'r cyfle i wirfoddoli. Mae'r grant yn cynnwys costau gweinyddol a ffioedd, lleoliad, offer, hyfforddiant gwirfoddolwyr, gwefan a marchnata. | Physical Empowerment CIC in Neath Port Talbot applied for £9,850 to help people recover from physical, mental and emotional trauma and domestic abuse. The activity focusses on working through trauma by offering training covering emotional, physical, and mental, aspects of self-defence and the opportunity to volunteer. The grant covers admin and fees, venue, equipment, volunteer training, a website and marketing. |
| NPT BME Community Association | Neath Port Talbot | £1,000 | Bydd BME Community Association yng Nghastell-nedd Port Talbot yn defnyddio grant £1,000 i ddarparu cyfres o ddosbarthiadau Zumba ar gyfer pobl o gefndiroedd amrywiol yn yr ardal. Mae'r dosbarthiadau'n denu gwirfoddolwyr o fewn y gymuned i helpu gyda digwyddiadau a gweithgareddau a gynhelir gan y grŵp. Bydd y dosbarthiadau'n gwella lles corfforol a meddyliol pobl yn y gymuned.  | Neath Port Talbot BME Community Association will use a £1,000 grant to deliver a series of Zumba classes for people from diverse backgrounds in the area. The classes attract volunteers from within the community to help with events and activities run by the group. The classes will improve the physical and mental wellbeing of people in the community.  |
| Caewern Community Association | Neath Port Talbot | £3,400 | Derbyniodd Cymdeithas Gymunedol Caewern yng Nghastell-nedd Port Talbot £3,400 i gynnal amrywiaeth o weithgareddau wythnosol ar gyfer eu cymuned. Bydd y gweithgareddau yn canolbwyntio'n benodol ar drigolion a allai fod yn wynebu caledi ariannol, yn profi effeithiau parhaus y pandemig a phobl ynysig neu sy’n dioddef gyda'u hiechyd corfforol neu feddyliol. Bydd bwyd yn cael ei ddarparu ym mhob sesiwn. | Caewern Community Association in Neath Port Talbot received £3,400 to run a variety of weekly activities for their community. The activiries will have a particular focus on residents who may be facing financial hardship, experiencing lasting effects of the pandemic and people isolated or suffering with their physical or mental health. Food will be provided at each session. |
| Bethel Trust Port Talbot | Neath Port Talbot | £10,000 | Bydd Bethel Trust Port Talbot yn defnyddio £10,000 i sefydlu Banc Cynnes. Bydd y gofod cynnes a chroesawgar yn cynnig cyfle i gael cyngor a chefnogaeth, mwynhau pryd o fwyd poeth a datblygu rhwydweithiau o gefnogaeth. Bydd y grant yn talu am boteli dŵr poeth, blancedi, gwres, hamperi bwyd Nadolig, bwyd poeth a threuliau gwirfoddolwyr. | Bethel Trust Port Talbot's grant of £10,000 to establish a Warm Bank. The warm and welcoming space will offer the chance to access advice and support, enjoy a hot meal and develop networks of support. The grant will pay for hot water bottles, blankets, heating, Christmas food hampers, hot food and volunteer expenses. |
| Neath Port Talbot Stroke Group | Neath Port Talbot | £10,000 | Bydd grant £10,000 Neath Port Talbot Stroke Group yn darparu cymorth a gweithgareddau i oroeswyr strôc a'u teuluoedd. Bydd y grŵp yn cynnal dau gyfarfod yr wythnos i wella hyder, lles a lleihau unigrwydd. | Neath Port Talbot Stroke Group's £10,00 will deliver support and activities to stroke survivors and their families. The group will hold two meetings a week to improve confidence, wellbeing, and reduce isolation.  |
| GCG Foodbank | Neath Port Talbot | £5,755 | Derbyniodd Banc Bwyd GCG yng Nghastell-nedd Port Talbot £5,755 i gefnogi Banc Bwyd a Bore Coffi Gwaun Cae Gurwen trwy fisoedd y Gaeaf ac i mewn i 2024. Bydd y gweithgaredd yn cefnogi'r rhai mwyaf agored i niwed yn y gymuned sy'n dioddef oherwydd yr argyfwng costau byw.  | GCG Foodbank in Neath Port Talbot received £5,755 to support the Gwaun Cae Gurwen Foodbank and Coffee Morning through the Winter months and into 2024. The activity will support the most vulnerable in the community suffering because of the cost of living crisis.  |
| Castell Nedd Chess Club | Neath Port Talbot | £2,675 | Bydd Clwb Gwyddbwyll Castell Nedd yng Nghastell-nedd Port Talbot yn defnyddio £2,675 i roi cyfle i bob person ifanc sydd ag anghenion dysgu ychwanegol a phroblemau symudedd ddysgu'r gêm a chymdeithasu drwy’r clwb.  | Castell Nedd Chess Club in Neath Port Talbot will use £2,675 to provide the opportunity for all juniors with additional learning needs and mobility issues to learn the game and socialise through the club.  |
| County in the Community | Newport | £10,000 | Bydd County in the Community yng Nghasnewydd yn defnyddio grant £10,000 i gyflogi Cydlynydd Gwirfoddolwyr fel y gallant drefnu i gefnogi mwy o bobl i gymryd rhan a pharhau i gymryd rhan mewn cyfleoedd gwirfoddoli ystyrlon a gwerth chweil. | County in the Community in Newport will use a £10,000 grant to employ a Volunteer Coordinator so that they organisation can support more people to get involved and stay involved in meaningful and rewarding volunteering opportunities. |
| Marshfield & District Women's Institute | Newport | £6,800 | Derbyniodd Sefydliad y Merched Marshfield a'r Cylch yng Nghasnewydd £6,800 i nodi eu canmlwyddiant gyda digwyddiad i aelodau’r gorffennol a'r presennol a mainc goffa yn y pentref. Er mwyn denu aelodau newydd, a chefnogi aelodau presennol, mae'r grŵp yn bwriadu cynnal gweithdai i ddarparu profiadau newydd a meithrin sgiliau.  | Marshfield and District Women's Institute in Newport received £6,800 to mark their 100th anniversary with a past and present members event and a commemorative bench in the village. In order to attract new members, and support existing members, the group plan to hold workshops to provide new experiences and build skills.  |
| MOVE Partnership | Newport | £9,000 | Bydd The MOVE Partnership, mewn cydweithrediad â Bwrdd Iechyd Prifysgol Aneurin Bevan, yn defnyddio grant £9,000 i ddatblygu fframwaith asesu y gall staff ei ddefnyddio mewn lleoliadau blynyddoedd cynnar a ffisiotherapyddion i gefnogi plant ag anableddau corfforol i helpu datblygu eu symudedd. | The MOVE Partnership, in collaboration with Aneurin Bevan University Health Board, will use a £9,000 grant to develop an assessment framework that can be used by staff in early years settings and physiotherapists to support children with physical disabilities to help develop their mobility. |
| The Fed Line Project Newport and Cwmbran | Newport | £10,000 | Bydd The Fed Line Project Casnewydd a Chwmbrân yn defnyddio £10,000 i ddarparu rhaglen goginio 14 wythnos sy'n canolbwyntio ar ryseitiau maethlon rhad i gefnogi teuluoedd y mae'r argyfwng costau byw yn effeithio arnynt. | The Fed Line Project Newport and Cwmbran will use £10,000 to deliver a 14-week cooking programme focused on nutritious recipes on a budget to support families impacted by the cost of living crisis. |
| Havershed | Pembrokeshire | £9,470 | Ymgeisiodd Sied Dynion Havershed yn Sir Benfro am £9,470 i sefydlu lle i ddynion hŷn rannu sgiliau, cymdeithasu, cefnogi iechyd a lles ei gilydd, a chynnal prosiectau sydd o fudd i'r gymuned.  | Havershed Men’s Shed in Pembrokeshire applied for £9,470 to establish a place for older men to share skills, socialise, support each other’s health and wellbeing, and carry out projects that benefit the community.  |
| The VC Gallery | Pembrokeshire | £9,845 | Mae gan The VC Gallery yn Sir Benfro £9,845 i gynnig gweithgareddau creadigol a chelfyddydol wythnosol i bobl ag anableddau dysgu sy'n profi unigrwydd gwledig neu salwch meddwl. Bydd y prosiect yn creu arddangosfa ymdrochol a synhwyraidd o'u gwaith. | The VC Gallery in Pembrokeshire has £9,845 to offer weekly, creative, arts activities for people with learning disabilities who are experiencing rural isolation or mental ill health. The project will create an immersive and sensory display of their work. |
| Milford Haven Men's Shed | Pembrokeshire | £9,550 | Mae Sied Dynion Aberdaugleddau yn Sir Benfro wedi derbyn £9,550 i sefydlu lle i ddynion hŷn yn bennaf, i rannu sgiliau, cymdeithasu, gwella iechyd a lles, a chyflawni prosiectau cymunedol.  | Milford Haven Men’s Shed in Pembrokeshire have received £9,550 to establish a place for mostly older men, to share skills, socialise, improve health and wellbeing, and carry out community projects.  |
| Llandrindod Foodbank | Powys | £99,999 | Ymgeisiodd Banc Bwyd Llandrindod yn llwyddiannus am grant £99,999 i greu canolfan gynghori yn ei bencadlys. Bydd y Ganolfan yn darparu mynediad at gymorth argyfwng i wella iechyd meddwl pobl, cynyddu cyfleoedd gwirfoddoli a chefnogi gweithgarwch cymunedol. Dros flwyddyn, bydd y grant yn cyfrannu tuag at gostau adnewyddu'r ganolfan. | Llandrindod Foodbank successfully applied for £99,999 to create an advice centre at its base. The Centre will provide access to crisis support to improve people’s mental health, increase volunteering opportunities and support community activity. Over a year the grant will contribute towards the building refurbishment costs of the centre. |
| Wilderness Trust | Powys | £9,900 | Bydd Wilderness Trust ym Mhowys yn defnyddio grant £9,900 i gefnogi pobl sydd wedi'u hynysu'n wledig ac sy'n cael eu heffeithio gan yr argyfwng costau byw, drwy ddarparu gweithgareddau hwb cymunedol a chyfleoedd gwirfoddoli sy'n seiliedig ar fyd natur.  | Wilderness Trust in Powys will use the £9,900 grant to support people who are rurally isolated and affected by the cost of living crisis, by providing community hub activities and nature-based volunteering opportunities.  |
| Powys Samaritans in Llandrindod Wells | Powys | £10,000 | Bydd Samariaid Powys yn Llandrindod Powys yn defnyddio grant £10,000 i adnewyddu ei ystafell gyfarfod/hyfforddi fel y gallant ddarparu gweithdai a hyfforddiant pellach i wirfoddolwyr. Bydd y sefydliad hefyd yn gwneud y lle yn fwy cyfforddus a hyblyg i wella'r profiad gwirfoddoli a helpu pobl i deimlo'n fwy hamddenol wrth gynorthwyo eraill drwy waith gwirfoddoli. | Powys Samaritans in Llandrindod Wells Powys will use a £10,000 grant to refurbish its training/meeting room so that they can provide workshops and further training for volunteers. The organisation will also make the space more comfortable and flexible to improve the volunteering experience and help people to feel more relaxed while assisting others through volunteering work. |
| Powys Pets in Need | Powys | £6,500 | Bydd Powys Pets In Need yn defnyddio grant £6,500 i ddarparu parseli bwyd anifeiliaid anwes i deuluoedd sy'n wynebu ansicrwydd ariannol oherwydd yr argyfwng costau byw. | Powys Pets In Need will use the £6,500 grant to deliver pet food parcels for families facing financial uncertainty due to the cost of living crisis. |
| Criw Craggy - Friends of Craig-y-nos Country Park | Powys | £9,500 | Bydd Criw Craggy – Ffrindiau Parc Gwledig Craig-y-nos ym Mhowys yn defnyddio grant £9,500 i wella hygyrchedd yn eu gardd gymunedol, ac yn cynnig gweithdai wedi'u teilwra neu gyfleoedd gwirfoddoli i wella iechyd meddwl a lles pobl.  | Criw Craggy - Friends of Craig-y-nos Country Park in Powys will use the grant of £9,500 to improve accessibility at their community garden, and offer tailored workshops or volunteering opportunities to improve people’s mental health and wellbeing.  |
| War Memorial Hall, Trefeglwys | Powys | £5,952 | Bydd Neuadd Goffa Rhyfel Trefeglwys ym Mhowys yn defnyddio grant £5,952 i ddisodli lloriau ac ychwanegu llenni tywyll i'r neuadd a chyflwyno clwb sinema cymunedol misol. | War Memorial Hall, Trefeglwys in Powys will use a £5,952 grant to replace flooring and add blackout blinds to the hall and introduce a monthly community cinema club. |
| Ystradgynlais Hard of Hearing Group | Powys | £9,850 | Bydd Ystradgynlais Hard of Hearing Group ym Mhowys yn defnyddio'r grant £9,850 i ddarparu gweithgareddau i bobl sydd wedi colli’u clyw a fydd yn cyfoethogi eu bywydau trwy ganiatáu iddynt gymdeithasu a dysgu am wahanol bynciau.  | Ystradgynlais Hard of Hearing Group in Powys will use the £9,850 grant to provide activities for people with hearing loss that will enrich their lives by allowing them to socialise and learn about different topics.  |
| Phillips Hall Committee | Powys | £10,000 | Bydd Pwyllgor Neuadd Phillips ym Mhowys yn defnyddio'r grant £10,000 i ddisodli hen ffenestri a drysau’r neuadd, lleihau cost gwresogi'r adeilad, a galluogi defnyddwyr i fwynhau eu gweithgareddau mewn amgylchedd diogel a chyfforddus. | Phillips Hall Committee in Powys will use the £10,000 grant to fund the replacement of the hall’s old and damaged windows and doors, reducing the cost of heating the building, and enabling users to enjoy their activities in a safe, comfortable environment. |
| Signposted Cymru Ltd | Rhondda Cynon Taf (RCT) | £10,000 | Bydd Signposted Cymru yn Rhondda Cynon Taf yn defnyddio £10,000 i barhau i gynnal ei hwb lles yn Aberdâr, gan ddarparu sesiynau cwnsela, ymwybyddiaeth ofalgar a lles ar gyfer aelodau'r gymuned yng Nghwm Cynon. | Signposted Cymru in Rhondda Cynon Taf will use £10,000 to continue running its wellbeing hub in Aberdare, delivering counselling, mindfulness and well-being sessions for community members across the Cynon Valley area. |
| Arts Factory Ltd | Rhondda Cynon Taf (RCT) | £303,576 | Dros bum mlynedd, bydd Arts Factory Ltd yn defnyddio £303,576 i ehangu ei wasanaethau presennol i ganolfan gymunedol Maerdy a datblygu gwasanaethau newydd o fewn y ganolfan gymunedol. Bydd y rhain yn cynnwys gweithgareddau iechyd a lles, gweithgareddau i blant, pobl ifanc a phobl hŷn, garddio a thyfu, caffi, pantri a llyfrgell o bethau, celf a chrefft, cwnsela a gwirfoddoli. | Over five years, Arts Factory Ltd will use £303,576 to expand its existing services into Maerdy community centre and developing new services within the community centre. These will include health and wellbeing activities, activities for children, young people and older people, gardening and growing, café, pantry and library of things, arts and crafts, counselling, and volunteering. |
| Valleys Kids | Rhondda Cynon Taf (RCT) | £9,509 | Bydd Valleys Kids yn Rhondda Cynon Taf yn defnyddio £9,509 i ddarparu rhaglen wythnosol o weithgareddau ar gyfer oedolion hŷn yn Rhydyfelin, i dorri'r cylchoedd o iechyd meddwl gwael ac ynysrwydd a galluogi byw'n annibynnol am fwy o amser. | Valleys Kids in Rhondda Cynon Taf will use £9,509 to deliver a weekly programme of activities for older adults in Rhydyfelin, to break the cycles of poor mental health and isolation and enable independent living for longer. |
| The Behaviour Support Hub | Rhondda Cynon Taf (RCT) | £10,000 | Bydd The Behaviour Support Hub yn Rhondda Cynon Taf yn defnyddio £10,000 i dreialu cyfres o sesiynau gweithdy dwys i rieni a gofalwyr pobl ifanc sydd ag ymddygiad heriol, gan eu helpu i ddeall a bodloni anghenion eu plant. | The Behaviour Support Hub in Rhondda Cynon Taf will use £10,000 to pilot a series of intensive workshop sessions for the parents and carers of young people with challenging behaviour, helping them to understand and meet the needs of their children. |
| Rhydyfelin Community Group | Rhondda Cynon Taf (RCT) | £10,000 | Bydd Grŵp Cymuned Rhydyfelin yn Rhondda Cynon Taf yn defnyddio £10,000 i barhau i ddarparu gweithgareddau i'r gymuned leol i ddod â phobl ynghyd. Mae'r grŵp yn darparu bingo wythnosol, adloniant byw a grotto Nadolig am ddim. | Rhydyfelin Community Group in Rhondda Cynon Taf will use £10,000 to continue to provide activities for the local community to bring people together. The group provide weekly bingo, live entertainment and free Christmas grotto. |
| Taff Ely Foodbank | Rhondda Cynon Taf (RCT) | £14,999 | Bydd Banc Bwyd Taf Elái yn defnyddio £14,999 i barhau i allu ateb y galw presennol a achosir gan argyfwng costau byw a pharhau i ddarparu cyflenwadau bwyd brys i bobl yn ardal Taf Elái. | Taff Ely Foodbank will use £14,999 to maintain their capacity to be able to meet the current demand caused by the cost of living crisis and continue to provide emergency food supplies to people in the Taff Ely area. |
| Llanharan Community Development Project Ltd | Rhondda Cynon Taf (RCT) | £50,000 | Bydd Llanharan Community Development Project Ltd yn defnyddio £50,000 i greu hwb i blant a theuluoedd a fydd yn ehangu eu cynnig gofal plant presennol yn sylweddol ac yn cynyddu'r amser a'r lle yn eu cyfleuster presennol i ddarparu a datblygu gweithgareddau a gwasanaethau ar gyfer y gymuned ehangach.  | Llanharan Community Development Project Ltd will use £50,000 to create a children and families hub that will significantly extend their current childcare offer and will increase the time and space in their existing facility to deliver and develop activities and services for the wider community.  |
| Caersalem House | Rhondda Cynon Taf (RCT) | £10,000 | Bydd Tŷ Caersalem yn Rhondda Cynon Taf yn defnyddio £10,000 i ddarparu gweithgareddau i helpu adferiad oedolion sydd â dibyniaeth ar gyffuriau ac alcohol, gwella eu hiechyd meddwl a meithrin gwytnwch. | Caersalem House in Rhondda Cynon Taf will use £10,000 to deliver activities to help support the recovery of adults with drug and alcohol addictions, improve their mental health and build resilience. |
| Friends of Cwmclydach Country Park | Rhondda Cynon Taf (RCT) | £7,700 | Bydd Cyfeillion Parc Gwledig Cwmclydach yn Rhondda Cynon Taf yn defnyddio £7,700 i osod mapiau, ac arwyddion cyfeiriad yn y parc i wella mynediad i'r rhaeadrau, llynnoedd, caffi a golygfeydd anhygoel ar gyfer y gymuned leol. | Friends of Cwmclydach Country Park in Rhondda Cynon Taf will use £7,700 to install Maps, and direction signage at the park to improve access to the waterfalls, lakes, a café & amazing scenery for the local community. |
| COUNTER FORCE (CF SYSTEMS) CIC | Rhondda Cynon Taf (RCT) | £9,940 | Bydd Counter Force (CF Systems) CIC yn Rhondda Cynon Taf yn defnyddio £9,940 i rymuso goroeswyr trais domestig trwy hyfforddiant systemau gwrth-rym, sy'n cynnwys crefftau ymladd, meithrin hyder, hunan-amddiffyn, sesiynau barddoni, a hyfforddiant personol. | Counter Force (CF Systems) CIC in Rhondda Cynon Taf will use £9,940 to empower domestic violence survivors through counter force systems training, which includes martial arts, confidence building, self-defence, poetry sessions, and personal training. |
| INFORM Cwm Taf Morgannwg C.I.C | Rhondda Cynon Taf (RCT) | £9,915 | Bydd INFORM Cwm Taf Morgannwg C.I.C yn Rhondda Cynon Taf yn defnyddio £9,915 i weithio gyda'r trydydd sector a'r bwrdd iechyd i ddatblygu cylchlythyr ar gyfer eu cymuned profiad bywyd iechyd meddwl sy'n darparu gwybodaeth am wasanaethau a chyfleoedd newid. | INFORM Cwm Taf Morgannwg C.I.C in Rhondda Cynon Taf will use £9,915 to work with the third sector and health board to develop a newsletter for their mental health lived experience community which provides information about service involvement and change opportunities. |
| Spectacle Theatre Limited | Rhondda Cynon Taf (RCT) | £5,564 | Bydd Spectacle Theatre Ltd yn Rhondda Cynon Taf yn defnyddio £5,564 i gyflogi hwylusydd dan hyfforddiant i gynnal eu sesiynau gweithgareddau creadigol ddwywaith yr wythnos sy'n galluogi pobl ynysig i gael mynediad at gymorth cymheiriaid mewn amgylchedd cyfeillgar, creadigol. | Spectacle Theatre Ltd in Rhondda Cynon Taf will use £5,564 to employ a trainee facilitator to run their twice weekly creative activity sessions which enable people who are isolated to access peer support in a friendly, creative environment. |
| The Glam Youth Choir Organisation | Rhondda Cynon Taf (RCT) | £9,992 | Bydd The Glam Youth Choir Organisation yn Rhondda Cynon Taf yn defnyddio £9,992 i ddarparu 'GlamCamp', eu prosiect allgymorth celfyddydau perfformio blynyddol ar gyfer pobl ifanc. | The Glam Youth Choir Organisation in Rhondda Cynon Taf will use £9,992 to deliver ‘GlamCamp’, their annual performing arts outreach project for young people. |
| E.L.I.T.E. Supported Employment Agency Ltd | Rhondda Cynon Taf (RCT) | £10,000 | Bydd E.L.I.T.E. Supported Employment Agency Ltd yn Rhondda Cynon Taf yn defnyddio £10,000 i gefnogi unigolion i gwblhau a chynnal Pasbort Addasu, dogfen a gyflwynwyd gan y Llywodraeth i gynorthwyo trafodaethau rhwng pobl anabl a chyflogwyr am addasiadau rhesymol. | E.L.I.T.E. Supported Employment Agency Ltd in Rhondda Cynon Taf will use £10,000 to support individuals to complete and maintain an Adjustment Passport, a document introduced by the Government to aid discussions between disabled people and employers about reasonable adjustments. |
| Reel Minds CIC | Rhondda Cynon Taf (RCT) | £9,200 | Bydd Reel Minds CIC yn Rhondda Cynon Taf yn defnyddio £9,200 i gynnal sesiynau galw heibio lle gall cyfranogwyr ddod ynghyd i atgyweirio offer pysgota a gwneud rigiau pysgota, i gefnogi eu hiechyd meddwl a'u lles. | Reel Minds CIC in Rhondda Cynon Taf will use £9,200 to run drop-in sessions where participants can get together to repair fishing equipment and make fishing rigs, to support their mental health and well-being. |
| Hirwaun Community Events | Rhondda Cynon Taf (RCT) | £10,000 | Bydd Digwyddiadau Cymunedol Hirwaun yn Rhondda Cynon Taf yn defnyddio £10,000 i ddod â phobl ynghyd drwy drefnu digwyddiadau ar gyfer y gymuned leol a'r ardaloedd cyfagos. | Hirwaun Community Events in Rhondda Cynon Taf will use £10,000 to bring people together by organising events for the local community and surrounding areas. |
| Have Fun Get Fit CIC | Rhondda Cynon Taf (RCT) | £9,500 | Bydd Have Fun Get Fit CIC yn Rhondda Cynon Taf yn defnyddio £9,500 i dreialu dwy raglen ffitrwydd a gweithgarwch creadigol, sydd wedi'u cynllunio'n benodol ar gyfer unigolion ag anghenion arbennig a chyflyrau niwroamrywiol. | Have Fun Get Fit CIC in Rhondda Cynon Taf will use £9,500 to pilot two fitness and creative activity programmes, specifically designed for individuals with special needs and neurodiverse conditions. |
| Swansea YMCA | Swansea | £370,735 | Derbyniodd YMCA Abertawe grant £370,735 i sefydlu rhaglen ehangu gwaith ieuenctid a fydd yn darparu rhaglen amlochrog gyfannol i gefnogi pobl ifanc 11 i 30 oed. Nod y prosiect, a arweinir gan bobl ifanc, yw gwella lles pobl ifanc a lleihau nifer y bobl ifanc nad ydynt mewn addysg na chyflogaeth yn Abertawe. Bydd y prosiect yn darparu amrywiaeth o wahanol wasanaethau a chyfleoedd gan gynnwys gwasanaeth galw heibio 5 diwrnod, grŵp ieuenctid, sesiynau allgymorth, hyfforddiant a chyngor addysg a chymorth dwys un wrth un.  | Swansea YMCA received a £370,735 grant to establish a youth work expansion programme that will deliver a multi-faceted, holistic programme to support young people aged 11 to 30. The project led by young people aims to improve the wellbeing of young people and reduce the number of young people who are not in education or employment in Swansea. The project will deliver a range of different services and opportunities including a 5-day drop-in service, youth group, outreach sessions, training and education advice and one to one intensive support.  |
| Tabernacle Morriston Congregation | Swansea | £99,999 | Bydd Tabernacle Morriston Congregation yn Abertawe yn defnyddio grant £99,999 i wneud addasiadau i'w hadeilad i greu gofod cymunedol cynhwysol, cefnogol a bywiog at ddibenion addysg, cymdeithasu ac adloniant. Bydd aelodau'r gymuned yn defnyddio'r gofod i gael mynediad at amrywiaeth eang o weithgareddau a fydd yn cryfhau cydlyniant cymunedol ac yn darparu cyfleoedd i gyfranogwyr wella eu lles. | Tabernacle Morriston Congregation in Swansea will use a £99,999 grant to undertake adaptions to its building to create an inclusive, supportive and vibrant community space for education, socialisation, and entertainment. The space will be used by members of the community to access a wide range of activities which will strengthen community cohesion and provide opportunities for participants to improve their wellbeing. |
| Age Cymru West Glamorgan Limited | Swansea | £99,848 | Bydd Age Cymru Gorllewin Morgannwg yn defnyddio'r grant £99,848 i ehangu eu gallu i gefnogi mwy o unigolion oedrannus sy'n ei chael hi'n anodd yn ystod yr argyfwng Costau Byw. Bydd y prosiect yn galluogi defnyddwyr gwasanaeth sydd ar incwm sefydlog i gael mynediad at fuddion ychwanegol, gan eu helpu i ddod o hyd i ffyrdd y gallant leihau gwariant eu cartref. Bydd hyn yn galluogi buddiolwyr i fod yn fwy annibynnol a gwella eu lles meddyliol o ganlyniad. | Age Cymru West Glamorgan will use the £99,848 grant to expand their capacity to support more elderly individuals who are struggling during the Cost of Living crisis. The project will enable service users who are on fixed incomes to access additional benefits, whilst helping them to identify ways in which they can reduce their household expenditure. This will allow beneficiaries to be more independent and improve their mental well-being as a result. |
| Intergenerational Music Making | Swansea | £9,000 | Bydd Intergenerational Music Making yn Abertawe yn defnyddio'r grant £9,000 i ddod â phreswylwyr cartrefi gofal a phlant ysgol ynghyd ar gyfer gweithgareddau cerddoriaeth a chelf a chrefft i fynd i'r afael ag iechyd, lles ac unigrwydd. Bydd y grant yn ariannu offer celf a cherddoriaeth, cyflogau, hysbysebu a threuliau gwirfoddol. | Intergenerational Music Making in Swansea will use the £9,000 grant to bring together care home residents and school children for intergenerational music and arts and crafts activities to address health, wellbeing, and isolation. The grant will fund art and music equipment, salaries, advertising and volunteer expenses. |
| Parents and Tots | Swansea | £6,250 | Bydd Parents and Tots yn Abertawe yn defnyddio'r grant £6,250 i greu grŵp chwarae newydd ar gyfer rhieni, babanod, plant bach, neiniau a theidiau, a gofalwyr. Bydd y grant yn ariannu costau lleoliad, offer gofal plant, lluniaeth a hyfforddiant staff a gwirfoddolwyr. | Parents and Tots in Swansea will use the £6,250 grant to create a new play group for parents, babies, toddlers, grandparents, and carers. The grant will fund venue expenses, childcare equipment, refreshments and staff and volunteer training. |
| Fighting Homelessness CIC | Swansea | £6,819 | Bydd Fighting Homelessness CIC yng Nghaerdydd yn defnyddio'r grant £6,819 i gynnig rhaglen deg wythnos ar gyfer carcharorion yn CEF Abertawe, gan ddefnyddio ffitrwydd i annog ymddygiadau cadarnhaol a fydd yn lleihau aildroseddu. Bydd y grant yn ariannu treuliau staff a gwirfoddoli, hyfforddiant a chostau teithio. | Fighting Homelessness CIC in Cardiff will use the £6,819 grant to offer a ten week programme for prisoners at HMP Swansea, using fitness to encourage positive behaviours that will reduce re-offending. The grant will fund staff and volunteering expenses, training and travelling expenses. |
| Pontarddulais and District Community Car Scheme Ltd | Swansea | £10,000 | Bydd Pontarddulais and District Community Car Scheme Ltd yn Abertawe'n defnyddio'r grant £10,000 i brynu car trydan, wedi’i addasu ar gyfer anableddau, i sicrhau bod pobl hŷn ac anabl yn parhau i dderbyn gwasanaeth da. | Pontarddulais and District Community Car Scheme Ltd in Swansea will use the £10,000 grant to purchase an electric, disability adapted, car to ensure older and disabled continue to receive a good service. |
| Mumbles Movers and Gower Groovers | Swansea | £1,864 | Bydd Mumbles Movers and Gower Groovers yn Abertawe yn defnyddio'r grant £1,864 i ddarparu dosbarthiadau dawns hygyrch a gweithgareddau cymdeithasol i bobl hŷn, a fydd yn gwella iechyd corfforol a meddyliol wrth fynd i'r afael ag unigrwydd cymdeithasol. | Mumbles Movers and Gower Groovers in Swansea will use the £1,864 grant to provide accessible dance classes and social activities for older people, that will improve physical and mental health whilst addressing social isolation. |
| Swansea Ageing Well | Swansea | £9,850 | Bydd Swansea Ageing Well yn defnyddio'r grant £9,850 i ddarparu clwb cinio wythnosol a gweithgareddau cymdeithasol rheolaidd i bobl hŷn sydd wedi'u hynysu'n gymdeithasol. Bydd y grant yn ariannu bwyd, offer swyddfa, trafnidiaeth a chostau adloniant. | Swansea Ageing Well will use the £9,850 grant to provide a weekly lunch club and regular social activities for socially isolated older people. The grant will fund food, transport, office supplies and entertainment costs. |
| Swansea Stroke Survivors Group | Swansea | £7,892 | Bydd Swansea Stroke Survivors Group yn defnyddio'r grant £7,892 i ddarparu cwrs hyfforddi mewn cynaliadwyedd, adeiladu, a'r amgylchedd, sydd wedi'i gynllunio'n benodol ar gyfer pobl sy'n gwella ar ôl strôc. Bydd y grant yn ariannu ffioedd sesiynol a chostau teithio. | Swansea Stroke Survivors Group will use the £7,892 grant to provide a training course in sustainability, construction, and the environment, which is specifically designed for people recovering from a stroke. The grant will fund sessional fees and travel costs. |
| Interplay (Integrated Play & Leisure) | Swansea | £10,000 | Bydd Interplay (Integrated Play and Leisure) yn Abertawe'n defnyddio'r grant £10,000 i ddarparu cyfleoedd cymdeithasol a hamdden i bobl ifanc 18 i 25 oed, sy'n byw yn ardal Abertawe a Chastell-nedd Port Talbot, gydag anableddau ac anghenion cymorth ychwanegol. | Interplay (Integrated Play and Leisure) in Swansea will use the £10,000 grant to provide social and leisure opportunities for young people aged 18 to 25, living in the Swansea and Neath Port Talbot area, with disabilities and additional support needs. |
| Baby & Toddlers @ Dyfatty Community Centre | Swansea | £10,000 | Bydd Baby & Toddlers @ Dyfatty Community Centre yn Abertawe yn defnyddio'r grant £10,000 i ddarparu sesiynau am ddim a theithiau addysgol i deuluoedd yn ystod yr argyfwng costau byw. Bydd y grant yn ariannu teithiau addysgol, adloniant, matiau diogelwch, teganau addysgol, ac offer synhwyraidd. | Baby & Toddlers @ Dyfatty Community Centre in Swansea will use the £10,000 grant to provide free sessions and educational trips for families during the cost of living crisis. The grant will fund educational trips, entertainment, safety mats, educational toys, and sensory equipment. |
| St Athan clothes bank | The Vale of Glamorgan | £5,021 | Bydd Banc Dillad Sain Tathan ym Mro Morgannwg yn defnyddio £5,021 i brynu fan i wella effeithlonrwydd eu gwasanaeth, sy'n cefnogi dillad wedi'u hailgylchu i bobl sy'n profi caledi ariannol. | St Athan Clothes Bank in the Vale of Glamorgan will use £5,021 to purchase a van to improve the efficiency of their service, which supports recycled clothing for people experiencing financial hardship. |
| The Awen Project | The Vale of Glamorgan | £10,000 | Bydd Prosiect Awen ym Mro Morgannwg yn defnyddio £10,000 i gynnig gweithgareddau dysgu’n seiliedig ar fyd natur i bobl ifanc 16 oed a hŷn, sy'n ei chael hi'n anodd ymgysylltu ag addysg neu gyflogaeth. | The Awen Project in the Vale of Glamorgan will use £10,000 to offer nature-based learning activities for young people aged 16 and over, who are struggling to engage with education or employment. |
| Penmark Village Centre | The Vale of Glamorgan | £1,966 | Bydd Penmark Village Centre ym Mro Morgannwg yn defnyddio £1,966 i wella eu gardd gymunedol, i greu man lle gall pobl o bob oedran arddio, dysgu am yr amgylchedd, a chymdeithasu. Bydd y grant yn ariannu offer, meinciau, sied, a deunyddiau crefft. | Penmark Village Centre in the Vale of Glamorgan will use £1,966 to improve their community garden, to create a place where people of all ages can garden, learn about the environment, and socialise. The grant will fund tools, benches, a shed, and craft materials. |
| Llandow Village Hall | The Vale of Glamorgan | £9,536 | Bydd Neuadd Bentref Llandŵ ym Mro Morgannwg yn defnyddio £9,536 i wneud gwaith adnewyddu sy'n lleihau defnydd ynni, ac yn gwneud y neuadd yn fwy deniadol i grwpiau cymunedol a phobl leol. | Llandow Village Hall in the Vale of Glamorgan will use £9,536 to carry out refurbishments that reduce energy usage, and make the hall more attractive for community groups and local people. |
| The Disability Advice Project Ltd | Torfaen | £99,958 | Bydd The Disability Advice Project Ltd yn ardal Gwent, yn arbennig yn Nhorfaen, yn defnyddio £99,958 i ddarparu gwasanaeth cymorth i unigolion dros 50 oed, sy'n anabl, ac sydd â phroblemau sy'n ymwneud â'u salwch cronig neu anableddau yn ogystal â phroblemau sy'n effeithio ar y bobl sy'n gofalu amdanynt. | The Disability Advice Project Ltd in the Gwent area, particularly Torfaen, will use £99,958 to provide a support service to individuals who are over 50, are disabled, and have issues relating to their chronic illnesses or disabilities as well as problems that affect people who care for them. |
| Pontypool Retired Men's Society | Torfaen | £9,140 | Bydd Pontypool Retired Men's Society ym Mhont-y-pŵl yn Nhorfaen yn defnyddio £9,140 i ddarparu rhaglen o deithiau a fydd yn cryfhau perthnasoedd, yn cefnogi lles yr aelodaeth ac yn helpu cynnal nifer yr aelodau. | Pontypool Retired Men's Society in Torfaen will use £9,140 to provide a programme of excursions which will strengthen relationships, support the wellbeing of the membership and help to maintain members numbers. |
| Varteg Dance Club | Torfaen | £4,000 | Bydd Clwb Dawns Varteg yn Nhorfaen yn defnyddio £4,000 i annog aelodaeth newydd ac ailadeiladu niferoedd y Clwb drwy ddigwyddiadau arlwyo, gan gadw costau aelodau’n isel a chreu cyfleoedd rhwydweithio rhwng clybiau. | The Varteg Dance Club in Torfaen will use £4,000 to encourage new membership and rebuild Club numbers through catered events, keeping member costs to a minimum and networking opportunities between Clubs. |
| Gardd O Gobaith T/A RecoverED (Wales) | Torfaen | £9,955 | Bydd Gardd O Gobaith yn Nhorfaen yn defnyddio £9,955 i ddatblygu gofod dan do yn eu gardd llesiant a fydd yn caniatáu iddynt ddarparu rhaglen o weithgareddau lles ym mhob tywydd. Bydd y grant yn ariannu prynu, gosod a diogelu adeilad pren yn erbyn y tywydd. | Gardd O Gobaith in Torfaen will use £9,955 to develop an indoor space within their wellbeing garden which will allow them to deliver a programme of all-weather wellbeing activities. The grant will fund purchasing, installing and weather proofing a wooden building. |
| Club F.O.D | Torfaen | £9,997 | Bydd Club F.O.D yn Nhorfaen yn defnyddio £9,997 i gynnal digwyddiad Pride rhanbarthol a defnyddio'r ymdeimlad o gymuned y mae'n ei greu i ddatblygu ac adeiladu gweithgareddau ac adnoddau ychwanegol ar gyfer y gymuned LHDT+. | Club F.O.D in Torfaen will use £9,997 to deliver a regional Pride event and use the sense of community it creates to develop and build additional activities and resources for the LGBT+ community. |
| Stroke Association | Wales wide | £9,774 | Bydd y Gymdeithas Strôc yn defnyddio £9,774 i dreialu rolau Cysylltwyr Cymunedol ledled Cymru. Bydd y gwirfoddolwyr hyn, sy’n goroeswyr strôc eu hunain, yn gweithredu fel hwyluswyr a chymhellwyr yn y gymuned, gan roi’r offer, yr adnoddau a'r hyder sydd eu hangen ar gymunedau strôc ar gyfer eu taith adferiad yn dilyn strôc. | The Stroke Association will use £9,774 to pilot Community Connector roles across Wales. These volunteers, stroke survivors themselves, will act as community-based facilitators and motivators, equipping stroke communities with the tools, resources and confidence they need for their stroke recovery journey. |
| Cheshire Deaf Society | Wrexham | £248,708 | Bydd Chesire Deaf Society yn defnyddio ei grant £248,708 i gyflogi gweithwyr prosiect arbenigol a staff banc sesiynol i gefnogi plant a phobl ifanc B/byddar a'u teuluoedd yn Wrecsam a Sir y Fflint. Bydd hyn yn gwella cyfathrebu yn y cartref ac mewn amgylcheddau cymdeithasol, yn ogystal â gwella hyder, annibyniaeth a chymdeithasu, a lleihau chwalu perthnasoedd a bwlio. | Chesire Deaf Society will use its grant of £248,708 to employ specialist project workers and sessional bank staff to support D/deaf children, young people, and their families in Wrexham and Flintshire. This will improve communication in the home and in social environments, as well as improving confidence, independence and socialisation, and reducing relationship breakdown and bullying. |