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| **Mudiad Organisation** | **Awdurdod Lleol**  **Local Authority** | **Swm y grant**  **Grant amount** | **Crynodeb o'r prosiect:** | **Project summary:** |
| Aberbeeg Sewing Circle | Blaenau Gwent | £3,950 | Bydd Aberbeeg Sewing Circle ym Mlaenau Gwent yn defnyddio grant £3,950 i ddarparu sesiynau gwnïo i'w haelodau. Bydd y sesiynau'n galluogi cyfranogwyr i gynyddu eu hunanhyder, dysgu sgiliau newydd, ac yn rhoi cyfle i gymdeithasu. | Aberbeeg Sewing Circle in Blaenau Gwent will use a £3,950 grant to provide sewing sessions for their members. The sessions will enable participants to increase their self-confidence, learn new skills, and provide an opportunity to socialise. |
| Local Food Pantry EVI | Blaenau Gwent | £19,919 | Bydd Local Food Pantry EVI ym Mlaenau Gwent yn defnyddio grant £19,919 i ehangu ei siop fwyd gymunedol er mwyn ateb y galw cynyddol am y gwasanaeth. | Local Food Pantry EVI in Blaenau Gwent will use a £19,919 grant to expand its community food store in order to meet the increasing demand for the service. |
| Markham Miners Welfare Scheme | Blaenau Gwent | £9,500 | Bydd Markham Miners Welfare Scheme yng Nghaerffili yn defnyddio grant £9,500 i adnewyddu eu Neuadd i'w defnyddio gan grwpiau cymunedol a darparu amrywiaeth o weithgareddau. | Markham Miners Welfare Scheme in Caerphilly will use a £9,500 grant to refurbish their Hall for use by community groups and delivery of a range of activities. |
| Men's Den | Blaenau Gwent | £16,900 | Bydd Men's Den ym Mlaenau Gwent yn defnyddio grant £16,900 i sefydlu hwb parhaol lle gallant ehangu'r amrywiaeth o weithgareddau a gwasanaethau cymorth y gallant eu darparu. | Men's Den in Blaenau Gwent will use a £16,900 grant to establish a permanent hub where they can expand the range of activities and support services they can provide. |
| Sherabling Foundation uk | Blaenau Gwent | £1,700 | Bydd Sherabling Foundation UK ym Mlaenau Gwent yn defnyddio grant £1,700 i ddarparu lle diogel cynnes i aelodau'r gymuned ddod i ymuno â gweithgareddau a fydd yn lleihau unigrwydd ac ynysrwydd. | The Sherabling Foundation UK in Blaenau Gwent will use a £1,700 grant to provide a warm safe place for community members to come and join in activities that will reduce isolation and loneliness. |
| Waundeg and Nantybwch Community Association | Blaenau Gwent | £6,850 | Bydd Waundeg and Nantybwch Community Association ym Mlaenau Gwent yn defnyddio'r grant £6,850 i ddarparu offer ac adnoddau i'w canolfan gymunedol a fydd yn eu galluogi i ddarparu amrywiaeth o weithgareddau cymunedol, gan gynnwys grŵp mamau a babanod a hwb cynnes. | Waundeg and Nantybwch Community Association in Blaenau Gwent will use the £6,850 grant to furnish its community centre with equipment and resources that will enable them to deliver a range of community activities, including a mother and baby group and warm hub. |
| Zion Miners Chapel | Blaenau Gwent | £2,680 | Bydd Zion Miners Chapel ym Mlaenau Gwent yn defnyddio grant £2,680 i barhau i gynnal grwpiau cymunedol, gan ddarparu lle cynnes i bobl gwrdd a helpu lleihau unigrwydd ac ynysrwydd. | Zion Miners Chapel in Blaenau Gwent will use a £2,680 grant to continue running community groups, providing a warm space for people to meet and help reduce isolation and loneliness. |
| Caerau Community Growers | Bridgend | £9,580 | Bydd Caerau Community Growers ym Mhen-y-bont ar Ogwr yn defnyddio grant £9,580 i ddisodli gwelyau uchel, gan alluogi unigolion ac aelodau o'r teulu i dyfu eu cynnyrch eu hunain a dysgu sgiliau newydd. | Caerau Community Growers in Bridgend will use a £9,580 grant to replace raised beds, enabling individuals and family members to grow their own produce and learn new skills. |
| COMMUNITY FUTURES WALES LTD | Bridgend | £9,600 | Bydd COMMUNITY FUTURES WALES LTD ym Mhen-y-bont ar Ogwr yn defnyddio grant £9,600 i ddechrau cyfres o weithgareddau cymunedol dros 48 wythnos i ddod â phobl ynghyd o bob rhan o'r gymuned ac i gefnogi trigolion drwy’r argyfwng costau byw. | COMMUNITY FUTURES WALES LTD in Bridgend will use a £9,600 grant to kick start a series of community activities over 48 weeks to bringing people together from all parts of the community and to support residents through the cost of living crisis. |
| Ogmore Valley Dragons Boxing Club Ltd | Bridgend | £4,397 | Bydd Ogmore Valley Dragons Boxing Club Ltd ym Mhen-y-bont ar Ogwr yn defnyddio grant £4,937 i brynu amrywiaeth o dechnoleg crefft, gan eu galluogi i ddysgu sgiliau crefftio newydd i bobl ifanc. | Ogmore Valley Dragons Boxing Club Ltd in Bridgend will use a £4,937 grant to purchase a variety of craft technology, enabling them to teach young people new crafting skills. |
| Project Linus UK Community Interest Company | Bridgend | £4,928 | Bydd Project Linus UK yn defnyddio grant £4,928 i fenywod lleol ym Mhen-y-bont ar Ogwr wneud cwiltiau a blancedi cysur. Bydd plant sâl neu ddifreintiedig sydd 'angen cwtsh y gallant ei gadw' yn yr ardal leol yn derbyn y blancedi. | Project Linus UK will use a £4,928 grant for local women in Bridgend to make quilts and comfort blankets. Sick or disadvantaged children in 'need of a hug they can keep' in the local area will receive the blankets. |
| Celynen Collieries Institute and Memorial Hall | Caerphilly | £5,935 | Bydd Celynen Collieries Institute and Memorial Hall yng Nghaerffili yn defnyddio grant £6,935 i ddarparu cyfleoedd gwirfoddoli i'r rhai sydd wedi'u heffeithio gan yr argyfwng costau byw, gan ganiatáu i gyfranogwyr ymgymryd â hyfforddiant a dod yn fentoriaid cymheiriaid, i helpu cynyddu eu hunan-barch, eu hyder a'u sgiliau. | Celynen Collieries Institute and Memorial Hall in Caerphilly will use a £6,935 grant to provide volunteering opportunities for those affected by the cost of living crisis, allowing participants to undertake training and become peer-mentors, to help increase their self-esteem, confidence, and skills. |
| VALLEY DAFFODILS | Caerphilly | £10,000 | Bydd grant £10,000 Valleys Daffodils yng Nghaerffili yn darparu dosbarth coginio wythnosol i ddechreuwyr er mwyn helpu plant ac oedolion ag anableddau i ddysgu sgiliau newydd a datblygu cyfeillgarwch. | Valleys Daffodils in Caerphilly's £10,000 grant will provide a weekly beginners cookery class to help children and adults with disabilities learn new skills and develop friendships. |
| Archdiocese of Cardiff – Parish of St Brigid Cardiff | Cardiff | £9,789 | Bydd Archdiocese of Cardiff – Parish of St Brigid Caerdydd yn defnyddio grant £9,789 i ehangu ei farchnad fwyd fisol i bobl sy'n profi tlodi bwyd neu anawsterau ariannol oherwydd yr argyfwng costau byw. | Archdiocese of Cardiff – Parish of St Brigid Cardiff will use a £9,789 grant to expand its monthly food market for people experience food poverty or financial difficulties due to the cost of living crisis. |
| Brain Tumour Support | Cardiff | £9,181 | Bydd Brain Tumour Support yn defnyddio grant £9,181 i gynnig sesiynau cymorth un-wrth-un a chymheiriaid i bobl ledled Cymru y mae diagnosis o diwmor yr ymennydd wedi effeithio arnynt, gan fynd i'r afael â materion fel unigrwydd, ynysrwydd gwledig, a chaledi ariannol. | Brain Tumour Support will use a £9,181 grant to offer one-to-one and peer group support sessions for people across Wales impacted by a brain tumour diagnosis, addressing issues such as loneliness, rural isolation, and financial hardship. |
| Cardiff Lions Rugby | Cardiff | £19,905 | Bydd Cardiff Lions Rugby yn defnyddio grant £19,905 i gyflogi cydlynydd cymunedol i hwyluso gweithgareddau sy'n gwella iechyd a lles ymhlith pobl LHDT+ ledled de Cymru. | Cardiff Lions Rugby will use a £19,905 grant to employ a community coordinator to facilitate activities that improve health and wellbeing among LGBT+ people across south Wales. |
| Creative Lives Charity Limited | Cardiff | £9,595 | Bydd Creative Lives Charity Limited yng Nghaerdydd yn defnyddio grant £9,595 i ddarparu sesiynau celfyddydau a lles ar-lein wythnosol, i helpu lleihau unigrwydd ymhlith pobl sy'n ei chael hi'n anodd gadael eu cartrefi. | Creative Lives Charity Limited in Cardiff will use a £9,595 grant to provide weekly online arts and wellbeing sessions, to help reduce loneliness among people who find it difficult to leave their homes. |
| iChope Events CIC | Cardiff | £20,000 | Bydd iCHope Events CIC yn Rhondda Cynon Taf yn defnyddio grant £20,000 i ddarparu sesiynau sglefrio iâ wythnosol am ddim i aelodau’r gymuned â nam ar eu golwg a phobl ddall fyddar ledled De Cymru. | iCHope Events CIC in Rhondda Cynon Taf will use a £20,000 grant to provide free weekly ice skating sessions for members of the visually impaired and deafblind communities across South Wales. |
| New Era Talent C.I.C | Cardiff | £10,000 | Bydd New Era Talent C.I.C. yng Nghaerdydd yn defnyddio grant £10,000 i ddarparu gweithdai addysgol ddwywaith yr wythnos i bobl ifanc. Bydd y cyfranogwyr yn creu cerddoriaeth a gwaith celf sy'n cynyddu ymwybyddiaeth o iechyd meddwl ymhlith eu cyfoedion a'r gymuned ehangach. | New Era Talent C.I.C. in Cardiff will use a £10,000 grant to provide twice-weekly educational workshops for young people. The participants will create music and artwork that increases awareness of mental health among their peers and the wider community. |
| OCD Action | Cardiff | £9,974 | Derbyniodd OCD Action grant £9,974 i weithio gyda phobl ifanc i greu adnoddau a digwyddiadau addysg sy'n cynyddu dealltwriaeth o Anhwylder Gorfodaeth Obsesiynol ac yn rhoi mynediad i bobl ifanc ag OCD at offer a rhwydweithiau sy'n cefnogi eu lles meddyliol. | OCD Action received a £9,974 grant to work with young people to create education resources and events that increase understanding of Obsessive Compulsive Disorder and give young people with OCD access to tools and networks that support their mental wellbeing. |
| Round Table Children's Wish Limited | Cardiff | £9,796 | Gwnaeth Round Table Children's Wish Limited gais am grant £9,796 i dargedu teuluoedd sydd wedi'u heffeithio gan effaith costau byw cynyddol. Bydd y grŵp yn darparu profiadau cof i grwpiau o blant yng Nghymru sydd â salwch angheuol ac yn eu cefnogi i gadw cysylltiad digidol â ffrindiau trwy dalu am lechi a diwrnodau gweithgaredd. | Round Table Children’s Wish Limited applied for a grant of £9,796 to target families affected by the impact of rising costs of living. The group will provide memory experiences for groups of children in Wales with terminal illnesses and support them to stay digitally connected with friends by paying for tablets and activity days. |
| SpokesPerson CIC | Cardiff | £10,000 | Bydd SpokesPerson CIC yng Nghaerdydd yn defnyddio'r grant £10,000 i gynnig cyfres o ymyriadau beicio i elusennau bach, busnesau a grwpiau cymunedol sydd wedi'u cynllunio i alluogi pobl i ymgymryd â theithio actif a beicio ar gyfer hamdden. | SpokesPerson CIC in Cardiff will use the £10,000 grant to offer a series of cycling based interventions to small charities, businesses and community groups designed to enable people to take up the active travel and cycling for recreation. |
| The Mentor Ring | Cardiff | £9,750 | Bydd The Mentor Ring yng Nghaerdydd yn defnyddio £9,750 i gynnal dosbarthiadau coginio cymunedol i fenywod o gymunedau ethnig leiafrifol i ddathlu treftadaeth ddiwylliannol tra'n annog ffyrdd iach o fyw. | The Mentor Ring in Cardiff will use £9,750 to run community cookery classes for women from ethnically minoritised communities to celebrate cultural heritage whilst encouraging healthy lifestyles. |
| Wild Rhythm C.I.C. | Cardiff | £8,390 | Bydd Wild Rhythm CIC yng Nghaerdydd yn defnyddio'r grant £8,390 i ddarparu gweithgareddau sy'n seiliedig ar fyd natur sy'n helpu pobl i wella eu hiechyd meddwl a'u lles. | Wild Rhythm CIC in Cardiff will use the £8,390 grant to provide nature-based activities which help people improve their mental health and wellbeing. |
| Angor | Carmarthenshire | £9,860 | Bydd grant Angor yn Sir Gaerfyrddin o £9,860 yn golygu y gall hwyluso canolfan galw heibio i bobl sydd wedi cael diagnosis o ganser neu ddiagnosis sy'n newid bywyd, gan ddarparu cymorth i gleifion a'u teuluoedd. Mae hyn yn deillio o gasgliad o glinigwyr, cleifion a chefnogwyr yn sylweddoli'r gofyniad hanfodol am gefnogaeth barhaus i gleifion a'u teuluoedd. | Angor in Carmarthenshire's grant of £9,860 will mean that it can facilitate a drop-in centre for people who have been diagnosed with cancer or a life-altering diagnosis, providing support for patients and their families. This results from a collective of clinicians, patients and supporters realising the essential requirement for on-going support for patients and their families. |
| Betws Community Council | Carmarthenshire | £2,363 | Bydd Cyngor Cymuned Betws yn Sir Gaerfyrddin yn defnyddio grant £2,363 i uwchraddio ei offer maes chwarae. Bydd yr offer cynhwysol newydd yn galluogi pob plentyn i chwarae wrth ddatblygu eu sgiliau cymdeithasol a chyfathrebu. | Betws Community Council in Carmarthenshire will use a £2,363 grant to upgrade its playground equipment. The new inclusive equipment will enable all children to play while developing their social and communication skills. |
| Ferryside Social Enterprise Group | Carmarthenshire | £9,970 | Bydd Grŵp Menter Gymdeithasol Glanyfferi yn Sir Gaerfyrddin yn defnyddio grant £9,970 i ddarparu gweithgareddau, dosbarthiadau a digwyddiadau i drigolion lleol, mewn ymateb i ymgynghoriad cymunedol diweddar. | Ferryside Social Enterprise Group in Carmarthenshire will use a £9,970 grant to provide activities, classes and events for local residents, in response to a recent community consultation. |
| Llandeilo & District OAP Association | Carmarthenshire | £3,807 | Bydd Cymdeithas yr Henoed Llandeilo a'r Cylch yn defnyddio'r grant £3,870 i ddarparu lle cynnes i bobl hŷn gwrdd ar gyfer adloniant a chefnogaeth, a chludiant ar gyfer siopa i'r rhai sydd ei angen. | Llandeilo and District OAP Association will use the £3,870 grant to provide a warm space for older people to meet for entertainment and support, and transport for shopping for those who need it. |
| Mental Health Motorbike | Carmarthenshire | £20,000 | Bydd Mental Health Motorbike yn Sir Gaerfyrddin yn defnyddio grant £20,000 i hyfforddi beicwyr fel Swyddogion Cymorth Cyntaf Iechyd Meddwl (MHFAs) a thrwy hynny, gwella lles meddyliol beicwyr a'u teuluoedd. | Mental Health Motorbike in Carmarthenshire will use a £20,000 grant to train bikers as Mental Health First Aiders (MHFAs) thereby improving the mental wellbeing of bikers and their families. |
| Golwg Cyf | Ceredigion | £499,871 | Bydd Golwg Cyf yn parhau i gefnogi cymunedau Arfon a Cheredigion i gynnal a datblygu ei rwydwaith o wefannau cymunedol gyda grant £499,871. Bydd y mudiad hefyd yn ehangu ei gyrhaeddiad i gynnwys ardaloedd newydd, sef Ynys Môn, Wrecsam, Rhondda Cynon Taf a Chaerdydd. Bydd y gwefannau cymunedol yn cryfhau gweithgarwch ac ymdeimlad o berthyn yn y gymuned, gan gynyddu'r defnydd o'r Gymraeg a datblygu sgiliau unigolion yn y gymuned. | Golwg Cyf will continue to support Arfon and Ceredigion communities to maintain and develop its network of community websites with a grant of £499,871. The organisation will also expand its reach to include new areas of Anglesey, Wrexham, Rhondda Cynon Taf and Cardiff. The community websites will strengthen the Welsh language activity and sense of belonging in the community, increasing the use of the Welsh language and developing the skills of individuals within the community. |
| Hwb Llesiant Dyffryn Aeron Valley Wellbeing Hub Community Interest Company | Ceredigion | £10,000 | Bydd grant £10,000 Hwb Llesiant Dyffryn Aeron Valley Wellbeing Hub Community Interest Company yng Ngheredigion yn ehangu eu Clwb Crefftau. Bydd yr arian yn golygu y gellir cynnal gweithgareddau mewn ardaloedd anghysbell, gan wella lles meddyliol cyfranogwyr. | Hwb Llesiant Dyffryn Aeron Valley Wellbeing Hub Community Interest Company in Ceredigion's £10,000 grant will expand their Craft Club. The money will mean activities can be delivered in remote areas, improving the mental wellbeing of participants. |
| Parish of Aberystwyth Parochial Church Council | Ceredigion | £43,365 | Bydd Parish of Aberystwyth Parochial Church Council yn defnyddio grant £43,365 dros ddwy flynedd i adeiladu ar ei waith yn cefnogi pobl fregus a difreintiedig sy'n ei chael hi'n anodd oherwydd yr argyfwng costau byw. Bydd y grŵp yn darparu lle cynnes a phrydau maethlon. Bydd y lle cynnes yn cynnwys cyfle i gysylltu â gwasanaethau cymorth eraill mewn amgylchedd sy'n ddiogel ac yn gyfarwydd. Mae'r gwasanaeth yn annog pobl i fagu hunanhyder wrth iddynt ddod yn rhan o gymuned Y Ffynnon, gan ddatblygu cyfeillgarwch ag eraill, y mae llawer ohonynt wedi cael profiadau tebyg. | The Parish of Aberystwyth Parochial Church Council will use a £43,365 grant over two years to build on its work supporting vulnerable and disadvantaged people who are struggling because of the cost of living crisis. The group will provide a warm space and nutritious meals. The warm space will include a chance to connect to other support services in an environment that is safe and familiar. The service encourages people to grow in self-confidence as they become part of Y Ffynnon’s community, developing friendships with others, many of whom have had similar experiences. |
| Penparcau Community Forum Ltd | Ceredigion | £499,331 | Bydd Fforwm Cymunedol Penparcau yng Ngheredigion yn defnyddio ei grant £499,331 i barhau i ddarparu amrywiaeth o ddigwyddiadau a gweithgareddau i'r gymuned. Bydd hyn yn gwella cydlyniant a gwytnwch cymunedol, yn cynyddu rhyngweithio cymdeithasol trwy ddod â phobl at ei gilydd o bob cenhedlaeth a chefndir, gan leihau unigrwydd mewn cymuned ddifreintiedig. Bydd y prosiect yn cynnal amrywiaeth o weithgareddau fel cynhwysiant digidol, boreau coffi Cymraeg, clybiau chwaraeon, clybiau celfyddydau, clybiau natur, clybiau lles, clybiau garddio a gweithdai cynnal a chadw. | Penparcau Community Forum in Ceredigion will use its £499,331 funding to continue to deliver a range of events and activities to the community. This will improve community cohesion and resilience, increase social interaction by bringing people together from all generations and backgrounds, thus reducing isolation in a deprived community. The project will host a range of activities such as digital inclusion, Welsh coffee mornings, sports clubs, arts clubs, nature clubs, wellness clubs, gardening clubs and maintenance workshops. |
| Talgarreg Memorial Hall | Ceredigion | £21,827 | Bydd Neuadd Goffa Talgarreg yng Ngheredigion yn defnyddio grant £21,827 i osod paneli solar a batris i storio trydan i ddefnyddwyr y neuadd. Bydd hyn yn eu helpu i leihau costau ynni cynyddol o ganlyniad i'r argyfwng costau byw, ac yn eu galluogi i barhau i ddarparu adeilad fforddiadwy a hygyrch i gymuned Talgarreg a'r pentrefi cyfagos. | Neuadd Goffa Talgarreg in Ceredigion will use a grant of £21,827 to install solar panels and batteries to store electricity for hall users. This will help them mitigate against rising energy costs as a result of the cost of living crisis, and enable them to continue to provide an affordable and accessible building for the community of Talgarreg and surrounding villages. |
| The Lighthouse Learning Project | Ceredigion | £9,725 | Bydd Lighthouse Learning Project yng Ngheredigion yn defnyddio grant £9,725 i gefnogi pobl ifanc sy'n derbyn addysg gartref. Bydd gweithdai wythnosol yn galluogi cyfranogwyr i leihau unrhyw deimladau o unigrwydd cymdeithasol wrth ddatblygu sgiliau bywyd a hyder. | The Lighthouse Learning Project in Ceredigion will use a £9,725 grant to support home-educated young people. Weekly workshops will enable participants to reduce any feelings of social isolation while developing life-skills and confidence. |
| WOW Wales One World Film Festival Ltd | Ceredigion | £10,000 | Derbyniodd Gŵyl Ffilm Cymru a'r Byd yn Un yng Ngheredigion £10,000 i roi cyfle i bobl ifanc ac oedolion ag anableddau dysgu/awtistiaeth archwilio a mynegi eu hunain yn greadigol a goresgyn rhwystrau i gyfranogiad cymunedol drwy greu animeiddiad i'w sgrinio i'r gymuned mewn digwyddiadau dathlu. | WOW Wales One World Film Festival Ltd in Ceredigion received £10,000 to give young people and adults with learning disabilities/autism the opportunity to explore and express themselves creatively and overcome barriers to community involvement by creating an animation to screen to the community at celebratory events. |
| FAIR TREATMENT FOR THE WOMEN OF WALES | Conwy | £9,970 | Derbyniodd Triniaeth Deg i Fenywod Cymru yng Nghonwy £9,970 i wella cynnwys a hygyrchedd ei gwefan a'i deunyddiau printiedig. Bydd hyn yn galluogi pobl i gael mynediad at wybodaeth a chefnogaeth cymheiriaid cymunedol am eu cyflyrau iechyd a bod mewn sefyllfa well i reoli a llywio eu gofal iechyd. Bydd gwybodaeth newydd ar gael yn y Gymraeg a'r Saesneg ac yn adlewyrchu anghenion iechyd menywod, merched a phobl a gafodd eu neilltuo fel benyw ar adeg eu genedigaeth. | Fair Treatment for the Women of Wales, based in Conwy, received £9,970 to improve the content and accessibility of its website and printed materials. This will enable people to access information and community peer support about their health-related conditions and be better equipped to manage and navigate their healthcare. New information will be available in Welsh and English and reflect the health-related needs of women, girls and people assigned female at birth. |
| Brighter Futures | Denbighshire | £10,000 | Bydd Dyfodol Disglair yn Sir Ddinbych yn defnyddio grant £10,000 i ddarparu cronfa o offer ac adnoddau y gall grwpiau gwirfoddol a chymunedol ar draws y dref eu rhannu. Bydd yn sicrhau y gall gweithgareddau barhau i dyfu yn ystod yr argyfwng costau byw. | Brighter Futures in Denbighshire will use a grant of £10,000 to provide a pool of equipment and resources that voluntary and community groups across the town can share. It will ensure that activities can continue to grow during the cost of living crisis. |
| CLWB Y BERWYN | Denbighshire | £4,000 | Bydd Clwb y Berwyn yn Sir Ddinbych yn cynnal rhaglen o ddigwyddiadau a theithiau amrywiol drwy gydol y flwyddyn i bobl dros 60 oed gyda'i grant £4,000. Bydd yr arian yn talu i logi bws a siaradwyr a bydd yn helpu mynd i'r afael ag unigrwydd ac ynysrwydd gwledig yn yr ardal. | Clwb y Berwyn in Denbighshire will run a programme of varied events and trips throughout the year for people over 60 years old with its £4,000 grant. The money will fund coach hire and speakers and will help tackle rural isolation and loneliness in the area. |
| Llanferres Community Council | Denbighshire | £20,288 | Mae grant Cyngor Cymuned Llanferres o £20,288 yn rhan o'i baratoi i wneud cais am grant cyfalaf. Bydd yr arian yn talu i bensaer tirwedd baratoi lluniadau, manylebau deunydd a dogfennau tendro i alluogi Cyngor Cymuned Llanferres i dendro am ddyfynbrisiau i ymgymryd â gwelliannau mawr i barc Maes Ysgawen i'w wella fel adnodd cymunedol. | Llanferres Community Council's grant of £20,288 is part of its preparation to apply for a capital grant. The funds will pay for a landscape architect to prepare drawings, material specifications and tender documents to enable Llanferres Community Council to tender for quotations to undertake major improvements to Maes Ysgawen park to improve it as a community resource. |
| Resource Denbighshire CIC | Denbighshire | £10,000 | Bydd Resource Denbighshire CIC yn defnyddio grant £10,000 i ddatblygu'r caffi llysieuol yn Rhuthun i gynnig prydau fforddiadwy, sesiynau coginio rheolaidd a chyfleoedd gwirfoddoli. Bydd hefyd yn datblygu perthnasoedd lleol ymhellach i ddod o hyd i fwyd dros ben a lleihau gwastraff. | Resource Denbighshire CIC will use a £10,000 grant to develop the plant based café in Ruthin to offer affordable meals, regular cooking sessions and volunteering opportunities. It will also further develop relationships locally to source surplus food and reduce waste. |
| Rhyl Community Association | Denbighshire | £8,000 | Bydd Cymdeithas Gymunedol y Rhyl yn Sir Ddinbych yn darparu caffi 'diogel a chroesawgar' newydd yng Nghanolfan Gymunedol Ffordd Las gyda grant £8,000, gan hyrwyddo lles a lleddfu unigrwydd. | Rhyl Community Association in Denbighshire will provide a new ‘welcoming safe space’ cafe at the Ffordd Las Community Centre with a £8,000 grant, promoting wellbeing and easing loneliness. |
| WAHWN Limited | Denbighshire | £9,900 | Derbyniodd WAHWN Limited grant £9,900 i ddarparu 'Llefydd Marchnad Iechyd Creadigol' ar draws chwe rhanbarth, sef Sir Ddinbych, Sir Gaerfyrddin, Gwynedd, Sir Benfro, Abertawe a Rhondda Cynon Taf i feithrin perthnasoedd rhwng ymarferwyr y celfyddydau a gweithwyr iechyd a gofal cymdeithasol proffesiynol. | WAHWN Limited received a £9,900 grant to deliver ‘Creative Health Market Places’ across the six regions of Denbighshire, Carmarthenshire, Gwynedd, Pembrokeshire, Swansea and Rhondda Cynon Taff to build relationships between arts practitioners, health and social care professionals. |
| Can Cook CIO | Flintshire | £97,000 | Bydd Can Cook CIO yn Sir y Fflint yn defnyddio'r grant £97,000 i ehangu gwasanaeth presennol siopau bwyd symudol y sefydliad, drwy brynu a gosod fan, gan ei alluogi i gyrraedd 10 lleoliad arall ar draws gogledd Cymru, gan gyrraedd hyd at 5,000 o unigolion. Bydd y siop yn darparu nwyddau hanfodol yn ogystal â phrydau parod iach, ffres a phecynnau coginio gartref. | Can Cook CIO in Flintshire will use the £97,000 grant to extend the organisation’s current mobile food shop service, by purchasing and outfitting a van, enabling it to reach a further 10 locations across north Wales, reaching up to 5,000 individuals. The shop will provide staple goods as well as healthy, fresh ready meals and cook at home meal kits. |
| Emerge Community Arts | Flintshire | £10,000 | Bydd EMERGE COMMUNITY ARTS yng ngogledd Cymru yn defnyddio'r grant £10,000 i ddarparu gweithdai celfyddydau perfformio a lles ar-lein ar gyfer pobl anabl sydd wedi'u hynysu'n gymdeithasol yn y gymuned. | EMERGE COMMUNITY ARTS in north Wales will use the £10,000 grant to deliver online performing arts and well-being workshops for disabled people who are socially isolated in the community. |
| Estuary and Mountain Mission Area | Flintshire | £10,000 | Bydd Estuary and Mountain Mission Area yn Sir y Fflint yn defnyddio'r grant £10,000 i ehangu ' The Table’ sy'n mynd i'r afael â thlodi bwyd trwy brynu oergelloedd, rhewgelloedd, bwyd a thanysgrifiadau i FareShare. | Estuary and Mountain Mission Area in Flintshire will use the £10,000 grant to expand ‘The Table’ which addresses food poverty by purchasing fridges, freezers, food and subscriptions to FareShare. |
| Home-Start Flintshire | Flintshire | £320,691 | Bydd Home-Start Sir y Fflint yn defnyddio ei grant £320,691 i ddarparu cymorth amenedigol cyfannol, hyblyg (o feichiogrwydd i benblwydd y plentyn yn 2 oed) i deuluoedd, i wella hyder, lles a pherthnasoedd teuluol. Bydd gwasanaethau a gweithgareddau'n cynnwys grwpiau wyneb yn wyneb bach, teithiau cerdded pram, tylino babanod, gweithgareddau sy'n canolbwyntio ar rieni, cymorth ymweld â'r cartref, canllawiau rhyngweithio fideo a chynllun llyfrgell benthyg/cynllun cyfnewid. Bydd y prosiect hefyd yn treialu ac yn archwilio cefnogaeth i dadau yn ystod y cyfnod amenedigol, ac yn creu hwb gwybodaeth. Bydd y prosiect yn cwmpasu Sir y Fflint gyfan ond yn targedu ardaloedd gwledig, lle mae teuluoedd yn arbennig yn cael trafferth yn benodol wrth gyrchu cefnogaeth yn y cymunedau mwy ynysig. | Home-Start Flintshire will use its £320,691 grant to provide holistic, flexible perinatal support (pregnancy to child’s 2nd birthday) for families, to improve confidence, wellbeing and family relationships. Services and activities will include small face to face groups, pram walks, baby massage, parent focused activities, home visiting support, video interaction guides and a lending library/swap scheme. The project will also pilot and explore support for fathers during the perinatal period, and create an information hub. The project will cover the whole of Flintshire but target rural areas, where families particularly struggle to access support in the more isolated communities. |
| New Brighton Community Centre C.I.C | Flintshire | £7,656 | Bydd New Brighton Community Centre C.I.C yn Sir y Fflint yn defnyddio grant £7,656 i gyflwyno Menter Gemau Cymunedol a Harmoni Cymdeithasol i leihau unigrwydd cymdeithasol a meithrin cyfeillgarwch ymhlith grwpiau oedran amrywiol. | New Brighton Community Centre C.I.C in Flintshire will use a £7,656 grant to deliver a Community Games and Social Harmony Initiative to reduce social isolation and foster camaraderie among diverse age groups. |
| Refurbs Flintshire | Flintshire | £9,994 | Bydd Refurbs Sir y Fflint yn defnyddio grant £9,994 i ddarparu Siop Gyfnewid sy'n canolbwyntio ar ddillad ac ategolion i hyrwyddo ailddefnyddio, helpu teuluoedd i arbed arian, a lleihau faint o ddillad sy'n mynd i safleoedd tirlenwi. | Refurbs Flintshire will use a £9,994 grant to deliver a Swap Shop focusing on clothing and accessories to promote reuse, help families to save money, and decrease the amount of clothing going to landfill. |
| Rivertown United Reformed Church | Flintshire | £6,180 | Gan ddefnyddio grant £6,180, bydd Rivertown United Reformed Church yn Sir y Fflint yn darparu Caffi Sgwrsio i grwpiau ffoaduriaid wella eu Saesneg ac integreiddio â'r gymuned ehangach. | Using a £6,180 grant, Rivertown United Reformed Church in Flintshire will deliver a Conversation Café for refugee groups to improve their English and integrate with the wider community. |
| St Thomas' Church Flint Mountain | Flintshire | £5,621 | Bydd St Thomas' Church Flint Mountain yn Sir y Fflint yn defnyddio'r grant £5,621 i adnewyddu'r lloriau a gosod drysau fel y gellir parhau i ddefnyddio'r eglwys fel Hwb Cymunedol yn ddiogel. | St Thomas' Church Flint Mountain in Flintshire will use the £5,621 grant to refurbish the flooring and install doors so that the church can be continued to be used as a Community Hub safely. |
| The FDF Centre for Independent Living | Flintshire | £19,952 | Bydd FDF Centre for Independent Living yn Sir y Fflint yn defnyddio grant £19,952 i ehangu cymorth ymarferol ac ariannol i bobl anabl yng Ngogledd Cymru sy'n profi’r argyfwng costau byw. | The FDF Centre for Independent Living in Flintshire will use a £19,952 grant to expand practical and financial support to disabled people in North Wales who are experiencing the cost of living crisis. |
| Citizens Online | Gwynedd | £10,000 | Bydd Citizens Online yng Ngwynedd yn gweithio mewn cymunedau lleol i gefnogi pobl sydd wedi'u hynysu'n ddigidol gyda grant £10,000. Bydd Hyrwyddwyr Digidol yn cael eu hyfforddi i sicrhau cefnogaeth hirdymor. | Citizens Online in Gwynedd will work in local communities to support people who are digitally isolated with a £10,000 grant. Digital Champions will be trained to ensure long-term support. |
| Marchnad Lleu | Gwynedd | £5,038 | Bydd grant £5,038 Marchnad Lleu yng Ngwynedd yn ariannu sesiynau blasu yn ystod y farchnad ffermwyr fisol i bobl ddysgu sgiliau newydd. Bydd gwefan yn cael ei chreu, a bydd lleoliad cyflogedig yn cael ei gynnig i berson ifanc i ddatblygu sgiliau trefnu a chyllidebu. | Marchnad Lleu in Gwynedd's £5,038 grant will fund taster sessions during the monthly farmers market for people to learn new skills. A website will be created, and a paid placement will be offered to a young person to develop organisational and and budgeting skills. |
| Margaret Barnard Playgroup Association | Gwynedd | £1,850 | Bydd Cymdeithas Grŵp Chwarae Margaret Barnard yng Ngwynedd yn defnyddio grant £1,850 i ddatblygu ardal awyr agored. Bydd yr arian yn ariannu pwll tywod a gwelyau plannu a bydd yn darparu cyfleoedd cymdeithasol ac addysgol i'r gymuned gyfan. | Margaret Barnard Playgroup Association in Gwynedd will use a £1,850 grant to develop an outdoor area. The money will fund a sandpit and planting beds and will provide social and education opportunities for the whole community. |
| Sylfaen Cymunedol Cyf | Gwynedd | £494,741 | Bydd Sylfaen Cymunedol Cyf yn defnyddio £494,741 i barhau i gefnogi plant a phobl ifanc o deuluoedd incwm isel yng Ngwynedd ac Ynys Môn sydd wedi cael eu dadgofrestru o addysg brif ffrwd heb unrhyw gynlluniau addas ar eu cyfer, neu sydd mewn perygl o hynny. Bydd y prosiect yn mynd i’r afael â heriau sydd wedi’u dwysáu gan y pandemig COVID-19 ac yn cyrraedd 50 o blant a phobl ifanc newydd a 50 o rieni neu warcheidwaid bob blwyddyn. Bydd teuluoedd yn cael eu cysylltu ag asiantaethau perthnasol, ac yn cael eu cefnogi i adnabod a defnyddio eu cryfderau i fagu hyder a dychwelyd i addysg neu hyfforddiant. | Sylfaen Cymunedol Cyf will use £494,741 to continue supporting children and young people of low income families in Gwynedd and Anglesey who are, or at risk of being, de-registered from mainstream education with no suitable plans in place for them. The project will address challenges intensified by the COVID-19 pandemic and reach 50 new children and young people and 50 parents or guardians each year. Families will become connected to relevant agencies, and supported to identify and use their strengths to gain confidence and return to education or training. |
| Y Bartneriaeth Awyr Agored The Outdoor Partnership | Gwynedd | £500,000 | Derbyniodd Y Bartneriaeth Awyr Agored grant £500,000 i ddefnyddio'r awyr agored fel cyfrwng ar gyfer datblygiad cymunedol a phersonol a fydd yn adeiladu ar wytnwch a chynaliadwyedd cymunedol. Bydd yn cefnogi 10,000 o bobl newydd bob blwyddyn, pobl o bob oedran, gallu a chefndir o bob rhan o Gymru, i ymgymryd â gweithgareddau awyr agored fel rhywbeth gydol oes, a fydd yn gwella iechyd a lles meddyliol a chorfforol y gymuned, cydlyniant cymdeithasol a chyfleoedd economaidd. Bydd 1,000 o wirfoddolwyr newydd yn cael eu huwchsgilio a'u hyfforddi i sicrhau bod clybiau a grwpiau cymunedol yn dod yn fwy cynhwysol, hygyrch a chynaliadwy. | Y Bartneriaeth Awyr Agored The Outdoor Partnership received a £500,000 grant to use the outdoors as a vehicle for community and personal development that will build on community resilience and sustainability. It will support 10,000 new people each year, to include people of all ages, abilities and backgrounds from across Wales, to take up outdoor activities as a lifelong pursuit, which will improve the community’s mental and physical health and wellbeing, social cohesion and economic opportunities. 1,000 new volunteers will be upskilled and trained to ensure that community-based clubs and groups become more inclusive, accessible and sustainable. |
| Bwyd Da Môn | Isle of Anglesey | £10,000 | Bydd Bwyd Da Môn yn defnyddio grant £10,000 i ehangu oriau gwaith dau aelod o staff i ateb y galw cynyddol am becynnau bwyd dros fisoedd y gaeaf, yn enwedig mewn ardaloedd anghysbell yn Ynys Môn. | Bwyd Da Mon will use a £10,000 grant to extend the working hours of two staff members to meet increased demand for food packages over the winter months, especially in remote areas of Anglesey. |
| Cyngor Sir Ynys Mon Isle of Anglesey County Council | Isle of Anglesey | £9,500 | Bydd Cyngor Sir Ynys Môn yn defnyddio grant £9,500 i ddarparu gweithgareddau codi ymwybyddiaeth i wneud Ynys Môn yn ynys sy'n gyfeillgar i ddementia. Bydd y grant yn ariannu adnoddau hyfforddi, bws dementia rhithiol ac arwyddion cyfeillgar i ddementia. | Isle of Anglesey County Council will use a £9,500 grant to provide awareness raising activities to make Anglesey a dementia friendly island. The money will fund training resources, a virtual dementia bus and dementia friendly signs. |
| Grwp Cymunedol #CaruAmlwch C.I.C. | Isle of Anglesey | £3,740 | Bydd Grŵp Cymunedol #Caru Amlwch CIC ar Ynys Môn yn defnyddio £3,740 i gynnal gweithdai Mecaneg Meddwl ar gyfer plant, pobl ifanc a theuluoedd lleol sydd wedi'u heffeithio gan iechyd gwael neu anableddau. Bydd hyn yn eu cefnogi i reoli emosiynau a gwella eu hiechyd meddwl. | Grwp Cymunedol #Caru Amlwch CIC on Anglesey will use £3,740 to hold Mind Mechanics workshops for local children, young people and families who are affected by poor health or disabilities. It will support them to manage emotions and improve their mental health. |
| Menai Bridge War Memorial Community Centre | Isle of Anglesey | £10,000 | Bydd Canolfan Gymunedol Cofeb Ryfel Porthaethwy ar Ynys Môn yn defnyddio'r grant £10,000 i wneud gwelliannau i'r adeilad a fydd yn gwneud y lle yn fwy hygyrch i ddefnyddwyr. | Menai Bridge War Memorial Community Centre on Anglesey will use the £10,000 grant to make improvements to the building that will make the place more user-friendly. |
| Bedlinog and Trelewis Community Council | Merthyr Tydfil | £8,600 | Bydd Cyngor Cymuned Trelewis a Bedlinog ym Merthyr Tudful yn defnyddio grant £8,600 i ddarparu hwb cynnes a threfnu digwyddiadau a gweithgareddau i ddod â'u cymuned ynghyd yn ystod yr argyfwng costau byw. | Bedlinog and Trelewis Community Council in Merthyr Tydfil will use a £8,600 grant to provide a warm hub and organise events and activities to bring their community together during the cost of living crisis. |
| Bedlinog Miners Welfare Association | Merthyr Tydfil | £9,240 | Bydd Cymdeithas Les Glowyr Bedlinog ym Merthyr Tudful yn defnyddio grant £9,240 i ailagor eu hadeilad cymunedol ar ôl iddo gau oherwydd pandemig COVID-19. | Bedlinog Miners Welfare Association in Merthyr Tydfil will use a £9,240 grant to re-open their community building after its closure due to the COVID-19 pandemic. |
| Greenwood Golden Oldies | Merthyr Tydfil | £6,637 | Bydd Greenwood Golden Oldies ym Merthyr Tudful yn defnyddio grant £6,637 i ddod â phobl hŷn at ei gilydd i ail-adeiladu eu gwytnwch yn dilyn pandemig COVID-19. | Greenwood Golden Oldies in Merthyr Tydfil will use a £6,637 grant to bring older people together to re-build their resilience following the COVID-19 pandemic. |
| Pelham Hall | Monmouthshire | £20,000 | Bydd Neuadd Pelham yn Sir Fynwy yn defnyddio grant £20,000 i osod batris storio pŵer solar i leihau eu costau ynni a'u galluogi i ddarparu mwy o weithgareddau gyda'r nos. | Pelham Hall in Monmouthshire will use a £20,000 grant to install solar power storage batteries to reduce their energy costs and enable them to provide more activities during the evenings. |
| Baglan Boys and Girls Club | Neath Port Talbot | £9,250 | Bydd Clwb Bechgyn a Merched Baglan yng Nghastell-nedd Port Talbot yn defnyddio grant £9,250 i gynnig gweithgareddau cymdeithasol ac addysgol rheolaidd i bobl ifanc, er mwyn helpu gwella iechyd a lles a lleihau ymddygiad gwrthgymdeithasol. | Baglan Boys and Girls Club in Neath Port Talbot will use a £9,250 grant to offer regular social and educational activities for young people, to help improve health and wellbeing whilst reducing anti-social behaviour. |
| Friends of Cymer Afan | Neath Port Talbot | £10,000 | Bydd Cymdeithas Rieni ac Athrawon Ysgol Gynradd Cymer Afan yng Nghastell-nedd Port Talbot yn defnyddio grant £10,000 i ddarparu canolfan awyr agored i blant dyfu cynnyrch. Bydd y gofod ar gael i'w ddefnyddio ar ôl oriau ysgol ac yn ystod y gwyliau, gan alluogi cyfranogwyr i gymdeithasu a dysgu sgiliau newydd. | Cymer Afan Primary School PTA in Neath Port Talbot will use a £10,000 grant to provide an outdoor hub for children to grow produce. The space will be available to use after school hours and during the holidays, enabling participants to socialise and learn new skills. |
| Glynneath Town Council | Neath Port Talbot | £10,000 | Bydd grant £10,000 Cyngor Tref Glyn-nedd yng Nghastell-nedd Port Talbot yn ehangu ei gaffi cymunedol cynnes. Bydd y caffi yn cynnig mwy o weithgareddau a chyfleoedd grŵp . Bydd cymryd rhan yn lleddfu unigrwydd, yn annog gweithgareddau rhwng cenedlaethau, ac yn mynd i'r afael â phroblemau yn sgil costau byw cynyddol i bobl leol. | Glynneath Town Council in Neath Port Talbot's £10,000 grant will expand its warm hub community café. The cafe will offer more organised group activities and opportunities. Being involved will alleviate loneliness, encourage intergenerational activities, and address issues from rising costs of living for local people. |
| Raspberry Creatives Community Events CIC | Neath Port Talbot | £10,000 | Bydd Raspberry Creatives Community Events CIC yng Nghastell-nedd Port Talbot yn defnyddio'r grant £10,000 i ddarparu gweithgareddau lles i'w cymuned leol. Bydd dosbarthiadau ioga, gweithdai pypedau, modelu sothach, a sesiynau chwarae creadigol yn galluogi plant, rhieni ac unigolion i ddysgu sgiliau newydd, cymdeithasu, a gwella eu hyder. | Raspberry Creatives Community Events CIC in Neath Port Talbot will use the £10,000 grant to provide wellbeing activities for their local community. Yoga classes, puppetry workshops, junk modelling, and creative play sessions will enable children, parents, and individuals to learn new skills, socialise, and improve their confidence. |
| The Pontardawe Arena | Neath Port Talbot | £10,000 | Bydd Arena Pontardawe yng Nghastell-nedd Port Talbot yn defnyddio grant £10,000 i gyflogi dau gydlynydd rhan-amser i drefnu gwirfoddoli a chefnogi gweithgareddau cymunedol amrywiol am ddim. | The Pontardawe Arena in Neath Port Talbot will use a £10,000 grant to employ two part time coordinators to organise volunteering and provide support for various free community activities. |
| The Powell Modern Sequence Dance Club | Neath Port Talbot | £3,375 | Bydd Powell Modern Sequence Dance Club yng Nghastell-nedd Port Talbot yn defnyddio grant £3,375 i gynnal dosbarthiadau dawns ar gyfer pobl hŷn yn y gymuned i wella eu hiechyd a'u lles; tra hefyd yn meithrin cyfeillgarwch a mynd i'r afael ag unigrwydd ac ynysrwydd. | The Powell Modern Sequence Dance Club in Neath Port Talbot will use a £3,375 grant to hold dance classes for older people in the community to improve their health and wellbeing; whilst also building friendships and tackling loneliness and isolation. |
| Active Angel's Sensory Experience | Newport | £8,200 | Bydd Active Angel's Sensory Experience yng Nghasnewydd yn defnyddio grant £8,200 i gynnig gweithdai gwyddbwyll i bobl dros 50 oed a thwrnameintiau gwyddbwyll a dominos rheolaidd i'w helpu i gadw cysylltiad cymdeithasol a meddyliol. | Active Angel's Sensory Experience in Newport will use a £8,200 grant to offer chess workshops for people over 50 and regular chess and dominoes tournaments to help them stay socially and mentally connected. |
| Autism's Hidden Voices | Newport | £10,000 | Mae grant £10,000 Autism's Hidden Voices yng Nghasnewydd yn mynd i'r afael â’r diffyg cefnogaeth sydd ar gael i'r gymuned. Bydd y grŵp yn darparu gweithgareddau cymdeithasol ac addysgol gyda'r nod o godi ymwybyddiaeth ac addysgu cymunedau i groesawu a derbyn pobl awtistig. | Autism's Hidden Voices in Newport's grant of £10,000 addresses a lack of support available for the community. The group will deliver social and educational activities aimed at raising awareness and educating communities to embrace and accept autistic people. |
| Caerleon Lodge Hill Primary School | Newport | £5,000 | Bydd Ysgol Gynradd Caerleon Lodge Hill yng Nghasnewydd yn defnyddio'r grant £5,000 i osod llwybr i wneud eu hystafell ddosbarth awyr agored yn hygyrch i bawb a pharhau i ddatblygu prosiectau a phartneriaethau cymunedol rhwng cenedlaethau. | Caerleon Lodge Hill Primary School in Newport will use the £5,000 grant to install a path to make their outdoor classroom accessible to all and continue to develop intergenerational projects and community partnerships. |
| Circus of Positivity CIC | Newport | £9,941 | Gan ddefnyddio grant £9,941, bydd Circus of Positivity CIC yng Nghasnewydd yn hyrwyddo sgiliau syrcas ar gyfer lles trwy greu cyfleoedd i gymunedau ddysgu a hyfforddi gyda'i gilydd trwy raglen o weithdai a sioeau. | Using a £9,941 grant, Circus of Positivity CIC in Newport will promote circus skills for wellbeing by creating opportunities for communities to learn and train together through a programme of workshops and shows. |
| City of Newport Model Engineering Socity (Not for Profit) Limited | Newport | £9,700 | Bydd City of Newport Model Engineering Society yn rhoi grant £9,700 i ddarparu lori sy'n hygyrch i ddefnyddwyr cadair olwyn ar gyfer eu diwrnodau a digwyddiadau rhedeg cyhoeddus a phreifat i sicrhau bod y profiad yn gynhwysol ac yn hygyrch. | The City of Newport Model Engineering Society will us a £9,700 grant to provide a wheelchair accessible passenger running truck for their public and private running days and event days to ensure the experience is inclusive and accessible. |
| PETRA Publishing Limited | Newport | £9,963 | Bydd Petra Publishing Ltd yng Nghaerffili yn defnyddio'r grant £9,963 i weithio gyda phlant sy'n cael triniaeth/gofal tymor hir yn Ysbyty Athrofaol y Grange yng Nghwmbrân, i ysgrifennu stori tairieithog (Saesneg, Cymraeg a BSL) ynghylch y teimladau o unigrwydd ac ynysrwydd sy’n deillio o gael eich gwahanu o deulu a ffrindiau. | Petra Publishing Ltd in Caerphilly will use the £9,963 grant to work with children receiving long-term treatment/care at The Grange University Hospital in Cwmbran, to write a trilingual story (English, Welsh and BSL) around the feelings of isolation and loneliness due to separation from family and friends. |
| Reality Theatre Community Interest Company | Newport | £10,000 | Bydd Reality Theatre CIC yng Nghasnewydd yn defnyddio grant £10,000 i gyflwyno rhaglen o weithdai a sesiynau creadigol i bobl ifanc ac oedolion ag anghenion dysgu ychwanegol. | The Reality Theatre CIC in Newport will use a £10,000 grant to deliver a programme of creative workshops and sessions to young people and adults with additional learning needs. |
| Pos Valentines Puzzle C.I.C. | Pembrokeshire | £9,945 | Bydd Pos Valentines Puzzle C.I.C. yn Sir Benfro yn defnyddio grant £9,945 i ddarparu gweithgareddau cymunedol mynediad agored yn eu fferm therapi, i bobl sydd wedi'u hynysu'n wledig neu'n profi anawsterau ariannol. | Pos Valentines Puzzle C.I.C. in Pembrokeshire will use a £9,945 grant to provide open access community activities at their therapy farm, for people who are rurally isolated or experiencing financial difficulties. |
| Replenished Life | Pembrokeshire | £10,000 | Bydd Replenished Life yn Sir Benfro yn defnyddio grant £10,000 i ddarparu hyfforddiant i sefydliadau ffydd a gwasanaethau statudol, i'w helpu i ddeall ac ymateb i gamdrin emosiynol a seicolegol o fewn cymunedau ffydd. | Replenished Life in Pembrokeshire will use a £10,000 grant to provide training for faith-based organisations and statutory services, to help them understand and respond to emotional and psychological abuse within faith communities. |
| The Torch Theatre Company Limited | Pembrokeshire | £10,000 | Derbyniodd Torch Theatre Company Limited yn Sir Benfro £10,000 i gyflawni prosiect peilot tri mis yn ystod y misoedd oeraf. Bydd hyn yn darparu cyfleoedd creadigol i bobl leol sy'n defnyddio'r theatr fel man cynnes answyddogol. Nod gweithgareddau creadigol yw lleihau iselder a gorbryder ymhlith cyfranogwyr. | The Torch Theatre Company Limited in Pembrokeshire received £10,000 to deliver a three-month pilot project during the coldest months. It will provide creative opportunities for local people accessing the theatre as an unofficial warm space. Creative activities aim to reduce depression and anxiety in participants. |
| WolfCastle over 60's Club | Pembrokeshire | £9,825 | Bydd Clwb dros 60 oed WolfCastle yn Sir Benfro yn defnyddio'r grant £9,825 i ddarparu cyfleoedd i gymdeithasu a lleihau unigrwydd trwy raglen o deithiau i'w aelodau. | WolfCastle over 60's Club in Pembrokeshire will use the £9,825 grant to provide opportunities to socialise and reduce isolation through a programme of excursions for its members. |
| Bike to the Future | Powys | £9,825 | Fe wnaeth Bike to the Future yn Y Drenewydd, Powys ymgeisio’n llwyddiannus am grant £9,200 i ehangu ei Llyfrgell Feiciau i gynnwys beiciau oedolion. Bydd hyn yn ei gwneud yn bosibl i'r gymuned gael mynediad i feiciau cost isel, ehangu cyfleoedd i feithrin sgiliau gwirfoddolwyr a lleihau gwastraff drwy ailgylchu. | Bike to the Future in Newtown, Powys successfully applied for a grant of £9,200 to extend its Bike Library to include adult bicycles. This will make it possible for the community to access low-cost bicycles, expand volunteer skill building opportunities and reduce waste through recycling. |
| Brecon and District Mind | Powys | £10,000 | Bydd Mind Aberhonddu a'r Cylch ym Mhowys yn defnyddio grant £10,000 i ddarparu cymorth un wrth un i unigolion y mae eu cyflyrau iechyd meddwl yn gwaethygu oherwydd pryderon ariannol a dyled, oherwydd yr argyfwng costau byw. | Brecon and District Mind in Powys will use a £10,000 grant to provide one to one support for individuals whose mental health conditions are being exacerbated by financial worries and debt concerns, due to the cost of living crisis. |
| criw compostio | Powys | £9,978 | Bydd Criw Compostio ym Mhowys yn defnyddio grant £9,978 i gyflwyno gweithdai a darparu cymorth ymgynghori i ysbrydoli a hysbysu unigolion a grwpiau i sefydlu mentrau compostio. | Criw Compostio in Powys will use a £9,978 grant to deliver workshops and provide consultation support to inspire and inform individuals and groups to set up composting initiatives. |
| Cwmni Theatr Ieuenctid Maldwyn | Powys | £5,000 | Bydd Cwmni Theatr Maldwyn ym Mhowys yn defnyddio grant £5,000 i baratoi cynhyrchiad newydd i fynd ar daith o amgylch rhai o brif theatrau Cymru yn 2024, gan greu cyfleoedd i bobl gymdeithasu a dysgu sgiliau newydd. | Cwmni Theatr Maldwyn in Powys will use £5,000 grant to prepare a new production to tour some of the main theatres in Wales in 2024, creating opportunities for people to socialize and learn new skills. |
| Eginiad Cymru Cyf | Powys | £9,977 | Bydd Eginiad Cymru Cyf ym Mhowys yn defnyddio'r grant £9,997 i gynnig pryd o fwyd wedi'i goginio'n ffres a lle diogel i siarad er mwyn cefnogi pobl sy'n cael trafferth gyda'r argyfwng costau byw. | Eginiad Cymru Cyf in Powys will use the £9,997 grant to offer a free, freshly cooked meal and a safe space to talk to support those struggling with the cost of living crisis. |
| The Big Skill C.I.C. | Powys | £9,960 | Bydd grant £9,960 The Big Skill CIC ym Mhowys yn caniatáu i'r sefydliad ddarparu rhaglen 16 wythnos o weithdai a lleoliadau gyda chrefftwyr cymwys. Bydd cyfranogwyr yn creu cynhyrchion y gellir eu gwerthu ac yn manteisio ar gyfleoedd gwaith. | The Big Skill CIC in Powys's grant of £9,960 will allow the organisation to deliver a 16-week programme of workshops and placements with qualified craftspeople. Participants will create saleable products and access work opportunities. |
| The Family Place Foundation | Powys | £19,773 | Gan ddefnyddio grant £19,773, bydd The Family Place Foundation ym Mhowys yn darparu gweithdai a chyfleoedd ymgynghori i rieni a gofalwyr plant gofal mabwysiedig, plant sy’n cael eu maethu, a phlant sy’n cael eu gofalu amdanynt gan berthnasoedd. Bydd cyfranogwyr yn ennill gwybodaeth, dealltwriaeth ac yn gwella eu hyder. | Using a £19,773 grant, The Family Place Foundation in Powys will deliver workshops and consultation opportunities for parents and carers of vulnerable adopted, fostered, and kinship care children. Participants will gain knowledge, understanding and improve their confidence. |
| The Windfall Centre Ltd | Powys | £9,900 | Bydd Windfall Centre Limited ym Mhowys yn defnyddio'r grant £9,900 i ddarparu rhaglen therapiwtig i gefnogi plant oedran ysgol sy'n profi lefelau uchel o orbryder, gorbryder sy’n gysylltiedig â’r ysgol a phresenoldeb gwael yn yr ysgol. | The Windfall Centre Limited in Powys will use the £9,900 grant to deliver a therapeutic programme to support school aged children who are experiencing high levels of anxiety, associated school anxiety and poor school attendance. |
| Men's Shed Pontyclun | Rhondda Cynon Taf (RCT) | £9,596 | Bydd grant £9,596 Men's Shed Pontyclun yn Rhondda Cynon Taf yn golygu y gall y grŵp adnewyddu byncer segur i greu gweithdy. Bydd y prosiect yn darparu amgylchedd diogel i aelodau gyfarfod, gweithio gyda'i gilydd, a rhannu eu sgiliau a'u profiad. | Men’s Shed Pontyclun in Rhondda Cynon Taf's grant of £9,596 will mean the group can renovate a disused bunker to create a workshop. The project will provide a safe environment for members to meet, work together, and share their skills and experience. |
| The Behaviour Support Hub | Rhondda Cynon Taf (RCT) | £317,598 | Bydd Behaviour Support Hub yn adeiladu ar waith y sefydliad gyda grant £317,598. Mae'n cefnogi teuluoedd â phlant gyda heriau ymddygiad drwy gefnogaeth un-wrth-un, cymorth grŵp, gweithgareddau seibiant a hyfforddiant. Bydd y prosiect yn cael ei gynnal yn bennaf ym Mhontypridd, ond bydd rhywfaint o waith hefyd yn cael ei wneud ar draws Bwrdd Iechyd Cwm Taf Morgannwg. | The Behaviour Support Hub will be building on the organisation's work with a £317,598 grant. It supports families with children with behavioural challenges through one-to-one support, group support, respite activities and training. The project will predominantly be taking place in Pontypridd, but some work will also be done across Cwm Taf Morgannwg Health Board. |
| Young at Heart Hawthorn | Rhondda Cynon Taf (RCT) | £9,313 | Bydd Young at Heart Hawthorn yn Rhondda Cynon Taf yn defnyddio grant £9,313 i barhau i ddarparu gweithgareddau sy'n helpu cadw eu haelodau hŷn yn ffit yn gorfforol ac yn iach yn feddyliol. | Young at Heart Hawthorn in Rhondda Cynon Taf will use a £9,313 grant to continue providing activities which help to keep their older members physically fit and mentally healthy. |
| Ysgol Gyfun Cwm Rhondda | Rhondda Cynon Taf (RCT) | £9,000 | Bydd Ysgol Gyfun Cwm Rhondda yn Rhondda Cynon Taf yn defnyddio grant £9,000 i wella ei hystafell gymunedol Cwtsh y Cwm i helpu'r ysgol a'r gymuned leol i fynd i'r afael ag effeithiau’r argyfwng costau byw. | Ysgol Gyfun Cwm Rhondda in Rhondda Cynon Taf will use a £9,000 grant to improve its Cwtsh y Cwm community room to help both the school and local community in tackling the effects of the cost of living crisis. |
| Action For Elders Trust | Swansea | £9,950 | Bydd Action For Elders Trust yn defnyddio'r grant £9,950 i sefydlu grŵp cerdded cymdeithasol newydd yng Ngorllewin Abertawe, a fydd yn gwella lles meddyliol a chorfforol cyfranogwyr. Bydd y grant yn talu am gostau a gweithgareddau staff a lluniaeth. | Action For Elders Trust will use the £9,950 grant to establish a new social walking group in the West of Swansea, which will improve participants’ mental and physical well-being. The grant will cover staff costs and activities and refreshments. |
| Elim Foursquare Gospel Alliance: City Church Swansea | Swansea | £10,000 | Bydd Elim Foursquare Gospel Alliance: City Church Swansea yn parhau i ehangu eu banc dillad babanod a phlant bach gyda grant £10,000. Bydd hyn yn cefnogi teuluoedd incwm isel yn y ddinas a thu hwnt. | Elim Foursquare Gospel Alliance: City Church Swansea will continue to expand its baby and toddler clothes bank with a £10,000 grant. It will support low-income families in the city and beyond. |
| Family and Therapy CIC | Swansea | £10,000 | Bydd Family and Therapy CIC yn Abertawe yn defnyddio grant £10,000 i ehangu eu darpariaeth i gefnogi mwy o bobl ifanc. Bydd y prosiect yn darparu gwasanaethau cwnsela, gweithdai a grwpiau cymorth cymheiriaid i alluogi cyfranogwyr i wella eu hiechyd meddwl a'u lles. | Family and Therapy CIC in Swansea will use a £10,000 grant to expand their provision to support more young people. The project will deliver counselling services, workshops, and peer support groups to enable participants to improve their mental health and wellbeing. |
| LGBT+ Cymru Helpline | Swansea | £10,000 | Bydd Llinell Gymorth LHDT+ Cymru yn Abertawe yn defnyddio'r grant £10,000 i ehangu eu gwasanaeth cwnsela drwy dalu am logi lleoliad a chyfleustodau, gan alluogi mwy o unigolion a theuluoedd i wella eu hiechyd meddwl a'u perthnasoedd. | LGBT+ Cymru Helpline in Swansea will use the £10,000 grant to expand their counselling service by paying for venue hire and utilities, enabling more individuals and families to improve their mental health and relationships. |
| Stori Wales | Swansea | £9,265 | Bydd Stori Wales yn defnyddio grant £9,265 i ddarparu offer arbed ynni i'w chymuned. Mae'r grŵp yn cefnogi unigolion a theuluoedd difreintiedig pan fo'r argyfwng costau byw wedi eu taro'n arbennig o galed; fel pobl sy'n wynebu digartrefedd a menywod a dynion sy'n profi camdrin domestig. Bydd y prosiect yn helpu pobl i ymdopi â chostau ynni a gwres uchel yn ystod y misoedd oerach. | Stori Wales will use a £9,265 grant to provide energy saving equipment to its community. The group supports disadvantaged individuals and families when the cost of living crisis has hit them particularly hard; such as those facing homelessness and women and men experiencing domestic abuse. The project will help people cope with the high costs of energy and heating during colder months. |
| Vale People First Limited | The Vale of Glamorgan | £17,815 | Bydd Vale People First Limited ym Mro Morgannwg yn defnyddio grant £17,815 i ariannu llwyfannau i annog pobl ag anableddau dysgu i ddysgu mwy am newid hinsawdd, a chymryd rhan mewn gweithgareddau gwirfoddoli sydd o fudd i'w hamgylchedd lleol. | Vale People First Limited in the Vale of Glamorgan will use a £17,815 grant to fund staging to encourage people with learning disabilities to learn more about climate change, and take part in volunteering actions that benefit their local environment. |
| Cyfannol Women's Aid Ltd | Torfaen | £460,106 | Bydd Cyfannol Women's Aid Ltd yng Nghasnewydd yn defnyddio £460,106 i barhau â'i wasanaethau ecsbloetio yn y gymuned. Mae'r gwasanaeth hwn wedi'i fwriadu ar gyfer menywod sydd wedi cael eu hecsbloetio trwy'r diwydiant rhyw. Ei brif nod yw cadw menywod yn ddiogel yn y busnes gwaith rhyw, os mai dyna yw eu penderfyniad. Bydd y grŵp yn cynnig cefnogaeth, cyngor ac eiriolaeth ynghylch iechyd, iechyd rhywiol, beichiogrwydd ac erthyliad, tai, diogelwch, iechyd meddwl, defnyddio sylweddau, a lles. | Cyfannol Women's Aid Ltd in Newport will use £460,106 to continue its community-based exploitative services. This service is intended for women who have been exploited through the street sex industry. Its principal goal is to keep women safe in the sex work business, if that is their decision. The group will offer support, advice, and advocacy around health, sexual health, pregnancy and termination, housing, safety, mental health, substance use, and wellbeing. |
| Menter Iaith Blaenau Gwent, Torfaen a Mynwy | Torfaen | £8,260 | Bydd Menter Iaith Blaenau Gwent, Torfaen a Mynwy yn defnyddio ei grant £8,260 i drefnu tair gŵyl Gymraeg i hybu'r Gymraeg ac i ddod â chymunedau Cymraeg a di-Gymraeg at ei gilydd. | Menter Iaith Blaenau Gwent, Torfaen a Mynwy will use its £8,260 grant to organise three Welsh language festivals to promote the Welsh language and to bring Welsh speaking and non-Welsh speaking communities together. |
| Ponthir Village Hall | Torfaen | £19,313 | Bydd Neuadd Bentref Ponthir yn Nhorfaen yn defnyddio grant £19,313 i wella mynediad a diogelwch yr adeilad i wella profiad defnyddwyr y gwasanaeth ac ehangu ar y defnydd o'r gofod gan y gymuned leol. | Ponthir Village Hall in Torfaen will use a £19,313 grant to improve the access, security and safety of the building to enhance service user experience and expand upon the use of the space by the local community. |
| Singalongs | Wrexham | £2,850 | Bydd Singalongs yn Wrecsam yn defnyddio grant £2,850 i ehangu a datblygu eu sesiynau canu yn y gymuned i gynyddu lles a gwella iechyd meddwl. | Singalongs in Wrexham will use a £2,850 grant to expand and develop their singing sessions in the community to increase wellbeing and improve mental health. |
| The Venture (Wrexham) Ltd | Wrexham | £10,000 | Bydd grant £10,000 The Venture (Wrexham) Ltd yn ehangu eu Prosiect Cynhwysiant Chwarae ar gyfer plant a phobl ifanc â chyflyrau niwroddatblygiadol. Bydd y prosiect yn darparu ar gyfer anghenion synhwyraidd ac ymddygiadol mewn amgylchedd diogel. | The Venture (Wrexham) Ltd's £10,000 grant will expand their Play Inclusion Project for children and young people with neurodevelopmental conditions. The project will accommodate sensory and behavioural needs in a safe environment. |
| United to Assist Refugees UK (UareUK) | Wrexham | £98,179 | Bydd UareUk yn gwario £98,179 dros ddwy flynedd i gynnal ei hwb i gefnogi ceiswyr lloches a ffoaduriaid yn Wrecsam. Bydd y grŵp yn mynd i'r afael â heriau’r argyfwng costau byw drwy ddarparu mynediad at fwyd, lleddfu unigrwydd, a chefnogi gwell iechyd meddwl. | UareUk will spend £98,179 over two years to sustain its hub to support sanctuary seekers, refugees and asylum seekers in Wrexham. The group will address challenges from the cost of living crisis by providing access to food, alleviating isolation, and supporting better mental health. |

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| Merthyr Town FC Society | Merthyr Tydfil | £15,000 | Derbyniodd Merthyr Town FC Society grant £15,000 drwy’r rhaglen Camau Cynaliadwy – Grantiau Mentora. Bydd y grant yn cyfrannu at gostau lleihau defnydd ynni ac allyriadau CO2 y clwb drwy ôl-ffitio eu goleuadau halogen gyda goleuadau LED. Mae’r grant hwn yn bosibl diolch i arian o’r Cynllun Asedau Segur. | Merthyr Town FC Society received a £15,000 grant through the Sustainable Steps - Mentee grant programme. The grant will contribute towards the costs of reducing the club's energy consumption and CO2 emissions by retrofitting their halogen floodlights with LED lights. This funding is made possible thanks to funding from the Dormant Accounts Scheme. |