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| **MudiadOrganisation** | **Awdurdod Lleol****Local Authority** | **Swm y grant****Grant amount** | **Project summary:** | **Crynodeb o'r prosiect:** |
| Urban Circle Newport | Blaenau Gwent | £10,000 | Urban Circle Newport will use £10,000 to provide a programme of positive activities for young people in Newport and Blaenau Gwent including social events, music and dance. | Bydd Urban Circle Casnewydd yn defnyddio £10,000 i ddarparu rhaglen o weithgareddau cadarnhaol i bobl ifanc yng Nghasnewydd a Blaenau Gwent gan gynnwys digwyddiadau cymdeithasol, cerddoriaeth a dawns. |
| Bridgend Chess Club | Bridgend | £4,500 | Bridgend Chess Club will use £4,500 to allow current and new members to attend the club free of charge. The grant will cover the running cost of the club as they grow to welcome everyone in the community during the cost of living crisis.  | Bydd Clwb Gwyddbwyll Pen-y-bont ar Ogwr yn defnyddio £4,500 i ganiatáu i aelodau presennol a newydd fynychu'r clwb yn rhad ac am ddim. Bydd y grant yn talu costau cynnal y clwb wrth iddynt dyfu i groesawu pawb yn y gymuned yn ystod yr argyfwng costau byw.  |
| Wattsville Community Group | Caerphilly | £10,000 | Wattsville Community Group in Caerphilly will use £10,000 to install an outdoor play area at the Wattsville FC Clubhouse. This will improve the facilities and provide opportunities for outdoor play for the local community. | Bydd Grŵp Cymunedol Wattsville yng Nghaerffili yn defnyddio £10,000 i osod man chwarae awyr agored yng Nghlwb Pêl-droed Wattsville. Bydd hyn yn gwella'r cyfleusterau ac yn darparu cyfleoedd ar gyfer chwarae awyr agored i'r gymuned leol. |
| Fochriw Old Age Association | Caerphilly | £3,616 | Fochriw Old Age Association in Caerphilly have received £3,616 to reduce social isolation amongst older people in the community, by providing opportunities for members to socialise. These opportunities will include a weekly social, day trips and catered gatherings. | Mae Cymdeithas Yr Henoed Fochriw yng Nghaerffili wedi derbyn £3,616 i leihau unigrwydd cymdeithasol ymhlith pobl hŷn yn y gymuned, drwy ddarparu cyfleoedd i aelodau gymdeithasu. Bydd y cyfleoedd hyn yn cynnwys digwyddiad cymdeithasol wythnosol, teithiau dydd a chyfarfodydd wedi’u harlwyo. |
| SW Wellbeing Alliance | Caerphilly | £2,285 | With its £2,285 grant, SW Wellbeing Alliance in Caerphilly will run a 10-week pilot programme of creative therapeutic wellbeing groups for young people in foster care. | Gyda'i grant £2,285, bydd SW Wellbeing Alliance yng Nghaerffili yn cynnal rhaglen beilot 10 wythnos o grwpiau lles therapiwtig creadigol ar gyfer pobl ifanc mewn gofal maeth. |
| Albany Road Baptist Church | Cardiff | £100,000 | Albany Road Baptist Church in Cardiff will use the grant of £100,000 to renovate and upgrade their community halls located in Cardiff. They will improve, extend and change the layout of the building in order to expand the number and scope of community groups using the facility. The space will comprise of a large hall with flexible spaces, changing facilities and a community café with a commercial kitchen. | Bydd Eglwys y Bedyddwyr Albany Road yng Nghaerdydd yn defnyddio grant £100,000 i adnewyddu ac uwchraddio eu neuaddau cymunedol yng Nghaerdydd. Byddant yn gwella, ehangu a newid cynllun yr adeilad er mwyn ehangu nifer ac amrywiaeth y grwpiau cymunedol sy'n defnyddio'r cyfleuster. Bydd y gofod yn cynnwys neuadd fawr gyda mannau hyblyg, cyfleusterau newid a chaffi cymunedol gyda chegin fasnachol. |
| Brawd | Cardiff | £10,000 | Brawd in Cardiff received £10,000 to provide training, support, and social activities that improve men’s mental health and wellbeing. | Derbyniodd Brawd yng Nghaerdydd £10,000 i ddarparu hyfforddiant, cefnogaeth a gweithgareddau cymdeithasol sy'n gwella iechyd meddwl a lles dynion. |
| Cardiff Male Choir | Cardiff | £9,400 | Cardiff Male Choir will use £9,400 to support older people experiencing isolation, memory loss and dementia with weekly activities. They will celebrate their 125th anniversary by carrying out public performances across the region. | Bydd Côr Meibion Caerdydd yn defnyddio £9,400 i gefnogi pobl hŷn sy'n profi unigrwydd, colli eu cof a dementia gyda gweithgareddau wythnosol. Byddant yn dathlu eu pen-blwydd yn 125 oed trwy gynnal perfformiadau cyhoeddus ar draws y rhanbarth. |
| Language Academy Wales | Cardiff | £9,500 | Language Academy Wales in Cardiff will use £9,500 to support new migrants to the UK via a programme of skills-based learning that improves integration, employability, and mental wellbeing. | Bydd Academi Iaith Cymru yng Nghaerdydd yn defnyddio £9,500 i gefnogi mudwyr newydd i'r DU drwy raglen o ddysgu yn seiliedig ar sgiliau sy'n gwella integreiddio, cyflogadwyedd a lles meddyliol. |
| The Posh Club | Cardiff | £10,000 | The Posh Club will hold immersive daytime nightclub-style events for older people in East Cardiff with its £10,000. The events will be for older people who may feel excluded from community activities due to low income, disability or illness. | Bydd The Posh Club yn cynnal digwyddiadau ymdrochol mewn arddull clybiau nos yn ystod y dydd ar gyfer pobl hŷn yn Nwyrain Caerdydd gyda'i grant £10,000. Bydd y digwyddiadau ar gyfer pobl hŷn a allai deimlo eu bod wedi'u heithrio o weithgareddau cymunedol oherwydd incwm isel, anabledd neu salwch. |
| Llanelli LGBTQ+ Support Group | Carmarthenshire | £10,000 | Llanelli LGBTQ+ Support Group will use a grant of £10,000 to hire a Support Officer and two volunteers to support the local LGBTQ+ community through an increase in anti LGBTQ+ activity and the heightened challenges which the cost of living present.  | Bydd Grŵp Cymorth LHDTC+ Llanelli yn defnyddio grant £10,000 i gyflogi Swyddog Cymorth a dau wirfoddolwr i gefnogi'r gymuned LHDTC+ leol gyda’r cynnydd mewn gweithgarwch gwrth-LHDTC+ a'r heriau uwch y mae costau byw yn eu cyflwyno.  |
| On Your Face Ltd | Carmarthenshire | £10,000 | On Your Face Ltd in Carmarthenshire will use the grant of £10,000 to run a series of intergenerational workshops and activities to bring people together and explore the historical meaning of Pride. | Bydd On Your Face Ltd yn Sir Gaerfyrddin yn defnyddio'r grant £10,000 i gynnal cyfres o weithdai a gweithgareddau rhwng cenedlaethau i ddod â phobl ynghyd ac archwilio ystyr hanesyddol Pride. |
| Ysgol Beca PTA | Carmarthenshire | £9,930 | Ysgol Beca PTA in Carmarthenshire will use a £9,930 grant to run a year-long calendar of events to bring the wider community together in celebration of Ysgol Beca’s 50th anniversary. | Bydd Cymdeithas Rieni ac Athrawon Ysgol Beca yn Sir Gaerfyrddin yn defnyddio grant £9,930 i gynnal calendr o ddigwyddiadau i ddod â'r gymuned ehangach ynghyd i ddathlu hanner canmlwyddiant Ysgol Beca. |
| Trimsaran Forum / Pentref Trimsaran | Carmarthenshire | £3,693 | Trimsaran Forum / Pentref Trimsaran in Carmarthenshire will use £3,693 to run a year-long programme of low cost play and social events for families in their community. | Bydd Fforwm Trimsaran / Pentref Trimsaran yn Sir Gaerfyrddin yn defnyddio £3,693 i gynnal rhaglen blwyddyn o hyd o ddigwyddiadau chwarae a chymdeithasol cost isel i deuluoedd yn eu cymuned. |
| Penyfan & Llwynwhilwg tenants Residents Association (PLTRA) | Carmarthenshire | £1,263 | PLTRA in Llanelli will use £1,263 to promote and increase awareness of the voluntary and community work they do as an organisation. A new laptop will enable them to work on marketing and publicity. | Bydd PLTRA yn Llanelli yn defnyddio £1,263 i hyrwyddo a chynyddu ymwybyddiaeth o'r gwaith gwirfoddol a chymunedol y maent yn ei wneud fel sefydliad. Bydd gliniadur newydd yn eu galluogi i weithio ar farchnata a chyhoeddusrwydd. |
| Bedford Street Community Company Ltd | Denbighshire | £89,400 | Bedford Street Community Company Ltd in Denbighshire's grant of £89,400 will sustain and expand the support services on offer for two more years. The group organise a foodbank, community café, meals on wheels, and offer advice about benefits and money, and employment support. Expansion will include an extra day of café provision, increased fresh food for the foodbank, help more people, and recruit new volunteers to support the community including the Community Transport Buddy scheme to accompany older people on hospital visits. The grant will pay for salaries, project delivery costs and food. | Bydd grant £89,400 Bedford Street Community Company Ltd yn Sir Ddinbych yn cynnal ac ehangu'r gwasanaethau cymorth sydd ar gael am ddwy flynedd arall. Mae'r grŵp yn trefnu banc bwyd, caffi cymunedol, prydau wedi’u cludo, ac yn cynnig cyngor am fudd-daliadau ac arian, a chymorth cyflogaeth. Bydd ehangu yn cynnwys diwrnod ychwanegol o ddarpariaeth y caffi, mwy o fwyd ffres i'r banc bwyd, helpu mwy o bobl, a recriwtio gwirfoddolwyr newydd i gefnogi'r gymuned gan gynnwys y cynllun cyfeillio Trafnidiaeth Cymunedol i fynd gyda phobl hŷn ar ymweliadau i’r ysbyty. Bydd y grant yn talu am gyflogau, costau cyflwyno prosiectau a bwyd. |
| Phoenix Performers | Denbighshire | £6,583 | Phoenix Performers in Denbighshire will use the grant of £6,583 to hold two new theatre productions in 2023/24, creating opportunities for the theatre company’s young people to develop their skills and confidence by taking part in all elements of the preparation and performance.  | Bydd Phoenix Performers yn Sir Ddinbych yn defnyddio'r grant £6,583 i gynnal dau gynhyrchiad theatr newydd yn 2023/24, gan greu cyfleoedd i bobl ifanc y cwmni theatr ddatblygu eu sgiliau a'u hyder trwy gymryd rhan ym mhob elfen o'r paratoi a'r perfformiad.  |
| Drosi Bikes CIC | Denbighshire | £92,645 | Drosi Bikes CIC in Denbighshire will use the grant of £92,645 to design and deliver The Social Re-Cycle Project which provides a bike repair service which will improve the wellbeing and confidence of participants of all ages. The project will upskill and empower young people whilst building an intergenerational volunteer community and reducing the waste going to landfill. | Bydd Drosi Bikes CIC yn Sir Ddinbych yn defnyddio'r grant £92,645 i ddylunio a chyflwyno The Social Re-Cycle Project sy'n darparu gwasanaeth atgyweirio beiciau a fydd yn gwella lles a hyder cyfranogwyr o bob oedran. Bydd y prosiect yn uwchsgilio ac yn grymuso pobl ifanc wrth adeiladu cymuned wirfoddoli rhwng cenedlaethau a lleihau'r gwastraff sy'n mynd i safleoedd tirlenwi. |
| 1125 CIC | Flintshire | £10,000 | 1125 CIC in Flintshire received £10,000 to offer young people who have experienced homelessness, deprivation, and isolation the Agored Cymru Unit in Level 1 Independent Living Skills course to support them through the cost of living crisis.  | Derbyniodd 1125 CIC yn Sir y Fflint £10,000 i gynnig cwrs Sgiliau Byw’n Annibynnol Lefel 1 Agored Cymru Unit i bobl ifanc sydd wedi profi digartrefedd, amddifadedd ac unigrwydd i'w cefnogi drwy'r argyfwng costau byw.  |
| Outside Lives LTD | Flintshire | £9,967 | Outside Lives LTD in Flintshire will use the grant of £9,967 to deliver community cook days to improve wellbeing of the community and planet. | Bydd Outside Lives Ltd yn Sir y Fflint yn defnyddio grant £9,967 i ddarparu diwrnodau coginio cymunedol i wella lles y gymuned a'r blaned. |
| Delyn Gymnastics Limited | Flintshire | £10,000 | Delyn Gymnastics Limited in Flintshire will use £10,000 to provide dedicated safe places in their new facilities to provide mentoring and training to the community. | Bydd Delyn Gymnastics Limited yn Sir y Fflint yn defnyddio £10,000 i ddarparu mannau diogel pwrpasol yn eu cyfleusterau newydd i ddarparu mentora a hyfforddiant i'r gymuned. |
| Y Dref Werdd | Gwynedd | £9,200 | Y Dref Werdd in Gwynedd is an environmental community project which received £10,000 to build on a successful pilot. It will employ staff to support vulnerable people in the community back into employment and offer a service using the community electric cars to ensure people can attend medical appointments. | Prosiect cymunedol amgylcheddol yw Y Dref Werdd yng Ngwynedd a dderbyniodd £10,000 i adeiladu ar gynllun peilot llwyddiannus. Bydd yn cyflogi staff i gefnogi pobl fregus yn y gymuned yn ôl i gyflogaeth, ac yn cynnig gwasanaeth gan ddefnyddio'r ceir trydan cymunedol i sicrhau bod pobl yn gallu mynychu apwyntiadau meddygol. |
| Eryri Cydweithredol Eryri Co-Operative Cyf | Gwynedd | £10,000 | Eryri Cydweithredol Eryri Co-Operative Cyf in Gwynedd will use a £10,000 grant to address isolation. It will offer face-to-face events including cuppa mornings; dancing; music sessions; arts and crafts and wellbeing activities. Over twelve months the project will bring people in the community together at specific times of the year including Christmas, Santes Dwynwen and St David's Day. The project will support residents of local care homes, unpaid carers and their families, and there will be a special focus on individuals living with dementia.  | Bydd Eryri Cydweithredol Eryri Co-operative Cyf yng Ngwynedd yn defnyddio grant £10,000 i fynd i'r afael ag unigrwydd. Bydd yn cynnig digwyddiadau wyneb yn wyneb gan gynnwys boreau coffi; dawnsio; sesiynau cerddoriaeth; gweithgareddau celf a chrefft a lles. Dros ddeuddeg mis bydd y prosiect yn dod â phobl yn y gymuned ynghyd ar adegau penodol o'r flwyddyn gan gynnwys y Nadolig, Santes Dwynwen a Dydd Gŵyl Dewi. Bydd y prosiect yn cefnogi preswylwyr cartrefi gofal lleol, gofalwyr di-dâl a'u teuluoedd, a bydd ffocws arbennig ar unigolion sy'n byw gyda dementia.  |
| Tafarn yr Heliwr Cyf | Gwynedd | £10,000 | Tafarn yr Heliwr Cyf in Gwynedd's £10,000 will continue to provide access to a community growing space and monthly hot meals on a ‘pay what you can’ basis that will support the community through the cost of living crisis. The grant will fund gardening tools and materials, overheads, staff, food, and a slow cooker. | Bydd grant £10,000 Tafarn yr Heliwr Cyf yng Ngwynedd yn parhau i ddarparu mynediad i fan tyfu cymunedol a phrydau poeth misol ar sail 'talu'r hyn y gallwch' a fydd yn cefnogi'r gymuned drwy’r argyfwng costau byw. Bydd y grant yn talu am offer garddio a deunyddiau, gorbenion, staff, bwyd, a phopty araf. |
| Coffee House Pensioners Group | Isle of Anglesey | £4,540 | Coffee House Pensioners Group on Anglesey will use £4,540 to continue providing a safe space for people over the age of 60 to meet. The weekly sessions will provide participants with an opportunity to socialise and improve their mental wellbeing. | Bydd Coffee House Pensioners Group ar Ynys Môn yn defnyddio £4,540 i barhau i ddarparu lle diogel i bobl dros 60 oed gyfarfod â’i gilydd. Bydd y sesiynau wythnosol yn rhoi cyfle i gyfranogwyr gymdeithasu a gwella eu lles meddyliol. |
| The Bevan Foundation | Merthyr Tydfil | £9,877 | The Bevan Foundation in Merthyr Tydfil will use a £9,877 grant to improve access to advice and essential services for migrating people. | Bydd Sefydliad Bevan ym Merthyr Tudful yn defnyddio grant £9,877 i wella mynediad at gyngor a gwasanaethau hanfodol i bobl sy'n mudo. |
| St Tydfils Girls & Guys | Merthyr Tydfil | £2,500 | St Tydfils Girls & Guys in Merthyr Tydfil will use £2,500 to combat loneliness and isolation and promote wellbeing in the community, by offering social opportunities for older people. | Bydd St Tydfils Girls & Guys ym Merthyr Tudful yn defnyddio £2,500 i fynd i’r afael ag unigrwydd ac ynysrwydd a hyrwyddo lles yn y gymuned, drwy gynnig cyfleoedd cymdeithasol i bobl hŷn. |
| Cwtch Angels Abergavenny CIC | Monmouthshire | £68,890 | The Cwtch Angels Abergavenny CIC will use a £68,890 grant to help support their two cost of living initiatives. Their Community Fridge Full Table Project will provide food parcels for people who are struggling to buy food due to the rising costs. The Walk in Wardrobe/Community shop project also combats the cost of living crisis by providing clothing and everyday essentials such as toiletries.  | Bydd Cwtch Angels Abergavenny CIC yn defnyddio grant £68,890 i helpu cefnogi eu dwy fenter costau byw. Bydd eu Prosiect Community Fridge Full Table yn darparu parseli bwyd i bobl sy'n ei chael hi'n anodd prynu bwyd oherwydd y costau cynyddol. Mae'r prosiect 'Walk in Wardrobe/Community shop' hefyd yn mynd i’r afael â’r argyfwng costau byw drwy ddarparu dillad a hanfodion bob dydd fel nwyddau ymolchi.  |
| Gwent Beekeepers CIO | Monmouthshire | £9,885 | Gwent Beekeepers CIO will use £9,885 to meet a growing demand for learning opportunities by designing workshop materials and installing a safe observation cabin within the Holden Apiary and Study Centre. The organisation will also make access improvements to ensure that beekeeping and learning opportunities are accessible to everyone. | Bydd Gwent Beekeepers CIO yn defnyddio £9,885 i ateb galw cynyddol am gyfleoedd dysgu trwy ddylunio deunyddiau gweithdy a gosod caban arsylwi diogel yn Holden Apiary and Study Centre. Bydd y sefydliad hefyd yn gwneud gwelliannau mynediad i sicrhau bod cadw gwenyn a chyfleoedd dysgu yn hygyrch i bawb. |
| Trellech School Parents Teachers and Friends Association | Monmouthshire | £7,345 | Trellech School Parents Teachers and Friends Association in Monmouthshire will use a £7,345 grant to purchase seating and to install an internet connection to help deliver and improve their future community events. | Bydd Cymdeithas Rieni, Athrawon a Ffrindiau Ysgol Trellech yn Sir Fynwy yn defnyddio grant £7,345 i brynu seddi ac i osod cysylltiad rhyngrwyd i helpu cyflawni a gwella eu digwyddiadau cymunedol yn y dyfodol. |
| Coed Hirwaun Primary School | Neath Port Talbot | £10,000 | Coed Hirwaun Primary School in Neath Port Talbot will use £10,000 to establish a playgroup for their local community. The play equipment will be accessible outside of school hours, enabling children and parents to socialise and improve their physical and mental wellbeing as a result. | Bydd Ysgol Gynradd Coed Hirwaun yng Nghastell-nedd Port Talbot yn defnyddio £10,000 i sefydlu cylch chwarae ar gyfer eu cymuned leol. Bydd yr offer chwarae yn hygyrch y tu allan i oriau ysgol, gan alluogi plant a rhieni i gymdeithasu a gwella eu lles corfforol a meddyliol o ganlyniad. |
| YMCA Neath | Neath Port Talbot | £6,200 | YMCA Neath will use £6,200 to run an LGBTQIA+ Youth Group for young people aged 11-25 providing them with a safe place to meet, learn new skills, and access mental health support. These additional activities aim to increase confidence and alleviate loneliness. | Bydd YMCA Castell-nedd yn defnyddio £6,200 i gynnal Grŵp Ieuenctid LHDTCRhA+ ar gyfer pobl ifanc 11-25 oed, gan ddarparu lle diogel iddynt gyfarfod, dysgu sgiliau newydd, a chael mynediad at gymorth iechyd meddwl. Nod y gweithgareddau ychwanegol hyn yw cynyddu hyder a lleddfu unigrwydd. |
| Melin Community Trust | Neath Port Talbot | £8,518 | Melin Community Trust in Neath Port Talbot will use £8,518 to run a new and innovative art class to bring like-minded individuals together and foster strong relationships and friendships while developing skills and building confidence. | Bydd Melin Community Trust yng Nghastell-nedd Port Talbot yn defnyddio £8,518 i gynnal dosbarth celf newydd ac arloesol i ddod ag unigolion tebyg at ei gilydd a meithrin perthnasoedd a chyfeillgarwch cryf wrth ddatblygu sgiliau a magu hyder. |
| Melin Walkers | Neath Port Talbot | £2,900 | Melin Walkers in Neath Port Talbot will organise three social events with its £2,900 grant, to bring members of their walking group together. | Bydd Melin Walkers yng Nghastell-nedd Port Talbot yn trefnu tri digwyddiad cymdeithasol gyda'i grant £2,900, i ddod ag aelodau o'u grŵp cerdded at ei gilydd. |
| Port Talbot Gas Welfare Club | Neath Port Talbot | £9,950 | The Port Talbot Gas Welfare Club in Neath Port Talbot will use £9,950 to install solar panels and batteries to combat the effects of the cost of living. | Bydd Port Talbot Gas Welfare Club yng Nghastell-nedd Port Talbot yn defnyddio £9,950 i osod paneli solar a batris i fynd i'r afael ag effeithiau costau byw. |
| Newport Club (Sight Cymru) | Newport | £2,000 | Newport Club (Sight Cymru) will use £2,000 to reduce isolation and improve confidence levels for its members by providing a programme of local trips in addition to their fortnightly social meeting. | Bydd Newport Club (Sight Cymru) yn defnyddio £2,000 i leihau unigrwydd a gwella lefelau hyder i'w haelodau drwy ddarparu rhaglen o deithiau lleol yn ogystal â'u cyfarfod cymdeithasol bob pythefnos. |
| Caerleon Retired Persons Welfare Club | Newport | £6,538 | Caerleon Retired Persons Welfare Club in Newport will use £6,538 to deliver a programme of activities, including a weekly social gathering and regular excursions, to reduce isolation and loneliness. | Bydd Caerleon Retired Persons Welfare Club yng Nghasnewydd yn defnyddio £6,538 i ddarparu rhaglen o weithgareddau, gan gynnwys cyfarfod cymdeithasol wythnosol a theithiau rheolaidd, er mwyn lleihau unigrwydd ac ynysrwydd. |
| The Bluetits Chill Swimmers Ltd | Pembrokeshire | £10,000 | The Bluetits Chill Swimmers Ltd in Pembrokeshire will use a £10,000 grant to provide mental health and conflict resolution training for its members. This will enable participants to better support their peers, family and friends while simultaneously improving their mental wellbeing and confidence. | Bydd Bluetits Chill Swimmers Ltd yn Sir Benfro yn defnyddio grant £10,000 i ddarparu hyfforddiant iechyd meddwl a datrys gwrthdaro i'w aelodau. Bydd hyn yn galluogi cyfranogwyr i gefnogi eu cyfoedion, eu teulu a'u ffrindiau yn well gan wella eu lles meddyliol a'u hyder ar yr un pryd. |
| Accessibility Powys Ltd | Powys | £9,700 | Accessibility Powys Ltd recieved £9,700 to employ a member of staff to support people with disabilities who are experiencing problems with access to built environment. It will also provide advice and travel to relevant sites to assess what is needed to be done. | Derbyniodd Accessibility Powys Ltd £9,700 i gyflogi aelod o staff i gefnogi pobl ag anableddau sy'n cael problemau gyda mynediad at amgylchedd adeiledig. Bydd hefyd yn darparu cyngor a chludiant i safleoedd perthnasol i asesu'r hyn sydd angen ei wneud. |
| Berriew Community Centre | Powys | £10,000 | Berriew Community Centre in Powys will use £10,000 to make improvements to the centre, thus providing an improved facility for users. | Bydd Canolfan Gymunedol Berriw ym Mhowys yn defnyddio £10,000 i wneud gwelliannau i'r ganolfan, gan ddarparu gwell cyfleuster i ddefnyddwyr. |
| Builth Wells Outdoor Bowling Club | Powys | £9,999 | Builth Wells Outdoor Bowling Club in Powys will use £9,999 to install solar panels on the clubhouse roof and change all lighting to LED, improving energy efficiency and reducing energy costs. | Bydd Clwb Bowlio Awyr Agored Llanfair-ym-Muallt ym Mhowys yn defnyddio £9,999 i osod paneli solar ar do'r clwb a newid yr holl oleuadau i LED, gan wella effeithlonrwydd ynni a lleihau costau ynni. |
| Oriel Davies Gallery | Powys | £9,134 | With a £9,134 grant, Oriel Davies Gallery in Powys will provide a warm hub and programme of creative wellbeing activities, for local people who are isolated or struggling with the rising cost of living. | Gyda grant £9,134, bydd Oriel Davies Gallery ym Mhowys yn darparu hwb cynnes a rhaglen o weithgareddau lles creadigol, i bobl leol sy'n ynysig neu'n cael trafferth gyda chostau byw cynyddol. |
| L'Arche | Powys | £9,735 | With a £9,735 grant, L’Arche in Powys will create a volunteer befriending scheme for people with learning disabilities living in a rural area. £9,735 will fund salary, travel expenses, project management, refreshments, training, open days, and a celebration event. | Gyda grant £9,735, bydd L'Arche ym Mhowys yn creu cynllun cyfeillio gwirfoddol ar gyfer pobl ag anableddau dysgu sy'n byw mewn ardal wledig. Bydd £9,735 yn talu am gyflog, costau teithio, costau rheoli prosiect, lluniaeth, hyfforddiant, diwrnodau agored, a digwyddiad dathlu. |
| Merched y Wawr Rhanbarth y De-Ddwyrain | Rhondda Cynon Taf (RCT) | £9,620 | Merched y Wawr in Rhondda Cynon Taf will use £9,620 to create an exhibition to recognise the life and work of the women responsible for establishing Welsh language education in the county. The project will involve local primary and secondary schools, culminating in a display at the National Eisteddfod 2024. The grant will fund workshops, transport, entry fees, venues, and exhibition costs. | Bydd Merched y Wawr yn Rhondda Cynon Taf yn defnyddio £9,620 i greu arddangosfa i gydnabod bywyd a gwaith y menywod sy'n gyfrifol am sefydlu addysg Gymraeg yn y sir. Bydd y prosiect yn cynnwys ysgolion cynradd ac uwchradd lleol, gan arwain at arddangosfa yn Eisteddfod Genedlaethol 2024. Bydd y grant yn ariannu gweithdai, trafnidiaeth, ffioedd mynediad, lleoliadau a chostau arddangos. |
| Autism Life Centres CIC | Rhondda Cynon Taf (RCT) | £8,090 | Autism Life Centres CIC in Rhondda Cynon Taf will use £8,090 create a quiet learning pod area to support educational activities for young adults with autism and related disorders. | Bydd Autism Life Centres CIC yn Rhondda Cynon Taf yn defnyddio £8,090 i greu ardal ddysgu dawel i gefnogi gweithgareddau addysgol i oedolion ifanc ag awtistiaeth ac anhwylderau cysylltiedig. |
| The Rhondda Polar Bears Disabled Swimming and Sports Club | Rhondda Cynon Taf (RCT) | £6,300 | The Rhondda Polar Bears Disabled Swimming and Sports Club in Rhondda Cynon Taf have received £6,300 to create educational videos. This will enable them to train more instructors, allowing more swimmers to join the club. | Mae Rhondda Polar Bears Disabled Swimming and Sports Club yn Rhondda Cynon Taf wedi derbyn £6,300 i greu fideos addysgol. Bydd hyn yn eu galluogi i hyfforddi mwy o hyfforddwyr, gan ganiatáu i ragor o nofwyr ymuno â'r clwb. |
| Bwl Baby Bank | Rhondda Cynon Taf (RCT) | £10,000 | Bwl Baby Bank in Rhondda Cynon Taf will use £10,000 to provide essential baby and toddler items for families in need, particularly in the current cost of living crisis. | Bydd Banc Babanod Bwl yn Rhondda Cynon Taf yn defnyddio £10,000 i ddarparu eitemau babanod a phlant bach ar gyfer teuluoedd mewn angen, yn enwedig yn ystod yr argyfwng costau byw presennol. |
| Llantrisant Guildhall | Rhondda Cynon Taf (RCT) | £10,000 | Llantrisant Guildhall in Rhondda Cynon Taf will offer a mixed programme of cultural, educational and social activities for the local community with its £10,000 grant. | Bydd Neuadd y Dref Llantrisant yn Rhondda Cynon Taf yn cynnig rhaglen gymysg o weithgareddau diwylliannol, addysgol a chymdeithasol i'r gymuned leol gyda'i grant £10,000. |
| Hirwaun & Penderyn Community Council | Rhondda Cynon Taf (RCT) | £3,924 | Hirwaun & Penderyn Community Council in Rhondda Cynon Taf will install benches along the Arcway Mineral Line footpath with its £3,924. | Bydd Cyngor Cymuned Hirwaun a Phenderyn yn Rhondda Cynon Taf yn gosod meinciau ar hyd llwybr Arcway Mineral Line gyda'i grant £3,924. |
| Hirwaun Community Centre | Rhondda Cynon Taf (RCT) | £2,200 | Hirwaun Community Centre in Rhondda Cynon Taf will continue to support local residents during the cost of living crisis. With a £2,200 grant, they will fund winter vegetables packs, fish and chip lunches and soup socials.  | Bydd Canolfan Gymunedol Hirwaun yn Rhondda Cynon Taf yn parhau i gefnogi trigolion lleol yn ystod yr argyfwng costau byw. Gyda grant £2,200, byddant yn ariannu pecynnau llysiau gaeaf, prydau bwyd pysgod a sglodion a digwyddiadau cawl cymdeithasol. |
| Dunvant Unemployed and Social Centre | Swansea | £840 | Dunvant Unemployed and Social Centre in Swansea will use the grant of £10,000 to enable children and young people to attend their film and craft club. The sessions will enable participants to engage in creative activities, increasing their confidence and wellbeing as a result. | Bydd Dunvant Unemployed and Social Centre yn Abertawe yn defnyddio'r grant £10,000 i alluogi plant a phobl ifanc i fynychu eu clwb ffilm a chrefft. Bydd y sesiynau'n galluogi cyfranogwyr i gymryd rhan mewn gweithgareddau creadigol, gan gynyddu eu hyder a'u lles o ganlyniad. |
| LGBT+ Cymru Helpline | Swansea | £10,000 | LGBT+ Cymru Helpline in Swansea will use a grant of £10,000 to sustain their counselling and helpline services. The project will enable individuals to access support in a timely manner, which will increase their self-esteem and confidence. | Bydd Llinell Gymorth LHDT+ Cymru yn Abertawe yn defnyddio grant £10,000 i gynnal eu gwasanaethau cwnsela a llinell gymorth. Bydd y prosiect yn galluogi unigolion i gael mynediad at gymorth mewn modd amserol, a fydd yn cynyddu eu hunan-barch a'u hyder. |
| Mumbles Women's Institute | Swansea | £3,000 | Mumbles Women's Institute in Swansea will use £3,000 to upgrade its IT equipment, which will enable guest speakers to present at meetings. The new equipment will allow members who have audio and visual impairments to engage in activities, reducing their feelings of social isolation. | Bydd Sefydliad Menywod y Mwmbwls yn Abertawe yn defnyddio £3,000 i uwchraddio ei offer TG, a fydd yn galluogi siaradwyr gwadd i gyflwyno mewn cyfarfodydd. Bydd yr offer newydd yn caniatáu i aelodau sydd â namau clywedol a golwg gymryd rhan mewn gweithgareddau, gan leihau eu teimladau o ynysrwydd cymdeithasol. |
| Surf Therapy CIC | Swansea | £9,100 | Surf Therapy CIC in Swansea will use £9,100 to provide eight week programmes for resettled refugees, asylum seekers, and other people with water or sea-related trauma. | Bydd Surf Therapy CIC yn Abertawe yn defnyddio £9,100 i ddarparu rhaglenni wyth wythnos ar gyfer ffoaduriaid sydd wedi ailgartrefu, ceiswyr lloches, a phobl eraill sydd â thrawma sy'n gysylltiedig â dŵr neu’r môr. |
| Learn Via Saints CIC | The Vale of Glamorgan | £10,000 | Learn via Saints Community Interest Company in the Vale of Glamorgan recieved £10,000 to run a programme of sport, play, education, and volunteering activities to improve young people’s health and wellbeing, whilst promoting community cohesion.  | Derbyniodd Learn via Saints Community Interest Company ym Mro Morgannwg £10,000 i gynnal rhaglen o weithgareddau chwaraeon, chwarae, addysg a gwirfoddoli i wella iechyd a lles pobl ifanc, tra'n hyrwyddo cydlyniant cymunedol.  |
| Atal y Fro | The Vale of Glamorgan | £10,000 | Atal y Fro in the Vale of Glamorgan received a £10,000 grant to offer a programme of wellbeing and social activities for children affected by domestic violence and/or sexual abuse. | Derbyniodd Atal y Fro ym Mro Morgannwg grant £10,000 i gynnig rhaglen o weithgareddau lles a chymdeithasol i blant sydd wedi'u heffeithio gan drais domestig a/neu gam-drin rhywiol. |
| Pontymoel Community Association | Torfaen | £7,200 | The Pontymoel Community Association in Torfaen will use £7,200 to refurbish and replace the floor at Pontymoile Community Centre. This will keep the building in use and will enable the association to continue developing its range of activities. | Bydd Cymdeithas Gymunedol Pontymoel yn Nhorfaen yn defnyddio £7,200 i adnewyddu a disodli'r llawr yng Nghanolfan Gymunedol Pontymoel. Bydd hyn yn sicrhau bod yr adeilad yn parhau i gael ei ddefnyddio a bydd yn galluogi'r gymdeithas i barhau i ddatblygu ei hamrywiaeth o weithgareddau. |
| Wales Epilepsy Association Cyf | Wrexham | £90,020 | Wales Epilepsy Association Cyf's £90,020 grant to continue and expand its Wales wide individualised support and outreach work for people impacted by epilepsy, whilst addressing the impact of the cost of living crisis.  | Bydd grant £90,020 Wales Epilepsy Association Cyf yn eu helpu i barhau ac ehangu eu cefnogaeth ac allgymorth unigol i bobl y mae epilepsi yn effeithio arnynt, gan fynd i'r afael ag effaith yr argyfwng costau byw.  |
| Eternal Community Media | Wrexham | £100,000 | Eternal Media in Wrexham successfully applied for £100,000 to increase and extend their Recovery in Focus project for two years delivering across Wales. The group support people in early recovery from addiction by involving them in filmmaking. The cost of living crisis and its associated mental health conditions has been identified as a significant factor in causing relapse.  | Gwnaeth Eternal Media yn Wrecsam gais llwyddiannus am £100,000 i gynyddu ac ehangu eu prosiect Adfer mewn Ffocws am ddwy flynedd ledled Cymru. Mae'r grŵp yn cefnogi pobl yn ystod eu hadferiad cynnar o gaethiwed trwy eu hymgysylltu â chreu ffilmiau. Mae’r argyfwng costau byw a'r cyflyrau iechyd meddwl cysylltiedig wedi'u nodi fel ffactor sylweddol sy’n achosi ailwaeledd.  |
| Phoenix Counselling Group Limited | Wrexham | £100,000 | Phoenix Counselling will use a £100,000 grant over two years to support people in Wrexham struggling with mental health issues that has been exacerbated by the cost of living crisis. The organisation will deliver support groups and personal development workshops focused on exploring coping strategies. | Bydd Phoenix Counselling yn defnyddio grant £100,000 dros ddwy flynedd i gefnogi pobl yn Wrecsam sy'n cael trafferth gyda phroblemau iechyd meddwl sydd wedi’u gwaethygu gan yr argyfwng costau byw. Bydd y sefydliad yn darparu grwpiau cymorth a gweithdai datblygu personol sy'n canolbwyntio ar archwilio strategaethau ymdopi. |
| Phoenix Counselling Group Limited | Wrexham | £10,000 | Phoenix Counselling Group Limited in Wrexham recieved £10,000 to deliver the Inside Out support groups. These groups provide opportunities for the community to develop listening, communication, interpersonal skills and empathy, reducing isolation and addressing the issues faced with the cost of living crisis. | Derbyniodd Phoenix Counselling Group Limited yn Wrecsam £10,000 i ddarparu'r grwpiau cymorth Inside Out. Mae'r grwpiau hyn yn darparu cyfleoedd i'r gymuned ddatblygu sgiliau gwrando, cyfathrebu, rhyngbersonol ac empathi, gan leihau ynysrwydd a mynd i'r afael â'r materion y maen nhw’n eu hwynebu gyda’r argyfwng costau byw. |
| The Venture (Wrexham) Ltd | Wrexham | £10,000 | The Venture (Wrexham) Ltd will use £10,000 to expand its Play Inclusion Project. The project will help children and young people who have neurodevelopmental conditions, or those awaiting diagnosis, by providing additional support to address the cost of living crisis. | Bydd The Venture (Wrexham) Ltd yn defnyddio £10,000 i ehangu ei Brosiect Cynhwysiant Chwarae. Bydd y prosiect yn helpu plant a phobl ifanc sydd â chyflyrau niwroddatblygiadol, neu'r rhai sy'n aros am ddiagnosis, trwy ddarparu cymorth ychwanegol i fynd i'r afael â'r argyfwng costau byw. |
| Premier Radio CIC | Wrexham | £9,997 | Premier Radio CIC in Wrexham will use £9,997 to extend their live radio coverage. They will purchase additional broadcasting equipment, allowing them to further engage with the community and reduce isolation. | Bydd Premier Radio CIC yn Wrecsam yn defnyddio £9,997 i ehangu eu darllediadau radio byw. Byddant yn prynu offer darlledu ychwanegol, gan ganiatáu iddynt ymgysylltu ymhellach â'r gymuned a lleihau ynysrwydd. |